

STATE OF MONTANA						
Community Services Block Grant Work Plan for the Grant Year 2016-2017 Outcomes Submitted: April 22, 2017						
Agency Name & Address			Phone Number			
Rocky Mountain Development Council			1-406-457-7323	By: Kathy Marks		
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Initiatives		Projected Outcome	NPI	NPI Description	Measurement	Actual Outcome
Identify the activity and briefly describe how it will be accomplished. Be sure to provide the # of clients served or the units offered.		# and % of clients/units to achieve each outcome.	National Performance Indicator	National Performance Indicator	Identify how we are measuring success.	Describe the actual outcome achieved.
EDUCATION GOAL: Early Childhood Education Goal: Ensure low-income children ages three to five get the readiness skills necessary to achieve and advance in school. Ensure that the parents of these children are better prepared to help their children achieve their goals.						
Key Needs Assessment Findings: Key Needs Assessment Finding: According to the Rocky Mountain Development Council, Inc. (District VIII) Head Start Program's tri-ennial Comprehensive Community Assessment completed during the Fall of 2014, there are approximately 3,867 children under age five living in the District. Of those, an average of approximately 9.5% are living in poverty. Education is an important tool in helping fight poverty; studies and information to support this is abundant on the Internet. Other findings support that quality early childhood education is a factor in high school graduation rates; hence the need to offer quality early childhood education through programs such as Head Start.						
District VIII (RMDC, Inc.) will provide a comprehensive early childhood development program for 236 children (funded enrollment) and their families in Lewis and Clark, Jefferson, and Broadwater Counties. School-readiness activities, nutritious meals, health and developmental screenings, transportation, social services and parent education and involvement are components of the program. 236 children will be healthy and physically prepared for school as defined by their having the following as participants in Head Start: 1) health screenings [vision, hearing and growth assessment], 2) well child exam, 3) dental exam, 4) on-going hand washing instructions, 5) education and availability of nutritious foods, 6) on-going assessment by classroom staff on strengths and concerns in areas of social/emotional, physical, and cognitive development, 7) daily movement activities through outdoor play, music and movement, "Walking & Moving Wednesdays", etc.		236/236 or 100% children will be healthy and physically prepared for school as defined by their having the following as participants in Head Start: 1) health screenings [vision, hearing, and growth assessment], 2) well child exam, 3) dental exam, 4) on-going hand-washing instruction, 5) education and availability of nutritious foods, 6) on-going assessment by classroom staff on strengths and concerns in areas of social/emotional, physical, and cognitive development, 7) daily movement activities through outdoor play, music and movement, "Walking & Moving Wednesdays", etc.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals.	Head Start Program Information Report (PIR)	264 children received age-appropriate immunizations, medical, and dental care.
District VIII (RMDC, Inc.) will provide a comprehensive early childhood development program for 236 children (funded enrollment) and their families in Lewis and Clark, Jefferson, and Broadwater Counties to include nutritious meals.		236/236 or 100% of children will receive nutritious meals.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals.	Head Start CACFP Meal Summary Reports	267 children had improved physical development as a result of adequate nutrition.

