|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WHITEHALL SENIOR NUTRITION MENU - NOVEMBER 2024**  LUNCH IS SERVED FROM 11:30 AM – 12:30 PM - FOR MORE INFORMATION CALL – (406) 287-5336  \*This menu is subject to change due to product availability | | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| [Image result for thanksgiving clip art](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjI-_Hz6tnWAhUM-lQKHcMMACkQjRwIBw&url=https://www.pinterest.com/pin/544513411168160775/&psig=AOvVaw0qXHiEE6Kq3bCkPX44hr-g&ust=1507304335926010)[Image result for thanksgiving clip art](http://moziru.com/explore/Thanksgiving%20clipart%20autumn/) | **Low-fat milk is delivered daily**  **and served daily at the**  **Dinner Club** |  | [Image result for thanksgiving clip art](http://moziru.com/explore/Thanksgiving%20clipart%20autumn/) | **1**  **BREAKFAST CASSEROLE**  **HASH BROWNS**  **5 WAY MIXED VEGETABLES**  **FRUIT SALAD**  **CINNAMON ROLL** |
| **4**  **CHICKEN TACOS**  **LETTUCE/TOMATO/SALSA MEXICAN BEANS**  **GOLDEN PEARS** | **5**  **CLOSED** | **6**  **HAMBURGER ON A BUN**  **DICED POTATOES**  **CARROT RAISIN SALAD**  **APPLESAUCE** | **7**  **CHICKEN OVER STUFFING**  **HERBED CARROTS**  **GARDEN SALAD**  **CRANBERRIES**  *\*COMMODITIES\** | **8**  **SWEET-N-SOUR MEATBALLS**  **BROWN RICE**  **BROCCOLI SPEARS**  **SALAD W/BEANS**  **PINEAPPLE**  **DESSERT** |
| **11**  **CLOSED**  **VETERANS DAY** | **12**  **BBQ CHICKEN**  **ON A BUN**  **BAKED BEANS**  **CRISP COLESLAW**  **MANDARIN ORANGES** | **13**  **PORK ROAST**  **SWEET YAMS**  **CAPRI VEGETABLES**  **WHOLE GRAIN ROLL**  **BAKED APPLES** | **14**  **SALMON &**  **GARLIC LINGUINE**  **STEAMED BROCCOLI**  **TOSSED SALAD**  **FRUIT COCKTAIL** | **15**  BIRTHDAY DINNER  **CHICKEN FRIED STEAK**  **MASHED POTATOES**  **CARROT COINS**  **WHOLE GRAIN ROLL**  **APRICOT HALVES**  **BIRTHDAY CAKE** |
| **18**  **CHICKEN NOODLE CASSEROLE**  **GREEN PEAS**  **TOSSED SALAD**  **BAKED APPLES** | **19**  **BEEF STROGANOFF**  **OVER EGG NOODLES**  **BRUSSELS SPROUTS**  **FOUR BEAN MEDLEY**  **FRESH FRUIT** | **20**  **FISH PATTY**  **ON A BUN**  **GREEN BEANS**  **GARDEN SALAD**  **GOLDEN PEARS** | **21**  THANKSGIVING DINNER  **ROASTED TURKEY**  **MASHED POTATOES & GRAVY**  **BREAD STUFFING**  **GREEN BEANS**  **CRANBERRIES** | **22**  **KIELBASA**  **OVER POTATOES**  **WILTED SPINACH**  **WHOLE GRAIN ROLL**  **FRUIT SALAD**  **DESSERT** |
| **25**  **SPAGHETTI W/MEAT SAUCE**  **GARLIC BREAD**  **SWEET CORN**  **TOSSED SALAD**  **MANDARIN ORANGES** | **26**  **CHICKEN POT PIE**  **BROCCOLI & CAULIFLOWER**  **CARROT RAISIN SALAD**  **PLUMP PEACHES** | **27**  **TURKEY ALA KING**  **ROTINI NOODLES**  **GREEN PEAS**  **JUICY PEARS** | **28**  **CLOSED - THANKSGIVING** [Image result for thanksgiving clip art](http://clipartandscrap.com/happy-thanksgiving-clipart_1064/) | **29**  [Image result for thanksgiving clip art](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=&url=http://www.mycutegraphics.com/graphics/thanksgiving-graphics.html&psig=AOvVaw0qXHiEE6Kq3bCkPX44hr-g&ust=1507304335926010)**CLOSED** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, cassandra drynan, RDn cassandra drynan, R.D.n.

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**