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| **WHITEHALL SENIOR NUTRITION MENU - NOVEMBER 2024** LUNCH IS SERVED FROM 11:30 AM – 12:30 PM - FOR MORE INFORMATION CALL – (406) 287-5336\*This menu is subject to change due to product availability |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Image result for thanksgiving clip artImage result for thanksgiving clip art | **Low-fat milk is delivered daily****and served daily at the****Dinner Club**  |  | Image result for thanksgiving clip art | **1****BREAKFAST CASSEROLE****HASH BROWNS****5 WAY MIXED VEGETABLES****FRUIT SALAD** **CINNAMON ROLL** |
| **4****CHICKEN TACOS****LETTUCE/TOMATO/SALSA MEXICAN BEANS****GOLDEN PEARS**  | **5****CLOSED** | **6****HAMBURGER ON A BUN****DICED POTATOES****CARROT RAISIN SALAD****APPLESAUCE** | **7****CHICKEN OVER STUFFING****HERBED CARROTS****GARDEN SALAD****CRANBERRIES** *\*COMMODITIES\** | **8****SWEET-N-SOUR MEATBALLS****BROWN RICE****BROCCOLI SPEARS****SALAD W/BEANS****PINEAPPLE** **DESSERT** |
| **11****CLOSED****VETERANS DAY**  | **12****BBQ CHICKEN** **ON A BUN** **BAKED BEANS****CRISP COLESLAW****MANDARIN ORANGES**  | **13****PORK ROAST****SWEET YAMS****CAPRI VEGETABLES****WHOLE GRAIN ROLL****BAKED APPLES** | **14****SALMON &****GARLIC LINGUINE****STEAMED BROCCOLI****TOSSED SALAD** **FRUIT COCKTAIL**  | **15**BIRTHDAY DINNER**CHICKEN FRIED STEAK****MASHED POTATOES** **CARROT COINS** **WHOLE GRAIN ROLL****APRICOT HALVES****BIRTHDAY CAKE** |
| **18****CHICKEN NOODLE CASSEROLE****GREEN PEAS****TOSSED SALAD****BAKED APPLES** | **19****BEEF STROGANOFF****OVER EGG NOODLES****BRUSSELS SPROUTS****FOUR BEAN MEDLEY****FRESH FRUIT**  | **20****FISH PATTY** **ON A BUN****GREEN BEANS****GARDEN SALAD****GOLDEN PEARS**  | **21**THANKSGIVING DINNER**ROASTED TURKEY****MASHED POTATOES & GRAVY****BREAD STUFFING****GREEN BEANS****CRANBERRIES**  | **22****KIELBASA****OVER POTATOES****WILTED SPINACH****WHOLE GRAIN ROLL****FRUIT SALAD** **DESSERT** |
| **25****SPAGHETTI W/MEAT SAUCE****GARLIC BREAD****SWEET CORN****TOSSED SALAD****MANDARIN ORANGES** | **26****CHICKEN POT PIE****BROCCOLI & CAULIFLOWER****CARROT RAISIN SALAD****PLUMP PEACHES** | **27****TURKEY ALA KING****ROTINI NOODLES****GREEN PEAS****JUICY PEARS** | **28****CLOSED - THANKSGIVING** Image result for thanksgiving clip art | **29**Image result for thanksgiving clip art**CLOSED**  |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, cassandra drynan, RDn cassandra drynan, R.D.n.

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**