

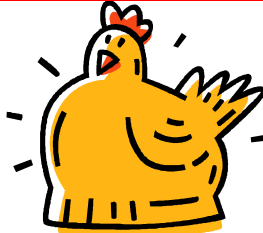




BOULDER SENIOR CENTER FEBRUARY 2012

FOR RESERVATIONS CALL 225-3656 BY 9:30 A.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			-2- SPAGHETTI W/ MEAT SAUCE GREEN BEANS FRENCH BREAD TOSSED SALAD PEARS PUDDING	
	-7- TUNA CASSEROLE GARDEN PEAS TOSSED SALAD PEACHES LEMON BARS		-9- TURKEY & GRAVY ON RICE PARSLEY CARROTS CRANBERRIES 4 BEAN SALAD MIXED FRUIT CINNAMON ROLLS	
	-14- VEGETABLE BEEF SOUP EGG SALAD SANDWICH VEGGIE RELISHES APRICOTS VALENTINE CAKE		-16- COUNTRY CHICKEN MASHED POTATOES PEAS & CARROTS TOSSED SALAD PEACH CRISP	
	-21- BEEF STEW BUTTERMILK BISCUIT TOSSED SALAD PEACHES PULL A PARTS		-23- BBQ PORK ON A BUN BAKED BEANS COLE SLAW PEARS COOKIES	
	-28- MEATLOAF BAKED POTATO MIXED VEGETABLES 4 BEAN SALAD APPLECAKE COOK'S CHOICE CAKE			

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250. This menu has been reviewed and approved by a Registered Dietitian, Lin Pasch, R.D. Lin Pasch, R.D. . Whole wheat bread or rolls, and low fat milk is served with every meal. Menu is subject to change.