

AoA

Area IV Agency on Aging

# Senior Resource Guide

**Broadwater, Jefferson, Lewis  
& Clark, & Meagher Counties**



# EMERGENCY NUMBERS

## POLICE OR FIRE - 911

### Non-Emergency

Helena 442-7883

East Helena 227-5377

Townsend 406-266-3441

White Sulphur Springs 406-547-3397

## To Report Problems and Concerns with Care in a Long-Term Care Facility

Call your Certified Local Ombudsman

1-800-551-3191

State Ombudsman

1-800-332-2272

ST. PETER'S HOSPITAL 442-2480

## BROADWATER MEDICAL CENTER

(Townsend) 406-266-3186

## To Report Natural Gas Problems or Gas Odor in Your Home

Northwestern Energy (24-hour line)

1-888-467-2427

## MOUNTAIN VIEW MEDICAL CENTER

(White Sulphur Springs) 406-547-3321

## Rocky Mountain Poison Control

(24-hour line) 1-800-525-5042

## ELDER ABUSE

(Adult Protective Services)

406-444-5987 or 444-1348 or 444-1312

## National Fraud Information Center

1-800-876-7060

Montana Road Report 1-800-226-7623 or 511

[www.mdt.511.com](http://www.mdt.511.com)

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Rocky Mountain Development Council (RMDC) is providing this directory for general information purposes. RMDC disclaims all liability with respect to the information given. The senior resource directory is not intended as a source of advice, nor does RMDC endorse or recommend any services or individuals listed. Clients should always seek the advice of an appropriately qualified professional. RMDC has made every attempt to provide content that is true and accurate as of the date of printing; however the information may contain omissions or errors for which we apologize. Please notify us of any suggested corrections for the next printing.

We encourage anyone utilizing any of the services listed in this directory to:

1. Thoroughly investigate the background and references of agencies and private individuals.
2. When you hire someone to provide care in your home, make sure they are a *registered Independent Contractor with the State of Montana, OR* and employee of a *licensed Agency*.
3. The person or agency should be qualified, certified, follow IRS rules, have Workman's Compensation requirements, have liability insurance, and be bonded, **ask to see their paperwork.**
4. Ask other individuals about their service and experience with any agency or individual you are considering. **Get written references!**
5. Be careful if they ask you to sign a contract. Read the contract, have the contract explained to you, and read the fine print. **ASK Questions** before signing. **If you do not understand the contract, DO NOT SIGN.** Instead, look for someone else to provide care.

**PERSONAL EMERGENCY NUMBERS**

**FAMILY DOCTOR:**

\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**SPECIALIST DOCTORS:**

\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**RELATIVES:**

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**FRIENDS:**

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**NEIGHBORS:**

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\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_



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# Advocacy

## **Adult Protective Services**

### **If emergency call 911**

2030 11<sup>th</sup> Avenue, P.O. Box 4210, Helena,  
Jennifer Weiss 444-5707  
1-800-551-3191

Investigates abuse and neglect referrals.

## **Area IV Agency on Aging (AoA) – Senior Services Resource Center @ RMDC**

648 North Jackson Street, Helena  
447-1680 or 457-7368 1-800-551-3191

Provides information, referrals and assistance (**I&A**) for people 60+ as well as younger people with disabilities; health insurance counseling for Medicare and Medicaid (**SHIP**);

Home and Community Based Services (**HCBS**) Case Management for people 65+; and local and regional **Long-term Care Ombudsmen** services for residents of nursing homes and assisted living facilities.

## **Citizens Advocate**

State Capital Building,  
P.O. Box 200801 Helena 444-3468

## **IRS Taxpayer Advocate Service**

10 W. 15<sup>th</sup> St., Ste 2319, Helena  
441-1022

Provides services to those facing financial hardships. Services are free of charge.

## **Office of Consumer Protection**

Montana Department of Justice  
1-800-481-6896 or 444-4500

## **Montana Independent Living Project**

34 North Last Chance Gulch, Suite 500  
442-5755 or 1-800-735-6457  
(Voice/TDD) Fax 442-1612

**Bozeman Office:** 1185 North 14<sup>th</sup> Ave.,  
Suite 2, Bozeman 59715

[www.milp.us](http://www.milp.us)

522-7300

Provides assistance to Montanans with disabilities that result in a substantial barrier to independent living. No one is refused services because of inability to pay.

## **Patient Advocate Foundation (PAF)**

1-800-523-5274

[www.patientadvocate.org](http://www.patientadvocate.org)

Provides education, legal counseling, and referrals to cancer patients and survivors concerning managed care, insurance, financial issues, job discrimination, and debt crisis matters.

## **WEEL (Working for Equality and Economic Liberation)**

32 S Ewing, Helena 495-0497

Fax 442-2346 [www.weelepowers.org](http://www.weelepowers.org)

Provides social and economic justice for low-income families. Provides advocacy, policy change and social action.

## Associations/ Societies/ Organizations

### **Alzheimer's Association, Montana**

3010 11<sup>th</sup> Avenue North, Billings, MT  
59101 406-252-3053

Provides family support, community education, public awareness and supports research for the prevention, cure and treatment of Alzheimer's disease and related disorders.

### **American Association of Retired Persons (AARP)**

Montana State Office, 30 W 14<sup>th</sup> Street,  
Suite 301 Helena 59601  
1-866-295-7278 or 441-2277

[www.aarp.org](http://www.aarp.org)

Nation's leading organization for people age 50 or older. Spanish available.

### **American Cancer Society**

[www.cancer.org](http://www.cancer.org) 728-1004

### **American Diabetes Association**

3203 3<sup>rd</sup> Avenue Suite 203, Billings 59101  
1-800-342-2383 256-0616  
Fax: 896-0289

[www.diabetes.org](http://www.diabetes.org)

Mission: To prevent and cure diabetes and improve the lives of all people affected by diabetes. Provides educational workshops and seminars for families and health professionals. Also provides a summer camp and teen retreat for youth.

### **American Heart Association – Montana Affiliate**

1065 Joslyn St, Helena  
1-800-562-6718 or 433-6515

Provides help in fighting heart disease and stroke.

### **American Lung Association of the Northern Rockies**

825 Helena Avenue, Helena 442-6556  
1-800- LUNG USA

[dpaulson@ALA-NR.org](mailto:dpaulson@ALA-NR.org)

Provides medical information and free materials on smoking, asthma, air pollution, Camp Huff & Puff, respiratory disease, and support group programs.

### **American Red Cross - Lewis & Clark Chapter** 442-0260

A humanitarian organization that provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies. Also provides courses in First-Aid, CPR & water safety, babysitting classes and blood program.

### **Brain Injury Association of Montana**

1-800-241-6442 or 406-541-6442  
1280 S. 3<sup>rd</sup> Street West, Suite 4 Missoula  
59801 <http://www.biamt.org>

Provides information and resource services to traumatic brain injury survivors, family members, and professionals, increases public awareness, reduces the incidence of traumatic brain injury, raises funds to support brain injury research and training.

### **Governor's Advisory Council on Aging**

1-800-332-2272

### **Helena Area Chamber of Commerce**

225 Cruse, Helena 442-4120  
Email: [rretzathelenachamber.com](mailto:rretzathelenachamber.com)

**Montana Shares** 442-2218

**United Way**  
805 North Main, Suite 2

P.O. Box 862, Helena 442-4360  
[www.uwlcc.com](http://www.uwlcc.com)

## Complaints

AARP fraud	1-800-434-3410	associated with healthcare.
Abuse and Home Health Hotline	1-800-762-4618	Medicare Fraud and Abuse Hotline (Noridian) 1-800-633-4227
Commission on Practice	1-406-444-2608	Mental Health Ombudsman 1-888-444-9699
Community Mediation Center (Resolution)	1-406-522-8442	Montana Citizen's Advocate 1-800-332-2272
Dept. of Commerce (Bank and Securities)	1-406-444-2091	Montana Fair Housing (Housing) 1-800-929-2611
Division of Banking and Financial Institution	841-2920	Mountain Pacific Quality Health Foundation (Medicare) 1-800-497-8232
Human Rights Bureau (Discrimination)	1-800-542-0807	Office of Consumer Protection 1-800-481-6896 or 444-4500
Long Term Care Ombudsman	1-800-551-3191	Public Service Commission (Utilities) 1-800-646-6150
Senior Medicare Patrol (SMP)	447-1680	State Auditor (Insurance, Securities and Phone Fraud) 1-800-332-6148
Seniors helping seniors to identify and manage Medicare and healthcare fraud. SMP volunteers also are available to help with explanation of benefits and costs		Telemarketing Fraud 1-406-444-3553
		Worker Compensation Mediation 444-6534

## Courier Services/Moving Assistance

### **Blue Moon Couriers**

2905 North Montana Avenue, Helena  
227-6717

### **Capital Taxi Courier Service**

Office: 443-3256  
Dispatch: 449-5525

### **Tiger Express**

Helena 458-0074  
Delivery courier service and moving service. Available only in the Helena area.

# Disability Assistance

## **Blind and Low Vision Services**

700 Casey Suite B, Butte, MT 59701  
1-888-279-7531

## **C.A.R.E.**

1513 Butte Avenue, Helena  
439-9454

For persons with developmental disabilities.

