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| **AUGUSTA SENIOR NUTRITION MENU - NOVEMBER 2024**Lunch is Served from 12:00 - 1:00 ~ For More Information Call: (406) 562-3623\*This menu is subject to change due to product availability |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Image result for november clipart** | **Related image** | **Image result for november clipart** | *Low-fat milk is delivered daily and served daily at the Dinner Club* | **1****TUNA MELT** **PEAS & CARROTS****GARDEN COLESLAW****FRESH FRUIT****PUDDING CUP** |
| **4** **BAKED HAM****SWEET YAMS****DINNER SALAD** **WHOLE WHEAT ROLL****CINNAMON APPLES**  | **5****CLOSED** | **6****BAKED CHICKEN****BUTTER NOODLES****ROASTED CARROTS****TOSSED SALAD** **CRANBERRIES**  | **7****SWEET-N-SOUR PORK****BROWN RICE****STIR FRY VEGETABLES****BROCCOLI SLAW****PINEAPPLE** | **8****CLOSED** |
| **11****CLOSED-VETERANS DAY**  | **12****HEARTY MEATLOAF****POTATO CASSEROLE****BRUSSELS SPROUTS****DINNER SALAD****HOT WHEAT ROLL****FRUIT COCKTAIL** | **13****BAKED COD****WILD RICE****STEAMED SPINACH** **ROASTED CARROTS****FRUIT SALAD**  | **14****CHICKEN ALA KING****OVER EGG NOODLES****GREEN PEAS****GARDEN SALAD W/BEANS****MANDARIN ORANGES** | **15****BBQ PORK SANDWICH****POTATO SALAD****COLESLAW** **PINEAPPLE RINGS****DESSERT** |
| **18****SERBIAN EGGS** **HASH BROWNS** **VEGETABLE MEDLEY****BLUEBERRIES & YOGURT****FRUIT MUFFIN**  | **19**THANKSGIVING DINNER**ROAST TURKEY****MASHED POTATOES W/GRAVY****GREEN BEANS****WHOLE GRAIN ROLL****CRANBERRIES** *COMMODITIES* | **20**BIRTHDAY DINNER**MEAT LASAGNA****GARLIC BREAD****PURPLE BEETS****TOSSED SALAD****APRICOT HALVES** **BIRTHDAY CAKE** | **21****CHICKEN BAKE** **SWEET CORN****GARDEN SALAD** **WHOLE GRAIN ROLL****GOLDEN PEARS**  | **22****CHILI DOG** **TATER TOTS****CARROT RAISIN SALAD****FRUITED JELLO** |
| **25****SHEPHERD’S PIE****MIXED VEGETABLES****GREEN BEANS****WHOLE GRAIN ROLL****SWEET PEACHES**  | **26****TUNA NOODLE CASSEROLE****GREEN PEAS****TOSSED SALAD****FRESH FRUIT** **DESSERT**  | **27****ORANGE CHICKEN** **FRIED BROWN RICE****BROCCOLI SPEARS****STEAMED CARROTS****MANDARIN ORANGES**  | **28****CLOSED - THANKSGIVING** | **29****CLOSED** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**