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| Related imageRelated imageWhitehall Senior Nutrition Menu - August 2024LUNCH IS SERVED FROM 11:30 AM – 12:30 PM - FOR MORE INFORMATION CALL: (406) 287-5336\*This menu is subject to change due to product availability |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Related image | *Low-fat milk is delivered daily & served daily at the Dinner Club* | A watermelon with black dots  Description automatically generated | **1****BURRITO BAKE****LETTUCE, TOMATO, SALSA****MEXICAN CORN****SWEET PEACHES**  | **2****EGGS W/HAM** **DICED POTATOES****VEGGIE SALAD****FRESH FRUIT****CINNAMON ROLL** |
| **5****CHEF SALAD****(Ham, Turkey, Eggs, Cheese Lettuce, Tomatoes & Cucumbers)****WHOLE GRAIN ROLL****JUICY PEARS**  | **6****BEEF POT PIE****DICED BEETS****DINNER SALAD****WHOLE GRAIN ROLL****SPICED APPLES** | **7****LEMON PEPPER CHICKEN** **BAKED POTATO****BROCCOLI & CAULIFLOWER****FOUR BEAN SALAD****MANDARIN ORANGES** | **8****BEEF GOULASH****W/NOODLES** **GREEN BEANS****GARDEN SALAD****SWEET PEACHES** | **9****KIELBASA****OVER POTATOES****WILTED SPINACH****WHOLE GRAIN ROLL****FRUIT SALAD** **DESSERT** |
| **12****SWEET-N-SOUR MEATBALLS****BROWN RICE****BROCCOLI SPEARS****CARROT RAISIN SALAD****PINEAPPLE**  | **13****CHICKEN TACOS****LETTUCE/TOMATO/SALSA MEXICAN BEANS****GOLDEN PEARS** | **14****PORK CASSEROLE** **GREEN BEANS****GOLDEN CORN****MANDARIN ORANGES** | **15****HAMBURGER ON A BUN****POTATO TRIANGLES****SALAD W/BEANS****APPLESAUCE**  | **16**BIRTHDAY DINNER**CHICKEN OVER STUFFING****HERBED CARROTS****GARDEN SALAD****CRANBERRIES** **BIRTHDAY CAKE** |
| **19****BBQ CHICKEN** **ON A BUN** **BAKED BEANS****CRISP COLESLAW****MANDARIN ORANGES**  | **20****COOK’S CHOICE ENTRÉE****STEAMED RICE****BROCCOLI SPEARS****GARDEN SALAD****SWEET PEACHES** | **21****PORK ROAST****SWEET YAMS****CAPRI VEGETABLES****WHOLE GRAIN ROLL****BAKED APPLES** | **22****TURKEY ALA KING****FRESH BAKED BISCUIT** **GREEN PEAS****TOSSED SALAD** **FRUIT COCKTAIL**  | **23****CHICKEN FRIED STEAK****MASHED POTATOES** **CARROT COINS** **WHOLE GRAIN ROLL****APRICOT HALVES****DESSERT** |
| **26****CHILI DOG ON A BUN****SWEET CORN****COLESLAW****FRESH FRUIT**  | **27****FISH PATTY** **MACARONI SALAD****GREEN BEANS****GARDEN SALAD****CRANBERRIES** | **28****BEEF STROGANOFF****OVER EGG NOODLES****BRUSSELS SPROUTS****FOUR BEAN MEDLEY****BAKED APPLES** | **29****PIZZA BAKE** **PURPLE BEETS** **GARDEN SALAD****GOLDEN PEARS**  | **30****CHICKEN POT PIE****BROCCOLI & CAULIFLOWER****CARROT RAISIN SALAD****PLUMP PEACHES** **DESSERT** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, cassandra drynan, RDn cassandra drynan, R.D.n.

Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.