## **Disability Rights Montana**

1022 Chesnut, Helena  
449-2344 1-800-245-4743 Voice/TDD  
Fax 449-2418 [www.disabilityrightsmt.org](http://www.disabilityrightsmt.org)

Disability Rights of Montana has eight federally funded programs:

- **Assistive Technology (AT)**
- **Client Assistant Program (CAP)**
- **Protection & Advocacy of Persons with Developmental Disabilities (PADD)**
- **Protection and Advocacy of Individuals with Mental Illness (PAIMI)**
- **Protection and Advocacy of Individual Rights (PAIR)**

## **DPHHS Developmental Disabilities**

### **Division**

P.O. Box 4210, Helena  
444-2995 or 444-1831

## **DPHHS Senior and Long Term Care**

### **Regional Program Officer**

P.O. Box 4210, Helena 444-1707

## **Eagle Mount**

3400 Centennial Drive, Helena  
[www.eaglemounthelena.org](http://www.eaglemounthelena.org) 442-6103

A non-profit organization that provides recreational activities for people with disabilities.

## **Helena Industries**

1325 Helena Avenue 442-8632  
Fax: 449-6200

Provides sheltered and community vocational opportunities for adults with disabilities. Referrals are typically funded through DPHHS Vocational Rehabilitation and Developmental Disability Divisions.

## **HEAR Now**

6700 Washington Avenue S., Eden  
Prairie, MN 55344 1-800-328-8602

Ask for HEAR NOW

Hearing aid assistance, Starkey  
Foundation.

## **Montana Association for the Blind**

State DPHHS, P.O. Box 465, Helena, MT  
442-9411

Statewide, non-profit, self-help consumer organization whose purpose is to work for the social and economic improvement of every blind person in the State of Montana.

## **Lions Club**

P.O. Box 107, Helena  
Gold Rush 458-8933  
Lions 422-0240  
Hearing and sight assistance.

## **Low Vision Montana and Lions Club**

[www.lowvision.mt.org](http://www.lowvision.mt.org) 1-800-601-5004

**Montana Independent Living Project**

34 North Last Chance Gulch, Suite 500  
442-5755 or 1-800-735-6457  
(Voice/TDD) Fax 442-1612  
**Bozeman Office:** 1185 North 14<sup>th</sup> Ave.,  
Suite 2, Bozeman 59715  
[www.milp.us](http://www.milp.us) 522-7300

Provides assistance to Montanans with disabilities that result in a substantial barrier to independent living. No one is refused services because of inability to pay.

**Montana Telecommunications Access Program (MTAP)**

P.O. Box 4210, Helena 444-1335  
1-800-833-8503

Offers free and low cost telecommunications equipment to Montana residents who are hearing, mobility or speech disabled. MTPA also operates the Montana Relay, a service that makes it possible to place home calls between standard phones and text telephones.

**Montana Vocational Rehabilitation – Blind and Low Vision Services**

3075 North Montana, Room 106  
P.O. Box 202957, Helena 59620-2957  
1-877-296-1757 or 444-1710 (voice – TTY)  
Fax: 406-444-9659  
Email: [mhofland@mt.gov](mailto:mhofland@mt.gov)

**Rural Institute – MonTECH Program**

(In state only) 1-877-243-5511  
406-243-5751  
[montech@ruralinstitute.umt.edu](mailto:montech@ruralinstitute.umt.edu)  
700 SW Higgins Ave., Suite 250,  
Missoula, MT 59803

Provides fee, confidential information about assistive technology (AT) devices and services for Montanans with disabilities and age related restrictions; assists with information on specific product descriptions, prices, and suppliers; identifies possible funding sources; and acts as an advocate for Assistive Technology services.

**Spring Meadow Resources**

2850 Broadwater Avenue,  
P.O. Box 905, Helena 443-2376  
Provides services for adults with developmental disabilities.

**Vocational Rehabilitation**

[www.dphhs.mt.gov/dsd/programs.shtm](http://www.dphhs.mt.gov/dsd/programs.shtm)  
3075 North Montana Avenue, Helena  
444-1710

Assist persons, 18 or older, with disabilities in securing and maintaining employment. If eligible, provides for academic training, on the job training, vocational training, and placement services.

**Westmont (for adults with disabilities)**

2708 Bozeman Ave., Helena 447-3100  
Provider for individuals with disabilities, includes residential facilities, vocational assistance and employment services.

**Notes**

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## Domestic Violence/ Victim Assistance/In Emergency call 911

### Adult Protective Services

1-800-551-3191

### BSAFE- Mt. Legal Services Association

616 Helena Ave, 59601 442-9830  
1-800-666-6124

Building security through Assets and Financial Education. Open Monday-Thursday 8:30 a.m. to noon and 1:00 to 4:30 p.m., Friday by appointment only.

### Domestic Violence Hotline

National Teen Dating Violence Hotline – 1-866-331-9474 or 1-800-799-7233 TTY  
24 hour information, referral, crisis intervention.

### The Friendship Center

1430 Sanders, Helena  
[www.thefriendshipcenter.org](http://www.thefriendshipcenter.org)  
442-6800 or 1-800-248-3166

Safe emergency and transitional housing for victims of domestic violence or sexual assault. Services include 24 hour crisis line, counseling, support groups, legal advocacy and more. All services are free and confidential.

### Montana Coalition Against Domestic and Sexual Violence

P.O. Box 818, Helena  
1-888-404-7794 or 443-7794  
[www.mcadsv@mt.net](mailto:www.mcadsv@mt.net)  
Advocacy program. For help call 911 or 1-800-799-7233  
General Education. Provides domestic assault assistance. Free of charge.

### S.A.F.E. House

1-800-880-8425 Office: 222-5902  
A safe temporary place to stay for Meagher County Residents. 222-8154

### Sexual Assault Outreach – Friendship Center

442-6800 or 1-800-248-3166  
Provides crisis intervention, counseling, medical and legal advocacy, support services, information & referrals, & emergency shelter to women & men who experience sexual assault. 24-hour crisis line. Confidential & free of charge.

### Victim Information Office of Montana Department of Corrections

Sally Hilander 444-7461

## Education/ Youth and Adult

### Adult Education Program/Drivers Education

815 Front Street, Helena 324-2117  
Fax 324-2155

Provides courses to enhance a hobby, develop in academic area or work on self-enrichment.

### Adult Learning Center

815 Front Street, Helena 324-2118  
Fax 324-2155

[www.helena.k12.mt.us/schools/adultlea/index.dhtm](http://www.helena.k12.mt.us/schools/adultlea/index.dhtm)

Provides an education program to obtain a high school equivalency diploma (GED.)

### **Carroll College**

1601 North Benton Avenue, Helena  
[www.carroll.edu](http://www.carroll.edu) 447-4300  
1-800-992-3648

Four-year liberal arts college but also offers two-year associate degrees and a credit and non-credit Continuing Education Program. Discounts for senior citizens to audit classes as well as Accelerated College Experience (ACE) for high school students.

**Learning Partners Adult Education** for Meagher County 406-823-6356

### **The University of Montana - Helena College of Technology**

1115 North Roberts, Helena 444-6800  
1-800-241-4882 Fax 406-444-6892  
Voice TDD 406-444-6897  
[www.umhelen.edu](http://www.umhelen.edu)

Provides educational and technical training in Business, Health, and Technical & Trade. Programs range in length from 2-4 semesters, earn an Associate of Applied Science (A.A.S.) degree or Certificate of Applied Science. Financial Aid is available.

## **Employment**

### **A2Z Personnel Services**

900 N Montana Ave Ste B7. Helena, MT 59601 443-7664  
[www.a2zmontana.com](http://www.a2zmontana.com)

### **Experience Works!**

715 Front Street, Helena 447-3211  
Fax: 447-3224 [www.experienceworks.org](http://www.experienceworks.org)  
Offers training and employment opportunities for people 55+ with limited incomes

### **Express Personnel Services**

1100 West Custer Avenue, Helena 442-7501

Home Health nurses, personal care assistants

### **Helena Job Service- Work Force Center**

715 Front Street, P.O. Box 201505  
Phone: 447-3200 Fax: 447-3224  
24 hr. Job Hotline: 447-3222  
M-W 8-5, TH 9-5, F 8-5  
[www.montanajobs.us/helena](http://www.montanajobs.us/helena)

Provides job placement, job development, employment counseling, testing, state job workshop, veterans services, job training.

### **Montana State Worker Compensation**

[www.safemt.com](http://www.safemt.com)

Regulation 444-6530  
Customer Service 444-6500

### **Montana Vocational Rehabilitation Programs**

1-877-296-1197 or 406-444-2590

### **National Farmworker Jobs Program (NFJP)**

Toni Svaleson 406-431-8842  
[tonis@reomontana.org](mailto:tonis@reomontana.org)

Provides assistance for farmworkers or ranch hands and families

### **Rural Employment Opportunities, Inc.**

318 North Last Chance Gulch, Helena  
[www.reomontana.org](http://www.reomontana.org)

REO's job training program helps disadvantaged farm and ranch workers retrain for non-agricultural employment. Must be a U. S. citizen, a seasonal farm worker, and meet income guidelines.

## Energy Assistance

### **Energy Share of Montana**

Fax 447-4300 442-4900  
318 North Last Chance Gulch, Helena  
[www.energysharemt.com](http://www.energysharemt.com)  
Private, non-profit organization that provides utility assistance to low/moderate income families. Supplement to Low Income Energy Assistance Program (LIEAP).

### **LIEAP (Low Income Energy Assistance Program & Weatherization) @ RMDC**

648 North Jackson, P.O. Box 1717,  
Helena 59624  
447-1625 1-800-356-6544  
Fax 447-1629 [www.rmhc.net](http://www.rmhc.net)  
Pays part of winter energy bills for those eligible. The Weatherization Program helps improve heating efficiency of homes & permanently reduces energy

consumption. Eligibility based on income. Owners & renters may apply for these programs. If your household is receiving benefits from SSI or AFDC, you may qualify automatically. You may apply for LIEAP Oct 1 through April 30.

