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|  | Related imageRelated imageAUGUSTA SENIOR NUTRITION MENU-AUGUST 2024Lunch is Served from 12:00 - 1:00 ~ For More Information Call: (406) 562-3623  \*This menu is subject to change due to product availability |  |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
|  | **C:\Users\cdrynan\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QB4FBHW7\good_sun1[1].jpg** | *Low-fat milk is delivered daily and served daily at the Dinner Club* | **C:\Users\cdrynan\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QB4FBHW7\good_sun1[1].jpg** | **1****BBQ RIBS****MACARONI SALAD****PURPLE BEETS****COLESLAW****SWEET PEARS** | **2****HOT TURKEY SANDWICH** **MASHED POTATOES****GREEN BEANS****CRANBERRIES**  |  |
|  | **5****PANCAKES & SAUSAGE** **DICED POTATOES** **CARROT RAISIN SALAD****MANDARIN ORANGES** | **6****SPAGHETTI W/MEAT SAUCE****GARLIC BREAD****GOLDEN CORN****SPINACH SALAD****APRICOT HALVES** | **7****TERIYAKI CHICKEN****RICE PILAF****BROCCOLI & CAULIFLOWER****BEAN MEDLEY****FRUIT SALAD** | **8****CHICKEN FRIED STEAK** **MASHED POTATOES****DINNER SALAD****WHOLE GRAIN ROLL****PLUMP PEACHES**  | **9****TUNA MELT** **PEAS & CARROTS****GARDEN COLESLAW****FRESH FRUIT****PUDDING CUP** |  |
|  | **12** **BAKED HAM****SWEET YAMS****DINNER SALAD** **WHOLE WHEAT ROLL****CINNAMON APPLES**  | **13****PASTIES W/GRAVY****PICKLED BEETS****GREEN BEANS****PEARS W/COTTAGE CHEESE**  | **14****BAKED CHICKEN****BUTTER NOODLES****ROASTED CARROTS****TOSSED SALAD** **CRANBERRIES**  | **15****SWEET-N-SOUR PORK****BROWN RICE****STIR FRY VEGETABLES****BROCCOLI SLAW****PINEAPPLE** | **16****SLOPPY JOES****POTATO SALAD** **BAKED BEANS****FRUITED JELLO** |  |
|  | **19****HEARTY MEATLOAF****POTATO CASSEROLE****BRUSSELS SPROUTS****DINNER SALAD** **HOT WHEAT ROLL****FRUIT COCKTAIL**  | **20****BAKED COD****WILD RICE****STEAMED SPINACH** **ROASTED CARROTS****FRUIT SALAD**  | **21**BIRTHDAY DINNER**CHICKEN ALA KING****OVER EGG NOODLES****GREEN PEAS****GARDEN SALAD W/BEANS****MANDARIN ORANGES****BIRTHDAY CAKE** | **22****UNSTUFFED CABBAGE ROLLS****W/BROWN RICE & BEEF****MIXED VEGETABLE****PLUMP PEACHES** | **23****BBQ PORK SANDWICH****POTATO SALAD****COLESLAW** **PINEAPPLE RINGS** |  |
|  | **26****SERBIAN EGGS****FRUIT MUFFIN** **HASH BROWNS** **VEGETABLE MEDLEY****BLUEBERRIES & YOGURT** | **27****MEATBALLS & GRAVY****RICE PILAF****BUTTER BEETS****BEAN MEDLEY****GOLDEN PEARS** | **28****CHICKEN BAKE** **SWEET CORN****GARDEN SALAD** **WHOLE GRAIN ROLL****CRANBERRIES** | **29****MEAT LASAGNA****GARLIC BREAD****GREEN BEANS****TOSSED SALAD****APRICOT HALVES**  | **30****CHILI DOG** **TATER TOTS****CARROT RAISIN SALAD****DESSERT** |  |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**