|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Related imageRelated imageAUGUSTA SENIOR NUTRITION MENU-AUGUST 2024 Lunch is Served from 12:00 - 1:00 ~ For More Information Call: (406) 562-3623  \*This menu is subject to change due to product availability | | | | |  |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
|  | **C:\Users\cdrynan\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QB4FBHW7\good_sun1[1].jpg** | *Low-fat milk is delivered daily and served daily at the Dinner Club* | **C:\Users\cdrynan\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QB4FBHW7\good_sun1[1].jpg** | **1**  **BBQ RIBS**  **MACARONI SALAD**  **PURPLE BEETS**  **COLESLAW**  **SWEET PEARS** | **2**  **HOT TURKEY SANDWICH**  **MASHED POTATOES**  **GREEN BEANS**  **CRANBERRIES** |  |
|  | **5**  **PANCAKES & SAUSAGE**  **DICED POTATOES**  **CARROT RAISIN SALAD**  **MANDARIN ORANGES** | **6**  **SPAGHETTI W/MEAT SAUCE**  **GARLIC BREAD**  **GOLDEN CORN**  **SPINACH SALAD**  **APRICOT HALVES** | **7**  **TERIYAKI CHICKEN**  **RICE PILAF**  **BROCCOLI & CAULIFLOWER**  **BEAN MEDLEY**  **FRUIT SALAD** | **8**  **CHICKEN FRIED STEAK**  **MASHED POTATOES**  **DINNER SALAD**  **WHOLE GRAIN ROLL**  **PLUMP PEACHES** | **9**  **TUNA MELT**  **PEAS & CARROTS**  **GARDEN COLESLAW**  **FRESH FRUIT**  **PUDDING CUP** |  |
|  | **12**  **BAKED HAM**  **SWEET YAMS**  **DINNER SALAD**  **WHOLE WHEAT ROLL**  **CINNAMON APPLES** | **13**  **PASTIES W/GRAVY**  **PICKLED BEETS**  **GREEN BEANS**  **PEARS W/COTTAGE CHEESE** | **14**  **BAKED CHICKEN**  **BUTTER NOODLES**  **ROASTED CARROTS**  **TOSSED SALAD**  **CRANBERRIES** | **15**  **SWEET-N-SOUR PORK**  **BROWN RICE**  **STIR FRY VEGETABLES**  **BROCCOLI SLAW**  **PINEAPPLE** | **16**  **SLOPPY JOES**  **POTATO SALAD**  **BAKED BEANS**  **FRUITED JELLO** |  |
|  | **19**  **HEARTY MEATLOAF**  **POTATO CASSEROLE**  **BRUSSELS SPROUTS**  **DINNER SALAD**  **HOT WHEAT ROLL**  **FRUIT COCKTAIL** | **20**  **BAKED COD**  **WILD RICE**  **STEAMED SPINACH**  **ROASTED CARROTS**  **FRUIT SALAD** | **21**  BIRTHDAY DINNER  **CHICKEN ALA KING**  **OVER EGG NOODLES**  **GREEN PEAS**  **GARDEN SALAD W/BEANS**  **MANDARIN ORANGES**  **BIRTHDAY CAKE** | **22**  **UNSTUFFED CABBAGE ROLLS**  **W/BROWN RICE & BEEF**  **MIXED VEGETABLE**  **PLUMP PEACHES** | **23**  **BBQ PORK SANDWICH**  **POTATO SALAD**  **COLESLAW**  **PINEAPPLE RINGS** |  |
|  | **26**  **SERBIAN EGGS**  **FRUIT MUFFIN**  **HASH BROWNS**  **VEGETABLE MEDLEY**  **BLUEBERRIES & YOGURT** | **27**  **MEATBALLS & GRAVY**  **RICE PILAF**  **BUTTER BEETS**  **BEAN MEDLEY**  **GOLDEN PEARS** | **28**  **CHICKEN BAKE**  **SWEET CORN**  **GARDEN SALAD**  **WHOLE GRAIN ROLL**  **CRANBERRIES** | **29**  **MEAT LASAGNA**  **GARLIC BREAD**  **GREEN BEANS**  **TOSSED SALAD**  **APRICOT HALVES** | **30**  **CHILI DOG**  **TATER TOTS**  **CARROT RAISIN SALAD**  **DESSERT** |  |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**