### **Meagher County LIEAP**

P.O. Box 1530, Livingston 1-  
406-222-0896 1-800-289-  
0896

### **Meagher County Weatherization Program**

P.O. Box 1530, Livingston 406-222-0896  
587-4486  
Offers affordable housing programs. Energy assistance also offered. Pricing based on income.

## Financial Assistance

### **Capital City Case Management**

431-2184

### **Cheryl Taylor, Payee**

Taylor Special Service, P.O. Box 9604,  
Helena 59604 431-6333  
Payee guardianship, medical guardianship. Services hourly rate or based on income & Medicaid. They will work with Medicare and Medicaid services.

### **Consumer Credit Counseling Service**

[www.cccsmt.org](http://www.cccsmt.org) 443-1774  
910 East Lyndale Avenue, Helena

### **Mountain Payee Services**

1-800-725-0755

### **Patricia Crichton, Hab/Aide/Payee Services**

406-438-1579

[Pcrichton11@hotmail.com](mailto:Pcrichton11@hotmail.com)

Overall assistance with finances.

### **Paying for Senior Care**

[www.payingforseniorcare.com](http://www.payingforseniorcare.com)

A web service connecting families with financial and care resources to pay for long-term care.

## Health Insurance

### Home and Community Based Services

#### State Office, MT DPHHS

(aka: Medicaid Waiver Program)

444-4150

#### Montana Medicaid 1-800-362-8312

Email: HHSMedicaidContact@mt.gov

<http://www.dphhs.mt.gov/programsservice/medicaid.shtml>

Health care coverage for some low-income adults. Medicaid is run by DPHHS (the Montana Department of Public Health and Human Services).

#### Medicare 1-800-633-4227

[www.medicare.gov](http://www.medicare.gov)

For people 65+ and those who qualify due to disability.

### Montana State Auditor, Commission of Securities and Insurance

[www.sao.mt.gov](http://www.sao.mt.gov)

1-800-332-6148 or 1-406-444-2040

Provides information about insurance and security issues, and handles complaints and fraud.

### Mountain Pacific Quality Health Foundation

3404 Cooney Drive, Helena 59602

443-4020 or 1-800-497-8232

Provides oversight and handles complaints regarding quality care concerns for Medicare recipients. The best quality health care is provided to every patient we serve every time.

### State Health Insurance Program (SHIP) through Area IV Agency on Aging at RMDC

1-800-551-3191 or 457-7368  
(leave message)

Information and Counseling – helps with Medicare, Medicaid, Supplemental Insurance, Long Term Care and other insurance

### Together Rx Access Discount Card

[www.togetherrxaccess.com](http://www.togetherrxaccess.com)

For discounts on prescriptions.

Call 1-800-444-4106 with questions.

## Health Resources

### Broadwater County Health Services

124 North Cedar, Townsend

266-5209

Fax: 406-266-3940 [LICampbellmt.gov](http://LICampbellmt.gov)

Open Tuesday-Thursday 8:00 a.m. - 5:00 p.m. in the County Health Department

#### Cancer Care 1-800-813-4673

### Foundation (CCCF)

1-800-366-2223 (leave message)

#### *Did You Know?*

You now have from October 15<sup>th</sup> to December 7<sup>th</sup> to make changes to your Medicare Part D or enroll/dis-enroll in Medicare Advantage?

### **Comprehensive Hearing Services**

2626 Winne, Helena 443-8838  
Provides hearing testing, hearing aids and professional service. Fee based.

### **Donated Dental Services**

P.O. Box 1154, Helena, 59624  
[mpetrick@nfdh.org](mailto:mpetrick@nfdh.org) 449-9670

### **Eye Care America**

[www.eyecareamerica.org](http://www.eyecareamerica.org) 1-800-222-3937

### **Health Care for the Homeless**

533 N. Main, Helena 449-5682  
Provides medical services and case management to homeless individuals and families. We are part of the Lewis & Clark County Co-operative Health Center. Patients can be seen at 533 North Main or at the Co-operative Health Center.

### **Jefferson County Health Department**

Boulder: 214 S. Main, 225-4007  
Whitehall: 11 East Legion, 287-3249  
Medicare and Medicaid accepted for immunizations.

### **Last Chance Audiology**

1325 Euclid Avenue, Helena 443-3330  
Offers complete audiological and hearing aid services. Fee based. Medicare and Medicaid accepted.

### **Leo Pocha Health Clinic**

435 North Last Chance Gulch 449-5796  
Fax 449-5371

Call for an appointment. Provides services of a medical doctor. Third party billing is accepted. No one, regardless of race, will be refused. This is a Native American Service. Hours: Monday – Thursday 7:30 – 6:00, closed Friday.

### **Lewis & Clark AIDS Project**

PO Box 832, Helena 449-1357

Fax 442-1316

Direct services to those affected by HIV. Education and prevention information.

### **Lewis & Clark City-County Health**

#### **Department**

1930 9th Avenue, Helena 443-2584  
Fax 457-8990

Provides health education and communicable disease control through immunization services. Costs based on income and family size, no one is denied services based on inability to pay. Doctors available M-F, 8 - 5. The immunization clinic is open Monday, Wednesday, and Friday from 11 - 4:30. Anonymous HIV/AIDS testing and counseling services and travel immunizations are offered during clinic hours. Free Blood Lead Level testing is also available during clinic hours. Call 4-HEALTH for more information.

### **Augusta Public Health Nurse**

Augusta, MT 59410 406-562-3509

### **Cooperative Health Center**

1930 9<sup>th</sup> Avenue, Helena 457-8928  
Fax: 457-8990

Cooperative Health Center provides comprehensive primary health care, mental health services, and dental care to residents of Lewis and Clark County. Based on income and family size.

### **Comprehensive Cancer Screening Program**

1-888-803-9343 443-2584

### **Dental Clinic**

1930 9<sup>th</sup> Avenue Suite 207, Helena  
443-2584

Provide dental services on an ability to pay basis. By appointment only.

### **Environmental Health Office**

Fax: 406-447-8398 447-8351 City-

Council Building 316 North Park room  
404, Helena 59623

**Healthcare for the Homeless**

God's Love Shelter, 533 North Main,  
Helena 449-5682

**Lead Education and Abatement  
Program**

2 South Morton P.O. Box 1231, East  
Helena 59635 457-8583  
Works to reduce blood levels in children  
throughout community outreach, data  
collection, and education about the  
environmental lead hazards, nutrition, and  
hygiene.

**Lewis & Clark Co. Home and  
Community Based Services Case Mgt**  
443-2584

**Parker Medical Clinic**

P.O. Box 729, Lincoln, MT 59639-0729  
406-362-4617 Fax:  
362-4850

**Tobacco Education and Cessation  
Program** 1-800-QUIT.NOW 443-2584

**Meagher County Public Health Nurse**  
457-3234

White Sulphur Springs @ Mountain View  
Medical Center

**Medicaid, SNAP and TANF**

Online application at: [www.dphhs.mt.gov](http://www.dphhs.mt.gov)

Go to "Programs & Services" – click on  
Public Assistance

**Also see: Lewis & Clark County  
Offices of Public Assistance, Pages 37**

**Montana PharmAssist Program**

Patient Packet: 1-866-913-2323 Toll Free  
in Montana or Out-of-state 406-444-0440  
[http://www.dphhs.mt.gov/prescriptiondrug/  
index.shtml](http://www.dphhs.mt.gov/prescriptiondrug/index.shtml)

Program open to all Montana citizens,  
regardless of age or income. Citizens will  
benefit from a no cost in depth  
consultation with licensed and  
credentialed participating pharmacists.

**Montana Right to Life**

1900 North Main, Suite C, Helena  
443-0827  
Fax 443-0840

Social Service organization that promotes  
awareness & protection for individuals  
threatened by abortion, infanticide and  
euthanasia.

**Montana Speech, Language and  
Hearing Association**

406-749-0925  
PO Box 1806, Red Lodge 59068

**Partnership Health Center Geriatric  
Assessment Center** 406-258-4117  
Missoula

## Hospitals

**Broadwater Health Center Hospital and  
Home Health**

110 North Oak, Townsend 266-3186  
[www.BroadwaterHealthCenter.com](http://www.BroadwaterHealthCenter.com)

**Mountain View Medical Center**

547-3321  
16 West Main, White Sulphur Springs

**Shodair Children's Hospital**

2755 Colonial Drive, P.O. Box 5539,  
Helena 59601 444-7500

or 1-800-447-6614 Fax 444-7536

[www.shodairhospital.org](http://www.shodairhospital.org)

**Department of Medical Genetics:**

provides comprehensive services to individuals with genetic conditions or concerns about their risk to transmit or develop a genetic disorder.

**Shriner's for Children**

**Algeria Shrine Center** email:

[mail@algeriashriners.org](mailto:mail@algeriashriners.org)

15 North Jackson Avenue, P.O. Box 1174,  
Helena 442-5305, Ext. 3 Fax 442-5322

Provides medical information and assistance in the areas of ortho, spinal and burns to youth and handicapped individuals age 18 and under.

**St. Peter's Community Hospital**

2475 Broadway, Helena 442-2480

[www.stpetes.org](http://www.stpetes.org)

Offers a broad full range of services including Behavioral Health Unit for adults, Cancer treatment center, Care Management, Cardiac Rehabilitation, Diagnostic Imaging, Dialysis, Emergency Department, Hospice, Intensive Care Unit, Medical/Oncology Unit, Physical Medicine & Rehab, Respiratory Therapy, Surgical Unit, Urgent Care, and Women & Children's Unit.

