## **FOR RESERVATIONS**

## **TOWNSEND SENIOR CENTER MENU**

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CALL 266-3995	August 2017	

TUESDAY    TUESDAY   TUESDAY   THURSDAY   FRIDAY			1 10.9 0.0 0 = 0 1 1		
HAMBURGER ON A BUN LETTUCE & TOMATO MIXED VEGGIES GARDEN SALAD FRESH FRUIT  SPAGHETTI WIMEAT SAUCE STEAMED BROCCOLI GARDEN SALAD APPLESAUCE APPLESAUCE  BAKED CHICKEN RICE PILAF KEY LARGO VEGGIES GARDIN SALAD PICALES BAKED TOTATOES GERMAN VEGGTBALES APRICOTS  BAKED TOTATOES GERMAN VEGGTBALES APRICOTS  BAKED CHICKEN RICE PILAF KEY LARGO VEGGIES BAKED APPLES  BAKED TOTATOES GERMAN VEGGTBALES APRICOTS  BAKED TOTATOES GARDIN CHEESE CALFORNIA VEGGIES BAKED APPLES BAKED APPLES  CALFORNIA VEGGIES BAKED APPLES  BAKED TOTATOES GARDIN CHEESE CALFORNIA VEGGIES BAKED APPLES BAKED APPLES  BAKED TOTATOES GERMAN VEGGIES GARDIN CHEESE CALFORNIA VEGGIES BAKED APPLES  BAKED TOTATOES GARDIN CHEESE CALFORNIA VEGGIES BAKED APPLES  BAKED PORK CHOPS STEAMED POTATOES CARROTS MIXED FRUIT  BAKED PORK CHOPS STEAMED POTATOES GREEN BEANS APPLESAUCE  BAKED TOTATOES GREEN BEANS BAKED CHICKEN MASHED POTATOES BAKED TOTATOES GREEN BEANS BAKED CHICKEN BAKED CHICKEN BAKED GARDIN CHEESE CARROTS BAKED APPLES  BAKED TOTATOES GREEN BEANS BAKED CHICKEN BAK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPAGHETTI WİMEAT SAUCE STEAMED BROCCOL GARDEN SALAD GARLIC BREAD APPLESAUCE  14 FISH PATTIES TATER TOTS GERMAN VEGETABLES 4 BEAN SALAD PEARS PEARS BAKED POTATOES GOLDEN CORN PEARS GREEN BEANS APPLESAUCE  BAKED POTATOES GREEN BEANS APPLESAUCE  BAKED POTATOES GREEN BEANS APPLESAUCE  BAKED CHICKEN MASHED POTATOES BRAKED COLESLAW SPICED APPLES  COLESLAW SPICED APPLES  GREEN BEANS APPLESAUCE  BAKED COLESLAW MANDARIN ORANGES  BAKED COLESLAW MANDARIN ORANGES  BAKED COLESLAW MANDARIN ORANGES  BAKED BEANS MACARONI SALAD TOSSED SALAD FRUIT MIX		LETTUCE & TOMATO MIXED VEGGIES GARDEN SALAD	CHICKEN ALA KING MASHED POTATOES CALIFORNIA VEGGIES	POLISH SAUSAGE STEAMED POTATOES CAPRI VEGTABLES JUICY PEACHES	STROGANOFF PEAS & CARROTS 4 BEAN SALAD
FISH PATTIES TATER TOTS GERMAN VEGETABLES 4 BEAN SALAD PEARS  21  22  MEATLOAF STEAMED POTATOES GOLDEN CORN 4 BEAN SALAD PINEAPPLE  STEAMED POTATOES GOLDEN CORN 4 BEAN SALAD PINEAPPLE  28  MEXICAN TACOS LETTUCE, TOMATOES CARROTS MIXED FRUIT FRUIT  SWEDISH MEATBALLS MASHED POTATOES CARROTS CARROTS MIXED FRUIT STEAMED POTATOES STEAMED POTATOES GREEN BEANS APPLESAUCE  BAKED CHICKEN MASHED POTATOES BAKED CHICKEN MASHED POTATOES BROCCOLI SPEARS