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| **WHITEHALL SENIOR NUTRITION MENU-**DECEMBER 2024LUNCH IS SERVED FROM 11:30 AM – 12:30 PM - FOR MORE INFORMATION CALL – (406) 287-5336\*This menu is subject to change due to product availability |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **2****SWEDISH MEATBALLS****ROTINI NOODLES****STEAMED CARROTS****GARDEN PEAS****APRICOT HALVES**  | **3****CHICKEN FAJITAS****MEXICAN VEGETABLES****MEXICAN BEANS****PINEAPPLE** | **4****BBQ RIBS****BAKED BEANS****CRISP COLESLAW****BAKED POTATO****BAKED APPLES**  | **5****HEARTY MEATLOAF****MASHED POTATOES****BRUSSELS SPROUTS****WHOLE GRAIN ROLL****FRUIT COCKTAIL**  | **6****EGGS & SAUSAGE****DICED POTATOES****SWEET CORN****CARROT RAISIN SALAD****PEACHES****CINNAMON ROLL** |
| **9****SWEET-N-SOUR PORK****BROWN RICE** **BROCCOLI SPEARS****DINNER SALAD****SWEET PEACHES** | **10****HAMBURGER GRAVY OVER****MASHED POTATOES****5 WAY MIXED VEGETABLES****WHOLE GRAIN ROLL****FRUIT COCKTAIL** | **11****BAKED COD****STEAMED CARROTS** **TOSSED SALAD****WHOLE GRAIN ROLL****MANDARIN ORANGES** | **12****MONTANA PASTIES** **STEAMED SPINACH****PURPLE BEETS****JUICY PEARS** | **13****POLISH ON A BUN** **COWBOY BEANS** **CRISP COLESLAW****APPLESAUCE** **DESSERT** |
| **16****SLOPPY JOE ON A BUN** **BAKED BEANS****COLESLAW****APPLESAUCE** | **17****CHICKEN NOODLE SOUP****TOSSED SALAD****FOUR BEAN SALAD****FRESH FRUIT** | **18**HOLIDAY DINNER**BAKED HAM****SCALLOPED POTATOES****GREEN BEANS****WHOLE GRAIN ROLL****SPICED APPLES****HOLIDAY DESSERT** | **19****ORANGE CHICKEN** **BROWN RICE****BROCCOLI & CAULIFLOWER****CARROT COINS****PINEAPPLE** | **20**BIRTHDAY DINNER**COTTAGE PIE** **WILTED SPINACH****WHOLE GRAIN ROLL****SWEET PEACHES** **BIRTHDAY CAKE** |
| **23****PARMESAN CHICKEN****WILD RICE****CAPRI VEGETABLES****GARDEN SALAD****SWEET PEACHES** | **24****CLOSED** | **25****CLOSED** | **26****RIBS W/SAUERKRAUT****STEAMED CARROTS****FOUR BEAN MEDLEY****WHOLE GRAIN ROLL****BAKED APPLES** | **27****BBQ MEATBALL SUBS****GREEN PEAS****GARDEN SALAD****PINEAPPLE** **DESSERT** |
| **30****BEEF VEGETABLE STEW****FRESH BAKED BISCUIT** **CARROT RAISIN SALAD****JUICY PEARS** | **31****CHICKEN LASAGNA** **w/WHITE SAUCE** **GARLIC TOAST****GOLDEN CORN****TOSSED SALAD W/BEANS****SWEET PEACHES**  |  | **Related image** | Low-fat milk is delivered dailyand served daily at the Dinner Club |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, cassandra drynan, RDn cassandra drynan, R.D.n.

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**