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| Whitehall Senior Nutrition Menu - July 2024  LUNCH IS SERVED FROM 11:30 AM – 12:30 PM FOR MORE INFORMATION CALL: (406) 287-5336  \*This menu is subject to change due to product availability | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **1**  **SLOPPY JOE ON A BUN**  **BAKED BEANS**  **COLESLAW**  **APPLESAUCE** | **2**  **BAKED HAM**  **SCALLOPED POTATOES**  **GREEN BEANS**  **WHOLE GRAIN ROLL**  **SPICED APPLES** | **3**  **CHICKEN ALFREDO**  **OVER NOODLES**  **CAPRI VEGETABLES**  **FOUR BEAN SALAD**  **PINEAPPLE** | **4**  **CLOSED** | **5**  **http://ts2.mm.bing.net/th?&id=HN.608033559568058081&w=300&h=300&c=0&pid=1.9&rs=0&p=0CLOSED** |
| **8**  **BBQ MEATBALLS**  **ROTINI NOODLES**  **GREEN PEAS**  **GARDEN SALAD**  **PINEAPPLE** | **9**  **ORANGE CHICKEN**  **BROWN RICE**  **BROCCOLI & CAULIFLOWER**  **CARROT COINS**  **MANDARIN ORANGES** | **10**  **COTTAGE PIE**  **WILTED SPINACH**  **WHOLE GRAIN ROLL**  **SWEET PEACHES** | **11**  **GREEN CHILI PORK CASSEROLE**  **SWEET CORN**  **VEGGIE SALAD W/BEANS**  **APPLESAUCE** | **12**  **EGGS & SAUSAGE**  **HASH BROWNS**  **CARROT RAISIN SALAD**  **FRESH FRUIT**  **CINNAMON ROLL** |
| **15**  **PORK BITS IN GRAVY**  **BROWN RICE**  **GREEN BEANS**  **GARDEN SALAD**  **APPLESAUCE** | **16**  **CHICKEN ENCHILADA**  **REFRIED BEANS**  **MEXICAN VEGGIES**  **ZESTY PINEAPPLE** | **17**  **FISH PATTY**  **MEDITERRANEAN PASTA SALAD**  **PURPLE BEETS**  **COLESLAW**  **FRUIT COCKTAIL** | **18**  **COOK’S CHOICE ENTRÉE**  **MIXED VEGETABLES**  **CARROT RAISIN SALAD**  **WHOLE GRAIN ROLL**  **GOLDEN PEARS** | **19**  **BIRTHDAY DINNER**  **CHICKEN LASAGNA w/WHITE SAUCE & GARLIC TOAST**  **GOLDEN CORN**  **TOSSED SALAD W/BEANS**  **SWEET PEACHES**  **BIRTHDAY CAKE** |
| **22**  **RIBS W/SAUERKRAUT**  **STEAMED CARROTS**  **FOUR BEAN MEDLEY**  **WHOLE GRAIN ROLL**  **BAKED APPLES** | **23**  **TURKEY CORDON BLEU**  **BREAD STUFFING**  **SWEET POTATO**  **GREEN BEANS**  **CRANBERRIES** | **24**  **SALISBURY STEAK**  **MASHED POTATOES**  **CAPRI VEGETABLES**  **WHOLE GRAIN ROLL**  **JUICY PEACHES** | **25**  **SWEET-N-SOUR CHICKEN**  **WILD RICE**  **ORIENTAL VEGETABLES**  **GARDEN SALAD**  **MANDARIN ORANGES**  *\*COMMODITIES\** | **26**  **MONTANA PASTIES**  **MIXED VEGGIES**  **TOSSED SALAD**  **FRUIT SALAD**  **DESSERT** |
| **29**  **BBQ PORK**  **ON A BUN**  **BAKED BEANS**  **COLESLAW**  **PINEAPPLE** | **30**  **HAMBURGER GRAVY**  **OVER EGG NOODLES**  **GARDEN PEAS**  **CARROT RAISIN SALAD**  **GOLDEN PEARS** | **31**  **BAKED CHICKEN**  **RICE PILAF**  **SUMMER SQUASH**  **BRUSSELS SPROUTS**  **APRICOT HALVES** | **http://bestclipartblog.com/clipart-pics/fourth-of-july-clip-art-9-150x150.gif** | *Low-fat milk is delivered daily & served daily at the Dinner Club* |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, cassandra drynan, RDn cassandra drynan, R.D.n.

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**