## Housing- General Information & Assistance

**Aging in Place Specialist**

459-4663

[homeworks\\_MT@msn.com](mailto:homeworks_MT@msn.com)

Contact Jim Burgess, Certified by the National Association of Home Builders

**First Time Homebuyers Classes,**

Beki Brandborg [beki@initco.net](mailto:beki@initco.net)

431-2151

Website:

[www.montanafirsttimehomebuyers.com](http://www.montanafirsttimehomebuyers.com)

**Gr8 Hope Housing Program**

50 South Park Email: [lmooon@rmdc.net](mailto:lmooon@rmdc.net)  
Rocky Mountain Developmental Council  
P.O. Box 1717, Helena 442-1236 x104  
Homebuyer assistance program providing closing cost and down payment assistance to low-income, first time homebuyers to purchase a home in the greater Helena area.

**Habitat for Humanity, Helena Area**

1531 National Avenue, Suite A, PO Box

459, Helena

449-4663

Email: [DirectorHabitat@Qwestoffice.net](mailto:DirectorHabitat@Qwestoffice.net)

Volunteer 442-6510

Through volunteer labor, management expertise, & tax-deductible donations of money & materials, Habitat builds and rehabilitates homes with the help of the homeowners.

**Helena Area Housing Task Force**

Beki Brandborg

431-2151

Coalition of lenders, non-profit realtors and government representatives who care about access to affordable housing.

**Montana Dept of Commerce Home Program**

301 South Park, Rm 240, P.O. Box  
200545, Helena 841-2820  
Fax 841-2810

To expand the supply of decent & affordable housing, particularly rental housing, for low- & very low-income Americans. Housing includes existing rental housing made affordable through tenant-based rental assistance. Referral Service to available programs & agencies.

**Homelessness Prevention and Rapid Rehousing (HPRP)**

@ Rocky Mountain Development Council  
457-7336

Provides short-term financial assistance for people who are homeless or about to be homeless. Assistance includes security deposit, utility deposit, rent and utility arrearages and short-term rental assistance.

**HUD (Housing and Urban Development)**

100 Neill Avenue #27 449-5050  
[www.hud.gov](http://www.hud.gov)

Serves as a referral for low- income housing. Also regulates low-income housing that is federally funded.

**Montana Dept. of Commerce - Montana Board of Housing**

301 S Park Ave Room 240, P.O. Box  
200528, Helena  
841-2840 800-761-6264 Fax 841-2841  
[www.housing.mt.gov](http://www.housing.mt.gov)

Created to help alleviate the higher cost of housing for lower income individuals

**Single Family Bond Program** assists first-time homeowners

**Disabled Accessible Affordable Home Ownership Program** assists people with disabilities to acquire affordable, accessible

**Multifamily Bond Program** provides 30- to-40-year below-market rate loan funds for the development of low-income, multifamily rental housing

**Low Income Housing Tax Credit Program**

**Elderly Program** (aka Reverse Annuity Mortgage or RAM)

**Montana Fair Housing – Attn. Pam Bean**

904 A Kensington Ave. Missoula  
1-800-929-2611

**Section 8 Housing Assistance Program - Helena Housing Authority**

812 Abbey, Helena 442-7981  
(Voice/TDD) 1-800-378-7981

Helps with rental costs. You may qualify if: (1) your household includes one of the following: yourself and one or more family members, a single person 62 years of age or older, or a single person who is disabled or handicapped, or persons displaced by natural disaster or governmental action; and (2) your total income is not over the established guidelines. M-F 8:30 - 5:00.

**Rural Development Home Program (USDA)**

790 Colleen Street, Helena  
[www.rurdev.usda.gov/mt](http://www.rurdev.usda.gov/mt) 449-5000 Ext. 4  
Helping low to moderate- income families purchase and repair a home. Provides low interest loans and grants for rehabilitation, home improvement, and repairs. All loans and grants have to be outside Helena City Limits.

## Housing- Helena

### **Almanor Apartments**

1415 Missoula Avenue, Helena 59601  
442-8218

Hours: 8:30 - 11:30 and 1:30 - 5.  
2-3 bedrooms apartments. Screening is required for all applicants. Income based rent.

### **Aspen Village Apartments**

615 Janet Street 1-800-466-7722

Wheelchair accessible, income based rent, independent living apartments for seniors and persons with disabilities.

### **Broadwater Village**

1427 Broadwater Circle, Helena  
442-2429

8:30- 1:00 weekdays. Provides housing for low and moderate income families.

### **Colonial Terrace**

2480 Broadway 442-7232

### **Eagles Manor Residences**

715 North Fee, Helena 442-0610  
For seniors and persons with disabilities. Income based rent. On site meals.

### **East Park Villa**

2615 Broadway 449-9795  
Affordable senior housing.

### **Helena Housing Authority (Public Housing)**

812 Abbey, Helena 442-7970  
Fax 442-0574 [www.hhamt.org](http://www.hhamt.org)  
For low-income families, elderly, and persons with disabilities. Income based rent. Office hours: M-F, 8:30 - 5:00.

### **Helena Manor**

2115 Missoula Avenue, Helena 442-8840  
Moderate priced family apartments.

### **Hunters Pointe**

2801 Colonial Drive  
[www.Hunters-Pointe.com](http://www.Hunters-Pointe.com) 443-4222  
Senior retirement community.

### **M.E. Anderson Apartments**

100 South Warren 442-7970  
For seniors and persons with disabilities. Income based rent.

### **Memorial Park Apartments**

5 Memorial Drive 443-5785  
One bedroom affordable apartments.

### **Pheasant Glen Apartments**

3440 Ptarmigan Lane 443-0127  
For seniors and persons with disabilities. Income based rent.

### **Ptarmigan Apartments**

3400 Ptarmigan Lane, Helena 449-7511  
For seniors and persons with disabilities. Income based rent.

### **Queen City Estates**

2300 North Roberts, Helena 449-7165  
Wheelchair accessible, income based rent, independent living apartments for persons with disabilities.

### **Serendipity Apartments**

8 South Park, Helena 457-5556  
Income based rentals. For seniors and persons with disabilities.

**Shadow Mountain Apartments**

2527 Ferndale Lane 442-3991

Affordable housing for families and individuals. Some are handicap accessible.

**Guardian Apartments**

520 Logan, Helena 442-2970

Meal programs (lunch and dinner). Income based rent. Seniors and persons with disabilities.

**Tower Hill Apartments**

24 South Ewing, Helena 443-2311

Office Hours: M,Tu,Th,F 8-Noon  
Provides subsidized housing for low and moderate-income families.

**Vista Square**

1701 Prospect, Helena 442-3222

Secure housing for all ages.

**Waterford Retirement Community**

915 Saddle Drive, Helena 449-4900

Senior retirement community.

**Housing- Augusta**

**Rocky Mountain Front Properties**

Main Street

406-562-3633

Income based family apartments.

**Housing- Boulder**

**Big Boulder Residences**

501 East 4<sup>th</sup> Street

225-3712

Subsidized family housing for low and moderate income families.

**Housing- East Helena**

**Eastgate Apartments**

3800 Beechnut Street 227-5760

Provides housing for low income and moderate- income families. Rural development program.

**East Helena Senior Apartments**

400 East Riggs 227-5760

Low and moderate income.

**Housing- Townsend**

**Broadwater Villas**

442-7178

601 South Oak Street. Multi-family, income based rent.

## Housing- Whitehall

### Coachman Court for Seniors

409 East Legion

For seniors and persons with disabilities.

498-1305

## Housing- White Sulphur Springs

### Castle Mountain Apartments

406-547-3651

For seniors and persons with disabilities.

Income based rent.

### Spring Manor

107 South Central

406-721-4922

For seniors and persons with disabilities.

Equal opportunity housing.

## In-Home Assistance/ Family Support Services

### Adult Dependent Living of Helena

1023 8<sup>th</sup> Avenue,

Mary 442-8117 or 410-2354

An in-home care service, takes personal pay or private insurance only.

### A-Plus Health Care

555 Fuller Ave., Helena 59601 443-3866

Fax: 422-1062

Provides personal care services and assistance.

### Apex of St. Peter's

St. Peter's Community Hospital, 2475

Broadway, Helena 447-2739

Home oxygen and sleep therapy equipment. Respiratory equipment and life line. Also see Lifeline of St. Peter's below.

### Apria Health Care

815 26<sup>th</sup> Street North, Great Falls

406-761-3716

### Area IV Agency on Aging Case Management @ RMDC

648 North Jackson

447-1680

1-800-551-3191

Home and Community Based Services (HCBS) Medicaid Waiver program for people 65+.

### Alzheimers Family Support Group – Helena

Facilitator: Cindy Stevick 406-431-0452

Betsy Salois 406-431-9801

Professional Plaza Building, 900 N.

Montana Avenue, Helena.

Serving families and caregivers of persons with dementia. No diagnosis required. Meetings: 2<sup>nd</sup> Tuesday and 4<sup>th</sup> Thursday of every month – 7:00 to 9:00 p.m.

**Capital City Case Management**

P.O. Box 6982, Helena Fax: 443-2785  
[capcitycm@capcitycm.com](mailto:capcitycm@capcitycm.com)  
431-2184 or 431-2185  
Home and Community Based Services (HCBS) Medicaid Waiver program for people 65+.

**Caregivers Support Group**

Cindy Stevick 431-0452  
Serving families and caregivers of persons with dementia. No diagnosis required.

**Frontier Home Health and Hospice**

800 Front Street, Helena  
Home Health Office:  
Fax: 406-447-3144 Office: 406-443-4140  
Comprehensive assessment, training and management of your home medical needs after hospitalization, surgery or debilitating illness.  
Hospice Office:  
Fax: 406-447-3144 Office: 406-443-4140  
Provides end of life medical care and support to a patient and their family, including a grief support group.