FRESH FRUIT  PICKLED BEETS JUICY PEARS  SLOPPY JOES BAKED BEANS SPANISH RICE  SCRAMBLED EGGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES RESH FRUIT FRUIT JUICE  SCRAMBLED EGGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO CRISPY BACON FRENCH TOAST FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CRISPY BACON FRENCH TOAST KEY LARGO CRISPY BACON FRENCH TOAST FRESH FRUIT FRUIT JUICE  SCRAMBLED EGS CAKE SILOP FRUIT HAND FRUIT JUICE  SCRAMBLED EGS CARROTS BALED LARGO CRISPY BACON FRENCH TOAST FRUIT TOAST FRESH FRUIT FRUIT JUICE  STAMBLED EGS CARROTS FRESH FRUIT FRUIT TOA	STEAMED BROCCOLI GARDEN SALAD GARLIC BREAD	RICE PILAF KEY LARGO VEGGIES PICKLED BEETS MIXED FRUIT	SWEET-N-SOUR PORK FRIED RICE GARDEN PEAS COLESLAW	SALISBURY STEAK MASHED POTATOES GREEN BEANS 4 BEAN SALAD	BBQ PORK SANDWICH BAKED BEANS MIXED VEGETABLES SPAGHETTI SALAD
MEATLOAF STEAMED POTATOES GOLDEN CORN 4 BEAN SALAD PINEAPPLE  28 MEXICAN TACOS LETTUCE, TOMATOES CHEESE & SOUR CREAM REFRIED BEANS SPANISH RICE  BAKED HAM SWEET POTATOES STEAMED POTATOES GREEN BEANS APPLESAUCE  BAKED PORK CHOPS STEAMED POTATOES GREEN BEANS APPLESAUCE  BAKED CHICKEN MASHED POTATOES BROCCOLI SPEARS FRESH FRUIT  DELI SANDWICHES POTATO SALAD PICKLED BEETS JUICY PEARS  STEAMED POTATOES BROCCOLI SPEARS FRESH FRUIT  DELI SANDWICHES POTATO SALAD PICKLED BEETS JUICY PEARS  TATER TOTS COLESLAW MACARONI SALAD FRUIT MIX	FISH PATTIES TATER TOTS GERMAN VEGETABLES 4 BEAN SALAD	HAPPY BIRTHDAY BAKED TURKEY STEAMED POTATOES CALIFORNIA VEGGIES BAKED APPLES	SWEDISH MEATBALLS MASHED POTATOES CARROTS	MAKE YOUR OWN CHEF SALAD (HAM, TURKEY, BOILED EGGS LETTUCE, TOMATO, CHEESE) CARROT & CELERY STICKS	SCRAMBLED EGGS CRISPY BACON FRENCH TOAST KEY LARGO VEGGIES FRESH FRUIT
MEXICAN TACOS LETTUCE, TOMATOES CHEESE & SOUR CREAM REFRIED BEANS SPANISH RICE  BBQ RIBLETS TATER TOTS BAKED BEANS COLESLAW MANDARIN ORANGES FRUIT MIX  BBQ RIBLETS TATER TOTS BAKED BEANS COLESLAW MANDARIN ORANGES FRUIT MIX	MEATLOAF STEAMED POTATOES GOLDEN CORN 4 BEAN SALAD	BAKED HAM SWEET POTATOES PEAS & CARROTS COLESLAW	BAKED PORK CHOPS STEAMED POTATOES GREEN BEANS	BAKED CHICKEN MASHED POTATOES BROCCOLI SPEARS	DELI SANDWICHES POTATO SALAD PICKLED BEETS
	MEXICAN TACOS LETTUCE, TOMATOES CHEESE & SOUR CREAM REFRIED BEANS SPANISH RICE	BAKED COD FRIED RICE ORIENTAL VEGGIES GARDEN SALAD PEACHES	BBQ RIBLETS TATER TOTS COLESLAW	SLOPPY JOES BAKED BEANS MACARONI SALAD TOSSED SALAD FRUIT MIX	

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