|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| [https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcQKSxIX0kaOSghGVNozXkJrFA7hQrSvr8gJX_gx-loEYXeWZWWA](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&docid=yOQ2bh3kOEraJM&tbnid=SRYm2r6dDIvc2M:&ved=0CAcQjRw&url=http://www.clker.com/clipart-13862.html&ei=27QpVOLXL-_LigKImYHADw&bvm=bv.76247554,d.cGU&psig=AFQjCNFcLU1lalR2GTb91YPakt40XHs5sA&ust=1412105606822295)[https://encrypted-tbn1.gstatic.com/images?q=tbn:ANd9GcSXHZ-LOkjpIpNAiBVzFm-H8fpq7TZBA8EHL08p4n9MU9UKl0-5OQ](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&docid=eVtXJrRubKv3uM&tbnid=_ovVl3kfqtX51M:&ved=0CAUQjRw&url=http://mrseldersroom.blogspot.com/2012_10_01_archive.html&ei=F-QJVMyRCdHaoATjkILgBQ&bvm=bv.74649129,d.cGU&psig=AFQjCNE80lLZvwXc3dne8cc8s9VN7VIt_Q&ust=1410020427677114)**TOWNSEND SENIOR NUTRITION MENU** - **NOVEMBER 2024 *LUNCH IS SERVED FROM 12:00 – 1:00* ~ FOR MORE INFORMATION CALL –** (406) 266-3995 \*This menu is subject to change due to product availability | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | Low-fat milk is delivered daily  and served daily at the  **[https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcQKSxIX0kaOSghGVNozXkJrFA7hQrSvr8gJX_gx-loEYXeWZWWA](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&docid=yOQ2bh3kOEraJM&tbnid=SRYm2r6dDIvc2M:&ved=0CAcQjRw&url=http://www.clker.com/clipart-13862.html&ei=27QpVOLXL-_LigKImYHADw&bvm=bv.76247554,d.cGU&psig=AFQjCNFcLU1lalR2GTb91YPakt40XHs5sA&ust=1412105606822295)**Dinner Club |  | **[Image result for november clipart](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiw0d_YsbTWAhWQ-VQKHbj_B-YQjRwIBw&url=http://diysolarpanelsv.com/thanksgiving-pictures-clipart.html&psig=AFQjCNG6QnCUTRphHm360VfkLsEV7N01dA&ust=1506018342804956)** | **1**  **FISH PATTY**  **MACARONI & CHEESE**  **CARROT COINS**  **CRISP COLESLAW**  **PLUMP PEACHES** |
| **4**  **BEEF STROGANOFF**  **EGG NOODLES**  **GERMAN VEGETABLES**  **CARROT RAISIN SALAD**  **WHOLE GRAIN BREAD**  **FRUIT COCKTAIL**  *COMMODITIES* | **5**  **CLOSED** | **6**  **CAROL’S MEATLOAF**  **MASHED POTATOES W/GRAVY**  **GOLDEN CORN**  **GARDEN SALAD**  **WHOLE GRAIN BREAD**  **PLUMP PEACHES** | **7**  **CHICKEN & RICE CASSEROLE**  **GREEN PEAS**  **PURPLE BEETS**  **WHOLE GRAIN BREAD**  **MANDARIN ORANGES** | **8**  **CHICKEN FRIED STEAK**  **STEAMED POTATOES**  **GREEN BEANS**  **TOSSED SALAD**  **WHOLE GRAIN BREAD**  **FRUIT CRISP** |
| **11**  **VETERANS DAY - CLOSED** | **12**  **PORK CHOPS**  **MASHED POTATOES**  **SLICED BEETS**  **DINNER SALAD w/BEANS**  **WHOLE GRAIN BREAD**  **APRICOTS** | **13**  **CHICKEN ALA KING**  **STEAMED POTATOES**  **COLESLAW**  **WHOLE GRAIN BREAD**  **SWEET PEACHES** | **14**  **TUNA NOODLE CASSEROLE**  **GREEN PEAS**  **CARROT RAISIN SALAD**  **WHOLE GRAIN BREAD**  **SWEET PEARS**  **DESSERT** | **15**  **ROAST BEEF DINNER**  **MASHED POTATOES W/GRAVY**  **KEY LARGO VEGETABLES**  **WHOLE GRAIN BREAD**  **FRUIT COCKTAIL** |
| **18**  **SALISBURY STEAK**  **MASHED POTATOES**  **CALIFORNIA VEGETABLES**  **WHOLE GRAIN BREAD**  **MANDARIN ORANGES** | **19**  BIRTHDAY DINNER  **BAKED COD**  **RICE PILAF**  **CARROT COINS**  **BEAN MEDLEY**  **WHOLE GRAIN BREAD**  **FRUIT COCKTAIL**  **BIRTHDAY CAKE** | **20**  **SPAGHETTI W/MEAT SAUCE**  **GREEN BEANS**  **TOSSED SALAD**  **GARLIC BREAD**  **PINEAPPLE** | **21**  **BBQ CHICKEN BREAST**  **WILD RICE**  **KEY LARGO VEGETABLES**  **GARDEN SALAD**  **WHOLE GRAIN BREAD**  **SWEET PEACHES** | **22**  **BAKED HAM**  **SCALLOPED POTATOES**  **GARDEN PEAS**  **CARROT RAISIN SALAD**  **WHOLE GRAIN BREAD**  **CINNAMON APPLESAUCE** |
| **25**  **HAMBURGER ON A BUN**  **POTATO TRIANGLES**  **CARROT COINS**  **CRISP COLESLAW**  **JUICY PEARS**  **DESSERT** | **26**  THANKSGIVING DINNER  **ROASTED TURKEY**  **MASHED POTATOES**  **GREEN BEANS**  **WHOLE GRAIN BREAD**  **PUMPKIN PIE** | **27**  **SWEET-N-SOUR PORK**  **FRIED BROWN RICE**  **ORIENTAL VEGETABLES**  **FOUR BEAN SALAD**  **WHOLE GRAIN BREAD**  **BAKED APPLES** | **28**  **CLOSED - THANKSGIVING**  **[https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcRJXZhxW0ah7tHkoi0u-3LY8NN3EAaCZWk7MtsxcYqNctjdIcmF](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&docid=KdufRt3puwnRfM&tbnid=9__Vs2pbjPLF5M:&ved=0CAcQjRw&url=http://www.beedigital.net/category/general/&ei=uLEpVNrNIKa-igLWy4GICA&bvm=bv.76247554,d.cGU&psig=AFQjCNGOQj4tT1__60xydTvl1yYml6e1CQ&ust=1412104961596349)** | **29**  **CLOSED** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**