**Home Care Montana**

321 East Main Suite 215, Bozeman  
406-582-1680  
Home Health nurses, personal care attendants

**Home Link of St. Peter's**

1-800-717-7744  
St. Peter's Community Hospital, 2475 Broadway, Helena  
Services offered in your home include: Home health aid, home infusion, hospice, physical therapy, speech and language pathology and medical social services

**Home Sweet Home Health Care, Inc.**

461-4981  
Offers home health services, respite care, nursing services and homemaker services to people of all ages.

**Hospice of St. Peter's**

2475 Broadway, Helena 444-2244  
Care for life-threatening illnesses or terminally ill. Individual and group grief counseling.

**Lewis & Clark Co. Health Dept. HCBS Case Management**

443-2584

**Lifeline of St. Peter's**

1-800-353-4663  
447-2739  
2425 Broadway – St. Peter's Hospital.  
See detail under Apex of St. Peter's above.

**Medicaid "Self Direct" Personal Assistance through MILP**

1-800-735-6457 442-5955

**Also see: Montana Independent Living Programs, Page 11**

**Mountain View Medical Center and Home Health**

16 West Main, White Sulphur Springs  
[www.mvmc.org](http://www.mvmc.org) 547-3321

**Nightingale Nursing and Caregiving**

4185 North Montana, Helena 443-1036

**North West Home Care**

1075 Rodney St. #107, Suite 107  
442-6755  
Provides personal care services and personal assistance

## **Rocky Mountain Hospice**

406-442-2214

1075 N Rodney, Ste 102, Helena  
Routine home care, continuous care,  
respite care, and inpatient care to those  
with a life-limiting condition.

## **The Foot Nurse**

431-0006

Specializing in providing medical foot care  
in the home. Licensed and insured.

## **Legal**

### **Montana Lawyer Referral and Information Service**

449-6577

Montanabar.org (legal help button)  
A service of State Bar of Montana  
providing referrals to attorneys and  
information regarding other legal  
resources. (Does not have attorneys on  
staff or provide names of pro bono or  
reduced fee attorneys.)

### **Montana Legal Services Assciation**

616 Helena Ave, Suite 100 Helena  
442-9830 or 1-800-666-6899  
Fax 442-9817 [www.montanalawhelp.org](http://www.montanalawhelp.org)  
Phone: M-F 7:30 a.m. – 5:00 p.m., Sat.  
9:15am – 12:45 pm.  
Handles civil matters for low-income

families. Income eligibility requirements.  
No attorney fee. Client may be required  
to pay some costs, publication costs, etc.  
Often costs can be waived.

### **Senior & Long-Term Care Legal Service Developer**

1-800-332-2272 or 444-7783  
Montana Dept. of Health and Human  
Services

### **State Bar of Montana- Lawyer Referral Service**

442-7660  
7 West 6<sup>th</sup> Avenue, Suite 2B, PO Box 577,  
Helena Fax: 442-7736  
[www.montanabar.org](http://www.montanabar.org)  
Free, non-profit lawyer referrals and info

## **Libraries/ Literacy**

### **Broadwater Community Library**

201 North Spruce, Townsend  
266-5060

### **Clancy Library**

6 North Main, Clancy 933-5254  
<http://clancylibrary.googlepages.com>  
High speed internet and fax and copy  
services.

### **Jefferson Community Library**

202 South Main, Boulder 225-3241  
Hours: Sun. 1 – 5 p.m., M/W evenings  
6:30 – 8:30 p.m. Tu-F 10 a.m. – 5 p.m.

### **Lewis & Clark Library**

120 South Last Chance Gulch, Helena  
447-1690 [www.lewisandclarklibrary.org](http://www.lewisandclarklibrary.org)  
Hours: Mon-Thursday 10:00a.m.- 9:00  
p.m, Fri. 10:00 a.m. – 6:00 p.m. Sundays  
1:00-5:00 p.m.  
Branch libraries in Augusta and East  
Helena.

### **Lincoln Community Library**

102 9<sup>th</sup> Avenue, Lincoln 362-4300  
[swood@mtlib.org](mailto:swood@mtlib.org)

### **Literacy Council- L & C**

[www.helenaliteracy.org](http://www.helenaliteracy.org)

Adult Learning Center 815 Front Street,  
Helena

Peggy Benkelman - 324-2111

Tutors work with students who are  
seventeen or older to gain or increase  
their reading skills.

### **Meagher County City Library**

15 1<sup>st</sup> Avenue South East, WSS

547-2250

### **Montana Talking Book Library**

[Email: mtbl@MT.gov](mailto:mtbl@MT.gov) <http://msl.MT.gov>

1515 East 6th Avenue, P.O. Box 201800,  
Helena 444-2064 1-800-332-3400

Provides library services for the blind,  
physically handicapped, and individuals  
who cannot read conventionally printed  
material.

### **Whitehall Community Library**

110-1 West, Whitehall.

287-3763

## **Medical Alert Systems**

### **American Senior Safety**

[www.seniorsafety.com](http://www.seniorsafety.com) 1-888-473-2800

4712 Admiralty Way, #229, Marina Dell

Rey, CA 90292 1-888-473-2800

Medical alarm in home. Not covered by  
Medicare.

### **Lifeline through Apex of St. Peter's Hospital**

201 S. California, Helena 447-2739

[www.lifelinesystem.com](http://www.lifelinesystem.com)

Button you wear through the phone. Not  
covered by Medicare.

### **LifeFone /Personal Emergency**

**Monitoring Syste** 1-800-882-2280 x 305

### **Medical Alert**

[www.medicalalertsyste.com](http://www.medicalalertsyste.com)

1-800-283-2300

Personal emergency monitoring system  
through CVS Pharmacy.

### **VRI** [www.monitoringcare.com](http://www.monitoringcare.com)

330 Progress Road, West Carrollton, OR

1-800-860-4230

A medical alert system

## **Medical Equipment/ Out-Patient Medical Care**

### **Byrom Health Care for Medical Supplies**

<http://www.byromhealthcare.com>

### **Clark's Orthopedic and Medical**

442-6069 (Helena #)

816 Ninth Street South, Great Falls

Located in Great Falls, but will deliver  
large items to Helena.

### **Community Home Oxygen**

3928 Wynne, Butte 406-494-6900

Medicare and Medicaid accepted.

### **Community Home Oxygen**

3103 Prospect, Helena 443-3716

Medicare and Medicaid accepted.

**Also see: Goodwill Industries**, Page 40

### **Harrington Surgical Supply**

53 East Broadway, Butte

406-723-6541 or 1-800-345-9517

Medicare and Medicaid accepted.

### **Lincare**

3330 Colton Drive Suite B 449-2253  
Home and oxygen respiratory. Medicare and Medicaid and most insurances accepted.

### **Meagher County Senior Citizen Center**

**Loan Service** 547-3651  
P.O. Box 682, White Sulphur Springs, 59645. Contact person Beth Hunt

### **Medic Alert**

1-800-ID-ALERT [www.medicalert.org](http://www.medicalert.org)  
Provides ID bracelets to identify medical allergies & diseases in case of an emergency.

### **Specialized Medical**

3660 N Montana Ave. 495-8600

## **Mental Health**

### **For Helena:**

**In a crisis call 911 or the non-emergency # 442-3233** and ask for CIT officers, a "crisis intervention team". They will send a specifically trained team to respond.

### **For communities other than Helena:**

**In a crisis call 9-1-1** and ask for an officer with experience in psychiatric crisis. OR if possible, bring person to St. Peter's Hospital where they have appropriate staff to assist.

### **AWARE, Inc.**

616 Helena Avenue, Suite 305 Helena  
449-3120 Fax 449-3125  
[www.aware-inc.org/communities/helena.htm](http://www.aware-inc.org/communities/helena.htm)  
Provides community based case management services to qualifying children, adolescents and adults with serious emotional disturbance. Regional offices located in Anaconda, Billings, Butte, Bozeman, Dillon, Great Falls, Helena, Kalispell, Livingston, Miles City & Missoula.

### **Center for Mental Health**

900 North Jackson, Helena 443-7151  
Fax 443-3420 [www.center4mh.org](http://www.center4mh.org)  
Serves Lewis and Clark, Broadwater, Jefferson and Meagher Counties. Clinical services include psychiatric, medication monitoring, individual and group therapy. Please contact your Head Start Family Advocate for a supplemental list of mental health providers.

**Boulder:** 106 N. Main, P.O. Box 420,  
225-9114

**Townsend:** 417 Broadway, 266-3327

**White Sulphur Springs:**  
417 Broadway, Townsend 547-2524

**Compeer Helena** [mbrown@rmdc.net](mailto:mbrown@rmdc.net)  
457-7319

At Rocky Mountain Developmental Council

A volunteer program working to improve the quality of life for people recovering from mental illness through the power and gift of friendship.

### **Disability Rights Montana**

1022 Chestnut, Helena 449-2344  
[www.Disabilityrightsmontana.org](http://www.Disabilityrightsmontana.org)

### **Mental Disabilities Board of Visitors**

Capitol Station, Helena 444-3955  
Reviews care at Montana's institutions for the mentally ill and the developmentally disabled. Also provide legal representation at Montana state hospitals.

### **Mental Health of America – Montana Chapter**

25 South Ewing, Helena Fax:442-4276  
205 Haggerty Lane, Suite 170, P.O. Box  
88, Bozeman, MT 59771 1-877-927-6642

### **Mental Health Services Information**

**Assistance Line** 1-888-866-0328

Information only on how to access Montanan public mental health services.

