



THE HOLIDAYS & DEMENTIA DURING COVID



The holidays often present challenges for caregivers but this year will again include additional concerns due to the continued pandemic. For tips and ideas during the holidays please visit:

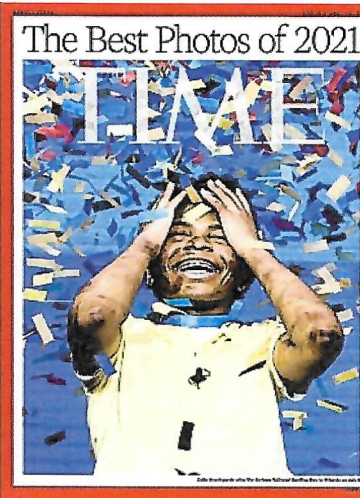
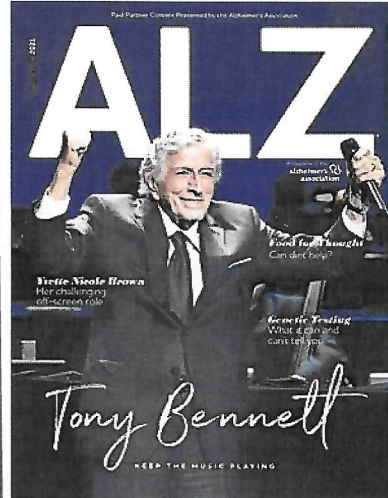
www.alz.org/help-support/resources/holidays

Meet the New Program Director:

I would like to take a moment to introduce myself. My name is Melanie Williams and I am the new Program Director of the Alzheimer's Association Montana Chapter. I began my career with the Alzheimer's Association in June of this year as a Community Engagement Manager, and was a volunteer educator as well as TLD Chair previous to that. I recently retired from teaching after spending 30 years in the classroom. In my spare time, I teach community yoga classes and host yoga workshops. Born and raised in Montana, I am excited to serve those living with or caring for someone with dementia in my home state.

Our Vision: A world without Alzheimer's and all other dementia.

Our Mission: The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.



A 13-page version of ALZ magazine is currently running on the back of TIME magazine. Head to your local newsstand through Dec. 9 to pick up a copy (look for "The Best Photos of 2021" TIME issue featuring the Dec. 6 issue date).

No question is too big or small for our Helpline staff! Call day or night.

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24/7 HELPLINE:
800.272.3900



Virtual education programs continue. Check out the attached virtual calendar. Please call our Helpline at 800-272-3900 to register.

2021

VIRTUAL EDUCATION

DECEMBER

Living with Alzheimer's – Late Stages – Part 1 | Thursday 12/2 | 7:00 - 8:30 pm

In partnership with AAA of Northwest Colorado

Living with Alzheimer's – Late Stages – Part 2 | Thursday 12/9 | 7:00 - 8:30 pm

In partnership with AAA of Northwest Colorado

Understanding Alzheimer's & Dementia | Tuesday 12/7 | 5:30 - 7:00 pm

Understanding & Responding to Dementia Related Behaviors at the Holidays

Wednesday 12/8 | 3:00 - 4:30 pm

In partnership with HopeWest

Ten Signs of Alzheimer's | Tuesday 12/14 | 5:30 - 7:00 pm

10 Señales de Advertencia de Alzheimer's (español) | Miercoles 12/15 | 5:30 - 7:00 pm

In Partnership with the Poudre River Library District

Effective Communication Strategies | Tuesday 12/21 | 5:30 - 7:00 pm

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Colorado Chapter

To register for a class or to request a speaker for your organization, please call 800.272.3900