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| **AUGUSTA SENIOR NUTRITION MENU - NOVEMBER 2024**  Lunch is Served from 12:00 - 1:00 ~ For More Information Call: (406) 562-3623  \*This menu is subject to change due to product availability | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Image result for november clipart** | **Related image** | **Image result for november clipart** | *Low-fat milk is delivered daily and served daily at the Dinner Club* | **1**  **TUNA MELT**  **PEAS & CARROTS**  **GARDEN COLESLAW**  **FRESH FRUIT**  **PUDDING CUP** |
| **4**  **BAKED HAM**  **SWEET YAMS**  **DINNER SALAD**  **WHOLE WHEAT ROLL**  **CINNAMON APPLES** | **5**  **CLOSED** | **6**  **BAKED CHICKEN**  **BUTTER NOODLES**  **ROASTED CARROTS**  **TOSSED SALAD**  **CRANBERRIES** | **7**  **SWEET-N-SOUR PORK**  **BROWN RICE**  **STIR FRY VEGETABLES**  **BROCCOLI SLAW**  **PINEAPPLE** | **8**  **CLOSED** |
| **11**  **CLOSED-VETERANS DAY** | **12**  **HEARTY MEATLOAF**  **POTATO CASSEROLE**  **BRUSSELS SPROUTS**  **DINNER SALAD**  **HOT WHEAT ROLL**  **FRUIT COCKTAIL** | **13**  **BAKED COD**  **WILD RICE**  **STEAMED SPINACH**  **ROASTED CARROTS**  **FRUIT SALAD** | **14**  **CHICKEN ALA KING**  **OVER EGG NOODLES**  **GREEN PEAS**  **GARDEN SALAD W/BEANS**  **MANDARIN ORANGES** | **15**  **BBQ PORK SANDWICH**  **POTATO SALAD**  **COLESLAW**  **PINEAPPLE RINGS**  **DESSERT** |
| **18**  **SERBIAN EGGS**  **HASH BROWNS**  **VEGETABLE MEDLEY**  **BLUEBERRIES & YOGURT**  **FRUIT MUFFIN** | **19**  THANKSGIVING DINNER  **ROAST TURKEY**  **MASHED POTATOES W/GRAVY**  **GREEN BEANS**  **WHOLE GRAIN ROLL**  **CRANBERRIES**  *COMMODITIES* | **20**  BIRTHDAY DINNER  **MEAT LASAGNA**  **GARLIC BREAD**  **PURPLE BEETS**  **TOSSED SALAD**  **APRICOT HALVES**  **BIRTHDAY CAKE** | **21**  **CHICKEN BAKE**  **SWEET CORN**  **GARDEN SALAD**  **WHOLE GRAIN ROLL**  **GOLDEN PEARS** | **22**  **CHILI DOG**  **TATER TOTS**  **CARROT RAISIN SALAD**  **FRUITED JELLO** |
| **25**  **SHEPHERD’S PIE**  **MIXED VEGETABLES**  **GREEN BEANS**  **WHOLE GRAIN ROLL**  **SWEET PEACHES** | **26**  **TUNA NOODLE CASSEROLE**  **GREEN PEAS**  **TOSSED SALAD**  **FRESH FRUIT**  **DESSERT** | **27**  **ORANGE CHICKEN**  **FRIED BROWN RICE**  **BROCCOLI SPEARS**  **STEAMED CARROTS**  **MANDARIN ORANGES** | **28**  **CLOSED - THANKSGIVING** | **29**  **CLOSED** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**