### **State of Montana - Addictive and Mental Health Disorders Division**

For administrative questions only.  
444-3964

### **Montana Warm Line**

1-877-688-3377

[www.montanawarmline.org](http://www.montanawarmline.org)

Provides services to people across the state who live with mental illness. Provides telephone and internet based support for people looking for help but are not in crisis. Warm Line operates from 4:00 p.m. – 10:00 a.m. Monday through Friday and 1:00 – 10:00 p.m. Saturday.

**NAMI - Montana** [www.namimt.org](http://www.namimt.org)

616 Helena Avenue, Suite 218,  
Steamboat Block, 2<sup>nd</sup> Floor #218  
443-7871

Supports, educates and advocates for Montanans with severe mental illnesses and their families.

### **Ombudsman through NAMI Montana**

Advocate for Mental Health 444-9699

### **Our Place**

Rocky Mountain Development Council  
442-1374

631 North Last Chance Gulch  
Promotes and encourages recovery and wellness through positive interactions and experiences within a peer-directed community-based environment. Serves individuals age 18 and over with mental illness and/or substance abuse disorders. Hours: Wed. through Sun. 12:00 – 6:00 pm.

### **St. Peter's Community Hospital – Behavioral Health unit**

2745 Broadway, Helena 495-6560

Offers a 23-bed adult and geriatric inpatient hospitalization program for short-term treatment for individuals 18 years and older. The inpatient hospitalization program involves stabilizer crisis that led to hospitalization, providing a thorough evaluation, developing an individualized treatment and coordinating care in a warm, supportive, and secure environment that provides 24-hour nursing. The Behavioral Health Unit services include individual and group therapy, medication stabilization and management, activity therapy, patient and family education and aftercare planning.

## Nursing Homes - General

**Long Term Care – Ombudsman  
Area IV Agency on Aging - Rocky  
Mountain Development Council**

447-1680

Advocate for good care and living conditions in assisted living facilities and nursing homes.

**Montana Health Care Association**

For nursing home information 443-2876

**MT DPHHS – Certification Bureau/  
Abuse and Complaint Coordinator**

MTSSAD@MT.gov 444-4463

## Nursing Homes

**Big Sky Care Center**

2475 Winne Avenue 442-1350

**Broadwater Health Center**

10 North Oak, Townsend 266-3186

**Cooney Convalescent Home**

2555 Broadway, Helena 447-1651

**Elkhorn Health and Rehabilitation  
(formerly Evergreen Health Care &  
Rehabilitation)**

474 Highway 282, Clancy  
[bkroll@hms.com](mailto:bkroll@hms.com) 933-8311

**Mountain View Medical Center Long  
Term Care**

16 West Main, White Sulphur Springs  
[www.mvmc.org](http://www.mvmc.org) 547-3321

**Rocky Mountain Care Center**

30 South Rodney, Helena 443-5880  
Fax: 443-6655

24- hour skilled nursing with emphasis on rehabilitation

## Nutrition and Food Assistance

**Augusta Food Bank**

Augusta Senior Center, Box 21, 134 Main,  
Augusta 59410 562-3623

**Broadwater Food Pantry**

For emergency food needs or to drop off  
food 422-8825

315 Broadway, P.O. Box 1164,  
Townsend, MT 59644

Open Saturdays 9:00 – 11:00 for food  
boxes and Fridays 4:00 – 5:00 for food  
donation drop off.

**Edwards Grocery**

547-3731

116 East Main, White Sulphur Springs.  
Will deliver.

**Helena Food Share**

Helena - 1616 Lewis Street, P.O. Box  
943, Helena 443-3663

open 2:00 – 4:00 Mondays and 5:00 –  
6:30 p.m. Thursdays.

Provides food items at no charge through  
several programs. Identification is  
required. Call 443-3663 between 8 a.m.  
and 4 p.m. M–F for program details.

**Heritage IGA** 227-5304  
109 South Lane Avenue, East Helena.  
Will deliver.

**JeffCo Food Share**  
First Baptist Church, 107 West Hauser,  
Boulder 225-4240  
Open 2<sup>nd</sup> and 4<sup>th</sup> Thursday from 12:00pm-  
3:00pm [www.BoulderBaptist.com](http://www.BoulderBaptist.com)

**Nutrition Coalition Food Bank**  
P.O. Box 813, White Sulphur Springs  
447-3393

**Tri County Senior Nutrition Program  
(Broadwater, Jefferson, Lewis and  
Clark)**  
Rocky Mountain Development Council  
[www.rmhc.net](http://www.rmhc.net)  
Helena: 457-7300 or 1-800-356-6544  
447-1686 (TDD) Fax 447-1629  
The Daily Dinner Club, Home Delivered  
Meals, and Commodities to those at least  
60 years old.

**Notes**

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**United Methodist Church Food Bank,  
Lincoln** 362-4565

**WIC Program (Women-Infants-  
Children)**  
Lewis & Clark County Health Department  
1930 9th Avenue, Suite 207, Helena  
443-2584/457-8912 Fax 457-8990  
The WIC Program provides health and  
nutrition assessment and education as  
well as referral to other agencies. The  
program serves pregnant or breast  
feeding women, infants, and children up to  
age five.

**Whitehall Food Bank** 287-3537

## **Personal Care Homes/Assisted Living**

**Aspen Gardens, LLC,**  
7, 9, 11, 13, and 16 Bumblebee Court,  
Helena 457-0092

**Country Life at Montana City**  
12 Bessler Road, Clancy 59634 461-4333

**Liberty Place, Inc.**  
P. O. Box 446, Whitehall 287-9887

**Masonic Home of Montana**  
2010 Masonic Home Road, Helena 59602  
458-5431

Personal care and adult day care.  
Assisted living home.

**Meadowlark Manor**  
35 Skyline Dr, Whitehall, MT 59759  
406-287-5530

Assisted living home.

**Our House**  
2000 Winne, Helena 443-3364  
Assisted living home.

**Renaissance Assisted Living**  
525 Saddle Drive, Helena 443-6339

**Rosetta Assisted Living**  
2530 Wildwood Lane Helena 443-6339  
2520 Wildwood Lane 449-7587

**Sharon's Sunshine Care**

2598 Casper Drive, East Helena, 59635  
458-5535  
Foster home for elderly. Four unit home.

**Shelby House**

2320 Spokane Creek Road, East Helena  
475-9347 or 475-3621

**Son Heaven**

2510 Ferndale, Helena, MT 449-0229  
2540 Ferndale, Helena, MT 495-0436

**Tiffany's & Linda's Tender Loving Care**

114 North Spruce 266-4453

**Townsend Personal Care**

[Incmarcuzzi@mt.net](mailto:Incmarcuzzi@mt.net)  
128 Highway 12 East, Townsend  
266-3711

***Did You Know?***

Home and Community-based Services (HCBS) Case Management Teams can help provide additional Medicaid services such as: Home Care Services, Respite care, Durable medical equipment, Therapeutic services, Behavioral support, Transportation, Environmental accessibility adaptation, and much more!

**Waterford Retirement and Assisted Living**

915 Saddle Drive, Helena, MT 449-4900

**Wendy's Tender Care**

6285 Sleeping Giant View Drive, Helena  
[wotendercare@mt.net](mailto:wotendercare@mt.net) 458-6277

**Respite Care / Foster Care/ Adult Day Care**

**Gottfried Haus, LLC**

5611 Georgia Drive, Helena 458-6159  
202-2575 [TheGottfriedHaus@aol.com](mailto:TheGottfriedHaus@aol.com)  
Adult Day Care

**June's House**

675 Myles Road, Helena 442-4628  
Adult Foster Care

**Masonic Home of Montana**

2010 Masonic Home Road, Helena  
458-5431  
Respite Care, Adult Day Care, Assisted Living

**Rocky Mountain Care Center**

30 South Rodney, Helena 443-5880  
Respite Care, Adult Day Care, Nursing Home

**Sharon's Sunshine Care**

2598 Casper, East Helena 59635  
458-5535  
Adult Foster Care, Assisted Living

**The Elkhorn View**

431-1107  
Adult foster care. Montana City

**Talbert House**

200 Stabern, Helena 457-0220  
Adult foster care for clients of the Center for Mental Health

## Senior Centers/ Senior Activities

### Augusta Senior Center

P.O. Box 314, Augusta 562-3623

### Boulder Basin Senior Center

201 South Main, Boulder 225-3656  
Meals provided Tuesdays and Thursdays.

### East Helena Senior Center

Fireman's Hall, East Helena 227-9959

### Lincoln Senior Center

P.O. Box 56, Lincoln 59639 362-4504

### Helena Senior Citizen Center

Rocky Mountain Development Council  
[www.rmdc.net](http://www.rmdc.net) 447-1680  
447-1686 (TDD) Fax 447-1629  
Senior meals, home delivered meals,  
senior activities.

### Meagher County Senior Center

101 – 1<sup>st</sup> Avenue East, White Sulphur  
Springs 547-3651  
Senior meals, home delivered meals,  
senior activities.

### Montana Office on Aging

P.O. Box 4210, Helena 444-4077

### Summit Club of Mountain West Bank

1225 Cedar 449-2265  
2728 Colonial Drive 443-4381

### Townsend Senior Dinner Club

516 2<sup>nd</sup> Street, Townsend 266-3995

### Whitehall Senior Center

P.O. Box 87, 3 North Division Street,  
Whitehall 287-5336

## Social Services/ Public Assistance

### Catholic Social Services for Montana

1301 11<sup>th</sup> Avenue, P.O. Box 907 Helena  
59624 [www.cssmt.org](http://www.cssmt.org) 442-4130  
Provides counseling and assistance to all  
regardless of race, religion, or ethnic  
origin.

### God's Love

533 North Main, Helena 442-7000,  
Transitional Living Shelter: 443-6007  
Provides food, shelter, clothing, and other  
basic necessities for transients and  
families. Transitional Living Program- 6-  
month shelter program with support  
services, counseling, case management,  
basic & medical need.

