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| Image result for holiday clip art **AUGUSTA SENIOR NUTRITION MENU - DECEMBER 2024**  **Lunch is Served from 12:00 - 1:00 ~ For More Information Call: (406) 562-3623**  \* This menu is subject to change due to product availability | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **2**  **TATER TOT CASSEROLE**  **GARDEN PEAS**  **VEGGIE SALAD**  **FRUIT COCKTAIL** | **3**  **PORK ROAST**  **SWEET POTATOES**  **TOSSED SALAD**  **WHEAT ROLL**  **SPICED APPLES** | **4**  **CHILI CON CARNE**  **CORN BREAD**  **SWEET CORN**  **VEGETABLE MEDLEY**  **FRUITED JELLO** | **5**  **BBQ RIBS**  **MACARONI SALAD**  **PURPLE BEETS**  **COLESLAW**  **SWEET PEARS** | **6**  **HOT TURKEY SANDWICH**  **MASHED POTATOES**  **GREEN BEANS**  **CRANBERRIES** |
| **9**  **PANCAKES & SAUSAGE**  **DICED POTATOES**  **CARROT RAISIN SALAD**  **COTTAGE CHEESE &**  **PLUMP PEACHES** | **10**  **SPAGHETTI W/MEAT SAUCE**  **GARLIC BREAD**  **GOLDEN CORN**  **SPINACH SALAD**  **APRICOT HALVES** | **11**  BIRTHDAY DINNER  **BAKED CHICKEN**  **BUTTER NOODLES**  **BROCCOLI & CAULIFLOWER**  **TOSSED SALAD**  **CRANBERRIES**  **BIRTHDAY CAKE** | **12**  **CHICKEN FRIED STEAK**  **MASHED POTATOES**  **DINNER SALAD W/BEANS**  **WHOLE GRAIN ROLL**  **FRUIT SALAD** | **13**  **SALMON LOAF**  **PEAS & CARROTS**  **GARDEN COLESLAW**  **FRESH FRUIT**  **PUDDING CUP** |
| **16**  HOLIDAY DINNER  **BAKED HAM**  **SWEET YAMS**  **GREEN BEANS**  **WHOLE WHEAT ROLL**  **CINNAMON APPLES**  **HOLIDAY DESSERT** | **17**  **TERIYAKI CHICKEN**  **RICE PILAF**  **ROASTED CARROTS**  **BEAN MEDLEY**  **MANDARIN ORANGES** | **18**  **PASTIES W/GRAVY**  **PICKLED BEETS**  **DINNER SALAD**  **PEARS W/COTTAGE CHEESE** | **19**  **SWEET-N-SOUR PORK**  **BROWN RICE**  **STIR FRY VEGETABLES**  **BROCCOLI SLAW**  **PINEAPPLE** | **20**  **CLOSED** |
| **23**  **HEARTY MEATLOAF**  **POTATO CASSEROLE**  **BRUSSELS SPROUTS**  **DINNER SALAD**  **HOT WHEAT ROLL**  **FRUIT COCKTAIL** | **24**  **CLOSED** | **25**  **Related imageCLOSED** | **26**  **UNSTUFFED CABBAGE ROLLS**  **W/BROWN RICE & BEEF**  **MIXED VEGETABLE**  **FRUIT SALAD** | **27**  **BBQ PORK SANDWICH**  **POTATO SALAD**  **COLESLAW**  **PINEAPPLE RINGS**  **DESSERT** |
| **30**  **FRENCH TOAST**  **SCRAMBLED EGGS**  **HASH BROWNS**  **VEGETABLE MEDLEY**  **BLUEBERRIES & YOGURT** | **31**  **MEATBALLS & GRAVY**  **RICE PILAF**  **BUTTER BEETS**  **BEAN MEDLEY**  **GOLDEN PEARS** |  | *Low fat milk is delivered daily to Home Delivered Meal customers*  *And served daily in the dinner club* |  |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

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This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**