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| **WHITEHALL SENIOR NUTRITION MENU-**DECEMBER 2024  LUNCH IS SERVED FROM 11:30 AM – 12:30 PM - FOR MORE INFORMATION CALL – (406) 287-5336  \*This menu is subject to change due to product availability | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **2**  **SWEDISH MEATBALLS**  **ROTINI NOODLES**  **STEAMED CARROTS**  **GARDEN PEAS**  **APRICOT HALVES** | **3**  **CHICKEN FAJITAS**  **MEXICAN VEGETABLES**  **MEXICAN BEANS**  **PINEAPPLE** | **4**  **BBQ RIBS**  **BAKED BEANS**  **CRISP COLESLAW**  **BAKED POTATO**  **BAKED APPLES** | **5**  **HEARTY MEATLOAF**  **MASHED POTATOES**  **BRUSSELS SPROUTS**  **WHOLE GRAIN ROLL**  **FRUIT COCKTAIL** | **6**  **EGGS & SAUSAGE**  **DICED POTATOES**  **SWEET CORN**  **CARROT RAISIN SALAD**  **PEACHES**  **CINNAMON ROLL** |
| **9**  **SWEET-N-SOUR PORK**  **BROWN RICE**  **BROCCOLI SPEARS**  **DINNER SALAD**  **SWEET PEACHES** | **10**  **HAMBURGER GRAVY OVER**  **MASHED POTATOES**  **5 WAY MIXED VEGETABLES**  **WHOLE GRAIN ROLL**  **FRUIT COCKTAIL** | **11**  **BAKED COD**  **STEAMED CARROTS**  **TOSSED SALAD**  **WHOLE GRAIN ROLL**  **MANDARIN ORANGES** | **12**  **MONTANA PASTIES**  **STEAMED SPINACH**  **PURPLE BEETS**  **JUICY PEARS** | **13**  **POLISH ON A BUN**  **COWBOY BEANS**  **CRISP COLESLAW**  **APPLESAUCE**  **DESSERT** |
| **16**  **SLOPPY JOE ON A BUN**  **BAKED BEANS**  **COLESLAW**  **APPLESAUCE** | **17**  **CHICKEN NOODLE SOUP**  **TOSSED SALAD**  **FOUR BEAN SALAD**  **FRESH FRUIT** | **18**  HOLIDAY DINNER  **BAKED HAM**  **SCALLOPED POTATOES**  **GREEN BEANS**  **WHOLE GRAIN ROLL**  **SPICED APPLES**  **HOLIDAY DESSERT** | **19**  **ORANGE CHICKEN**  **BROWN RICE**  **BROCCOLI & CAULIFLOWER**  **CARROT COINS**  **PINEAPPLE** | **20**  BIRTHDAY DINNER  **COTTAGE PIE**  **WILTED SPINACH**  **WHOLE GRAIN ROLL**  **SWEET PEACHES**  **BIRTHDAY CAKE** |
| **23**  **PARMESAN CHICKEN**  **WILD RICE**  **CAPRI VEGETABLES**  **GARDEN SALAD**  **SWEET PEACHES** | **24**  **CLOSED** | **25**  **CLOSED** | **26**  **RIBS W/SAUERKRAUT**  **STEAMED CARROTS**  **FOUR BEAN MEDLEY**  **WHOLE GRAIN ROLL**  **BAKED APPLES** | **27**  **BBQ MEATBALL SUBS**  **GREEN PEAS**  **GARDEN SALAD**  **PINEAPPLE**  **DESSERT** |
| **30**  **BEEF VEGETABLE STEW**  **FRESH BAKED BISCUIT**  **CARROT RAISIN SALAD**  **JUICY PEARS** | **31**  **CHICKEN LASAGNA**  **w/WHITE SAUCE**  **GARLIC TOAST**  **GOLDEN CORN**  **TOSSED SALAD W/BEANS**  **SWEET PEACHES** |  | **Related image** | Low-fat milk is delivered daily  and served daily at the  Dinner Club |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, cassandra drynan, RDn cassandra drynan, R.D.n.

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**