### Helena Indian Alliance

435 North Last Chance Gulch, Helena  
Alliance: 442-9244 Fax: 449-5797  
Leo Pocha Clinic: 449-5796  
[www.helenaindianalliance.com](http://www.helenaindianalliance.com)  
A non-profit corporation to improve social  
and social-economic conditions for Native  
Americans. Substance abuse program,  
Referrals, Health Services, and general  
Native American advocacy.

### Lewis & Clark County Office of Public Assistance

3075 North Montana Avenue, P.O. Box  
202959, Helena 59620, 444-1700  
Fax 444-1751  
Food Stamps, Medicaid, and Cash  
Assistance to families and individuals in  
need. Program requirements for eligibility.  
M-F 7:30 - 5:00

### **Meagher County Office of Public**

#### **Assistance**

15 West Main, Courthouse, White Sulphur Springs Fax: 406-547-2476 547-3752

### **Rocky Mountain Development Council**

200 South Cruse Avenue, P.O. Box 1717, Helena 59624

457-7300 or 1-800-356-6544 TDD: 447-1686 Fax 447-1629 [www.rmhc.net](http://www.rmhc.net)

A Human Resource Development Council which sponsors various social service programs for the low-income, elderly, and handicapped. Programs include: Area IV Agency on Aging, Daily Dinner Club, Energy Share, Foster Grandparents, Head Start, LIEAP, Meals on Wheels, Preschool & Day Care, Retired Senior Volunteer Program, Senior Center, Senior Companion Program, Weatherization, Mental Health and various youth programs.

### **Salvation Army**

1905 Henderson Street, Helena

**Social Services:** 442-8244

**Church:** 442-8244

Emergency food, clothing, shelter, and utility assistance. Eligible three times in a 12-month period. Transitional housing program.

### **Social Security Administration**

New Federal Building, Great Northern Town Center, Helena 1-800-772-1213

866-563-9496 [www.ssa.gov/SSA\\_Home.html](http://www.ssa.gov/SSA_Home.html)

Provides retirement, survivors, and disability monthly benefits. Must have work credits and age for retirement and survivors benefits. Medicare benefits, if qualify. Disability benefits are based on work credits and physical or mental disability, age and very limited income and resources to receive SSI benefits.

## **Substance Abuse / Addictions**

### **Addictive & Mental Health Disorders**

#### **Division**

555 Fuller, Helena 444-3964  
Mental Health Service Plan Information  
Line 1-888-866-0328

Oversee chemical dependency and mental health services for the state of Montana.

#### **Al-Anon**

24-hour service number 443-0438  
For people involved with alcoholics. Call for place of meetings.

#### **Alcoholics Anonymous**

Helena: 443-0438  
Augusta: 562-3294  
Townsend: 266-3842  
Free meetings are held each week.

### **Boyd Andrew Community Services**

P.O. Box 1153, 111 North Last Chance Gulch, Suite 1E, Helena 443-2343

Treatment and referral for alcohol and other drug problems; diagnosis and individualized treatment programs for those abusing mood altering chemicals.

Out-patient counseling, referral to in-patient treatment, after care counseling and residential halfway house care are some examples of these services.

Chemical dependency is a chronic, progressive disease which can be fatal if untreated. This disease can be arrested and sobriety can be achieved. Adult and adolescent programs are available.

Boulder, 465-9654

Townsend, 431-2270

Whitehall, 465-9654

**Montana Meth Project** 406-721-2538  
1-888-366-6384 Toll Free  
Bill Slaughter, Executive Director  
[info@montanameth.org](mailto:info@montanameth.org)  
P.O. Box 8944, Missoula, MT 59807  
A marketing campaign founded by  
businessman and Montana rancher  
Thomas M. Siebel to inform potential Meth  
consumers about the product attributes  
and actual risks associated with  
methamphetamine. The goal is to  
substantially reduce methamphetamine  
use in Montana. The Montana Meth  
Project is a state affiliate of the national  
Meth Project organization.

**Montana Tobacco QUIT Line**  
1-800-784-8669

**Narcotics Anonymous**  
1-800-990-6262

[www.namontana.com](http://www.namontana.com)  
A nonprofit fellowship or society of men  
and women for whom drugs have become  
a problem. This is a program of complete  
abstinence from all drugs with regular  
meetings to support each other in  
recovery, and only one requirement for  
membership: the desire to stop using.

## Support Groups

**AA Hotline-Alcoholics Anonymous**  
Hotline 443-0438  
[www.aamontana.org](http://www.aamontana.org) for meeting times.

**Alcoholics Triumphant**  
Neighborhood Assembly of God Church  
2475 Stuart, Helena  
Meets Mondays, 8:00 P.M.

**Alzheimer's Support Group**  
Cindy Stevick - 431-0452

**Divorce & Separated Support Group**  
530 North Ewing, Helena  
Contact Kathy Surbrugg at 442-5825  
Meets at Faith Formation Building every  
Tuesday from 7-9 PM – 13 week program

**Domestic Violence Support Group**  
Refer to Friendship Center under  
"Domestic Violence/Victim Assistance"  
443-7370

**Food Stamp Hotline & Citizen  
Advocacy**  
447-1625 or 1-800-332-2272

**Helena Caregiver's Support Group**  
P.O. Box 472, Helena 437-2079  
[julie/massey@gmail.com](mailto:julie/massey@gmail.com)

**Helena Police Department**  
221 Breckenridge, Helena  
Non-Emergency 442-3233  
Emergency 911  
Crime Stoppers 443-2000  
Accident & Crime Reports 447-8461

### *Notes*

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**Hospice of St. Peter's Community**

**Hospital**

2475 Broadway – St. Peter's Hospital,  
Helena 447-2462

Lending library with excellent materials on  
grief and loss (books, videotapes, and  
pamphlets.) Reprints of helpful articles  
are available.

**NAMI Montana** [www.namimt.org](http://www.namimt.org)

443-7871

**Narcotics Anonymous**

1-800-990-6262

Meets at ALANO Club 1432 Gallatin.

Meeting times call: 443-9855

**Overeaters' Anonymous** 449-4943

Meetings Monday & Thursday, 7 p.m. at  
Susanna's Place 512 Logan Street, Room  
204 and Saturday, 9 a.m. Room 104.

**Social Gatherings**

Information Shirley Bennett 442-3020

An opportunity for socializing with others  
who have lost a partner. Meet at Senior  
Center – 200 South Cruse, the 3<sup>rd</sup>  
Thursday of each month 5:30 P.M. winter  
months.

**Young and Widowed** 443-7624

**National, Hotlines, Information and Self-Help Support Groups**

800 Alcohol 1-800-ALCOHOL  
1-800-252-6465

1-800-448-3000

Abortion Hotline 1-800-772-9100

Brain Injury Association 1-800-444-6443

AIDS Info Clearinghouse  
1-800-458-5231

Cancer Information Service  
1-800-4-CANCER 1-800-422-6237

Addictions Referral Network  
1-800-577-4341

CDC National HIV & AIDS Hotline  
1-800-232-4636

Al-Anon/Alateen 1-800-356-9996

CDC National Sexually Transmitted  
Diseases 1-800-227-8922

Al-Anon Family Groups, Inc.  
1-800-870-3400

Center for Substance Abuse Treatment  
National Hotline 1-800-662-4357

Alzheimer's Disease Education & Referral  
Center 1-800-438-4380

Nation Wide Problem Gambling Helpline  
1-800-482-TALK 1-800-482-8255

American Trauma Society  
1-800-556-7890

CSAP's National Clearinghouse for  
Alcohol & Drug Info. 1-877-726-4727  
1-800-967-5752

Boys' Town National Hotline

Down's Syndrome	1-800-221-4602	National Rehabilitation Information Center	1-800-34-NARIC	1-800-346-2742
Dyslexia International	1-800-222-3123	National Runaway Switchboard		1-800-621-4000
National Health Information Center	1-800-336-4797	Relapse Prevention Hotline - Phoenix House	1-800-RELAPSE	1-800-735-2773
National Institute of Mental Health, Depression & Panic Disorder Hotline	1-800-421-4211	Y-ME National Breast Cancer Hotline		1-800-221-2141

## Thrift Stores

### Good Samaritan

442-0780

P.O. Box 5177, 3067 North Montana, Helena 59601 [www.goodsamministries.com](http://www.goodsamministries.com)  
Provides shelter and general assistance. The Thrift Store sells or gives out clothing, furniture, & household items. Eligibility is on a case-by-case basis. Open M-F9-8, Sat. 9-7, & Sun. 10-6.

### Goodwill Industries Thrift Store

457-1325

1100 Roadrunner Drive, Helena  
M-Sat. 9-7 and Sun. 11-6  
Provides vocational training for individuals with disabilities, as well as people who are unemployed due to educational or vocational disadvantage. Clothing, furniture, household items, and a durable medical equipment loan closet.  
**M – Sat. 9 – 7** and Sun. 11 – 6.

### Helena Industries Thrift Store

2109 N Last Chance Gulch, Helena  
406-442-2033

Helena Industries is a private, not-for-profit corporation dedicated to serving individuals with disabilities by providing training and work opportunities tailored to the individual's interests and abilities

### Montana National Guard Thrift Store

Fort Harrison 324-3375

### Montana Veteran's Foundation Thrift Store

406-449-3222 or 422-2098  
1400 Joslin, Helena  
Work program for unemployed veterans. Every purchase goes directly to veteran wages and store expenses.

## Transportation

### Broadwater Health Center – “Old Baldy” Transportation

Townsend 266-3186

### Eagle Emergency Transfer Services

Helena 441-9111  
Offer emergency and non-emergency transfers via ambulance.

### **Helena Area Transit (HATS)**

630 North Main, Helena Handicap Permit:  
447-8328 447-1580  
Curb to curb services within Helena. M-F,  
7 - 5 (excluding holidays).  
Full fare \$1.50 one way. Age 55 and over  
& Handicap - \$.85.

### **Medicaid Transportation Program**

1-800-292-7114  
Must have 24 hour notice and be  
Medicaid eligible.

### **Mountain View Medical Center Bus**

16 West Main Street, White Sulphur  
Springs 1-406-547-3321

### **Old Trapper Taxi – Capitol Taxi**

24 hours a day - within city limits \$6 and  
up. 449-5525 Office 443-3256

### **Out of State Travel Assistance:**

Angel Flight – [www.angelflightwest.org](http://www.angelflightwest.org)  
National Air Patient Travel 1-888-426-2643  
[www.patienttravel.org](http://www.patienttravel.org) 1-800-296-1217

### **Senior Transportation**

Rocky Mountain Development Council  
P.O. Box 1717, 200 South Cruse Avenue,  
Helena 447-1680  
For RMDC senior volunteers and nutrition  
programs within Helena city limits.

### **Whitehall Senior Center Bus**

P.O. Box 87, 3 North Division Street,  
Whitehall 1-406-287-5336

## **Veteran's Organizations**

### **American Legion Post No. 2**

443-9790

American Veteran's Transportation  
447-7763

### **Bozeman Veteran's Clinic**

582-5300

### **Disabled American Veterans**

495-2089

### **Family Assistance Center**

<http://montanaguardfamily.org>

Helena – 324-3232

Glasgow – 228-2932

Missoula – 329-2180 (Extension 111)

Billings – 655-6200

Great Falls – 731-4900

### **Homeless Veteran's Office**

447-6064 or 447-6045

### **State Veterans Affairs Office**

841-3740

### **VA Montana Health Care System,**

**Patient Representative** 447-7990

### **Vet-to-Vet, PTSD Support, Helena Area**

447-6000

### **Veterans Administration, Meagher**

**County Senior Center** 1-406-388-4601

### **Veteran Outreach, Employment**

**Consultant, Helena** 442-3228

### **Veterans of Foreign Wars, Helena**

443-8757

## **Veterans of Foreign Wars, East Helena**

227-8163

## **Willis Cruse House VA Transitional**

**Center, 1112 Leslie**

495-6098

## **Veterans Administration Medical**

**Center**

Fort Harrison, MT 442-6410

Medical and surgical hospital care. Inpatient/outpatient services. Rehabilitation services, alcohol and drug treatment, physical therapy. Counseling and social work services available with discharge planning to community care facilities. Readjustment counseling services available to Vietnam Era Veterans. Services for the blind.

## **Veterans Administration Regional**

**Office**

Fort Harrison 1-800-827-1000

Provides financial compensation for injury during active service. Pension, Home Loans, and Educational Loans. Income requirements apply.

## **V.F.W. Department of Montana**

Fort Harrison 59636

495-2086

The objectives of this organization are fraternal, patriotic, historical, & educational; to preserve & strengthen comradeship among its members; to assist worthy comrades; to perpetuate the memory & history of our dead, & to assist their widows & orphans.

## **Volunteer Organizations**

### **AARP Montana**

1-866-295-7278 or 441-2277

30 West 14<sup>th</sup> Street, Suite 301, Helena

[www.aarp.org](http://www.aarp.org)

### **Augusta Volunteers**

Call the Senior Center to setup 562-3623

### **Big Brothers Big Sisters**

30 W 6<sup>th</sup> Avenue, Helena 442-7479

Fax 449-6421

Accepts referrals for any child who needs the companionship of an adult other than parent or legal guardian and helps to establish good adult/child relationships and friendships.

### **Foster Grandparent Program**

Rocky Mountain Development Council

447-1680 or 1-800-356-6544

Fax 447-1629 [www.rmdc.net](http://www.rmdc.net)

Foster Grandparents give their time and love to children in places such as daycare centers, school systems, Head Start programs, & various other non-profit agencies serving children who have needs that range from mental to physical disabilities to the everyday emotional needs of latch key children.

### **Hospital Volunteers**

St. Peter's Hospital, Helena 444-2135

**Retired and Senior Volunteer Program (RSVP)**

Rocky Mountain Development Council  
447-1680  
1-800-356-6544 Fax 447-1629  
[www.rmdc.net](http://www.rmdc.net)

Provides volunteer opportunities to people 55 years old and older regardless of income. Job assignment is made in accordance with the talents, skills, and interests of the volunteer. The RSVP program enables communities to continue to reap the benefits of the knowledge, expertise, and experience senior citizens have to offer. Contact the RSVP Director.

**Senior Companion Program**

Rocky Mountain Development Council  
406-447-1680 or 1-800-356-6544  
447-1686 (TDD) 447-1629 (Fax)  
[www.rmdc.net](http://www.rmdc.net)

Brings together volunteers age 55+ and over with adults who need help with the simple tasks of day-to-day living. The program’s goal is to help homebound seniors and adults with special needs continue living in their own homes as independently as possible.

**Senior Corps of Retired Executives, (SCORE) Small Business**

**Administration** 441-1094  
10 West 15<sup>th</sup> Street, Suite 1100, Helena

**Splashes of Joy** 459-5652

P.O. Box 4173 Helena, MT 59604  
A Montana-based, nonprofit organization that provides gifts and services from community donations to ill or homebound people.

**Volunteer Helena at United Way of Lewis & Clark County** 442-4360  
[www.VolunteerHelena.com](http://www.VolunteerHelena.com) is a website dedicated to connecting people interested in volunteering to agencies in need of volunteers.

***Did You Know?***

You are eligible for a “Welcome to Medicare” wellness physical exam within the first six month after you become eligible for Medicare coverage. This one-time benefit is designed for health promotion and disease detection.

Medicare also offers preventive services at no cost\* to the consumer:

- Yearly “Wellness” visits
- Cardiovascular Screening
- Breast Cancer Screening
- Cervical & Vaginal Cancer Screening
- Correctol Cancer Screening
- Prostate Cancer Screening
- Shots
- Bone Mass Measurements
- Diabetes Screenings, Supplies, and Self-management training
- Medical Nutrition Therapy
- Glaucoma Tests
- Tobacco Cessation Therapy
- HIV Screening

\*Costs may be incurred with associated procedures (ie: blood tests, minor surgery, toxicity screens, urine analysis, etc...)

## ***Did You Know?***

### **Residents of Long-Term Care (Nursing homes and Assisted Living Facilities) have the rights to including, but not limited to:**

- Be treated with dignity and respect
- Be fully informed prior to admission of their rights, services available and all charges
- To be transferred or discharged against your wishes only for specified reasons provided by law; to be given at least 30 days written notification of such moves outside the facility; and to be informed of your appeal and readmission rights
- To be fully informed by a physician of your medical condition; to be given the opportunity to participate in the planning of your medical treatment
- To be free from chemical and physical restraint
- To voice grievances without fear of retaliation
- To send and receive personal mail
- To be assured privacy for visits by your spouse or to be permitted to share a room with your spouse if she/he is also a resident
- Associate and communicate privately with any person of their choice
- Access to an Ombudsman
- Have personal and medical records kept confidential
- To file a complaint or recommend changes in policies and services for yourself or others to the resident council, facility staff and/or outside representatives to be free from restraint, interference, coercion, discrimination or reprisal; and to be informed by the facility of the outcome of any complaints presented; or to ask a state agency or Ombudsman for assistance in resolving grievances
- To examine the results of the most recent state or federal inspection of the facility and any plan of correction

Montana Long-Term Care Resident's Bill of Rights, Title 50, Chapter 5, Montana Codes Annotated





### **What is Rocky Mountain Development Council or RMDC?**

We are a nonprofit human resources community action organization. In an IRS framework, we are a 501 (c) (3) nonprofit corporation. We are not a government agency, though we are well positioned to apply for and use public grant dollars and match those with private funding.

### **What does Area IV Agency on Aging do at RMDC?**

Under the 1965 Older Americans Act, we are an advocacy program that offers a wide range of services to assist individuals 60+ and those under 60 with a disability to help them preserve their independence and dignity. Our services include: Case Management, Information & Assistance (I&A), State health Insurance Program (SHIP), and Long-term Care Ombudsman.

### **Rocky Mountain Development Council Programs and Services:**

RMDC administers a wide range of programs, most all of which address poverty or isolation. In its 45 year history, RMDC has included other programs that ultimately became independent or separate. Helping to launch or foster new programs is a part of our mission. At the moment, we include these programs:

- **Community Mental Health Programs:** Our Place Drop In Center, Compeer, Kids Mental Health Advocate Program.
- **Energy Assistance:** Low Income Energy Assistance (LIEAP) , Weatherization, and Energy Share.
- **Food & Nutrition Programs:** Senior Center meals, Meals on Wheels, senior commodities, and Kids' Feed N' Fun.
- **Head Start**
- **Homelessness Prevention and Assistance.**
- **Housing and Community Development:** housing for seniors, families, and individuals with disabilities who are on limited incomes; the High School House Program, and First Time Homebuyers and Money Management Classes.
- **Montana Youth Homes.**
- **Rocky Mountain Preschool.**
- **Senior Information and Services:** Area IV Agency on Aging, Home and Community Based Senior Services, Information and Assistance, Ombudsmen for Assisted Living & Nursing Homes, Senior Centers, Senior Transportation.
- **Volunteer Opportunities:** Compeer, Foster Grandparents, Senior Companions, and Retired Senior and Volunteer Programs.