District VIII (RMDC, Inc.) will provide a comprehensive early childhood development program for 236 children (funded enrollment) and their families in Lewis and Clark, Jefferson, and Broadwater Counties to include nutritious meals.	55,771 meals will be served.	6.5	The number of services provided to low-income individuals and/or families.	Meal Reports	36,406 meals were served through the Head Start Program.
District VIII (RMDC, Inc.) will provide a comprehensive early childhood development program for 236 children (funded enrollment) and their families in Lewis and Clark, Jefferson, and Broadwater Counties to include school-readiness activities.	236/236 or 100% of children will develop school readiness skills	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals.	Head Start Teaching Strategies Gold® Assessments	267 children participated in pre-school activities creating school readiness.
District VIII (RMDC, Inc.) will provide a comprehensive early childhood development program for 236 children (funded enrollment) and their families in Lewis and Clark, Jefferson, and Broadwater Counties to include on-going assessment by classroom staff on strengths and concerns in areas of social/emotional, physical, and cognitive development.	236/236 or 100% of children will receive on-going assessment by classroom staff.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals.	Head Start Creative Curriculum Assessments	267 children received ongoing assessment by classroom staff and were deemed developmentally ready to enter kindergarten.
Head Start staff will model developmentally appropriate relationship and child guidance skills with children and families and provide (and also refer) parents to parenting classes.	472/472 or 100% of parents will be supported in their role as parent and feel more confident in parenting.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals.	Annual Parent Survey, Head Start PIR	365 parents participated and exhibited improved parenting skills.
Parents learn and exhibit improved family functioning skills.	472/472 or 100% of parents will be supported in their role as parent to learn and exhibit improved family functioning skills.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals.	Annual Parent Survey, Head Start PIR	364 parents participated and exhibited improve family functioning skills.
Head Start will offer transportation services to select sites.	Approximately 32/236 or 13% of children will receive transportation services via Head Start.	1.2	The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.	Head Start PIR	21 out of 30 children (those at Eastgate School) received transportation services.
Children with disabilities will receive transportation services to the Head Start/Helena Public School Collaboration classroom.	12/236 or 5% of children will receive transportation services via Head Start's partnership with Helena Public Schools.	1.2	The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.	Head Start Monitoring Information	22 out of 30 children (those receiving services in Helena) received transportation services through Head Start via a partnership with Helena Public Schools
Head Start staff will provide professional development to other staff members and members of the Program's governing bodies. Head Start staff and governing body members will be provided opportunities for professional development to enhance their professional and leadership skills.	3/47 or 6% Head Start staff will provide professional development opportunities in the disciplines of family and child development.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Head Start Professional Development Records	3 Head Start staff members provided professional development opportunities.

The number of staff that will attended training in 2016/2017 and the number of hours spent in training.	47 Head Start staff will have the opportunity to attend professional development.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Head Start Individual Professional Development Records	58 Head Start staff members received professional development training totaling 3,016 hours.
The number of staff that will attended training in 2016/2017 and the number of hours spent in training.	32 classroom-based staff will receive professional development on child observation and assessment involving Teaching Strategies Gold's on-line assessments.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Head Start Individual Professional Development Records	32 classroom staff members received professional development.
The number of Governing Body Members will receive training in 2016/2017.	15/20 or 75% of the Governing body members will receive at least 2 hours of professional development about Head Start.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Professional Development Attendance Records	15 members of the RMDC board of directors received Head Start training.
Head Start will promote and achieve its Program's outcomes with the help of its communities.	30 organizations and 30 partnerships will be developed with community organizations and Head Start.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Annual Community Partnerships List	45 organizations with 183 partnerships were developed or enhanced with organizations and other agencies.
Head Start will encourage and promote volunteerism to enhance the program and to promote parent leadership. Head Start will encourage low-income individuals to participate and volunteer in the program to honor shared decision-making.	236/472 or 50% parents will be involved in the Head Start program for at least two hours each year.	2.3	The number of community members working with Community Action to improve conditions in the community.	Head Start In-kind Records, Head Start PIR	534 parents were involved in the program.
Head Start will encourage and promote volunteerism to enhance the program and to promote parent leadership. Head Start will encourage low-income individuals to participate and volunteer in the program to honor shared decision-making.	20/236 or 8% of Head Start parents will be involved in parent leadership.	3.2	The number of low-income people mobilized as a direct result of Community Action initiative to engage in activities that support and promote their own well-being and that of their community.	Head Start In-kind Records	20 Head Start parents were involved in parent leadership.
Head Start will encourage and promote volunteerism to enhance the program and to promote parent leadership. Head Start will encourage low-income individuals to participate and volunteer in the program to honor shared decision-making.	100 hours will be volunteered by community members.	3.1	The number of volunteer hours donated to Community Action.	Head Start In-kind Records	616 hours were provided to the Head Start Program by 82 community volunteers
Head Start will encourage and promote volunteerism to enhance the program and to promote parent leadership. Head Start will encourage low-income individuals to participate and volunteer in the program to honor shared decision-making.	6 low-income individuals will serve on committees, advisory teams and boards.	3.1	The number of volunteer hours donated to Community Action.	Head Start In-kind Records	15 low-income individuals served on committees, advisory teams, and boards.

ENERGY ASSISTANCE GOAL: To reduce energy costs for low-income families, particularly for the elderly, people with disabilities, and children, by improving the energy efficiency of their homes while ensuring their health and safety. Funds are used to improve the energy efficiency of low-income homes using the most advanced technologies and testing protocols available in the housing industry. The energy conservation resulting from the efforts of state and local agencies helps our country reduce its dependence on foreign oil and decrease the cost of energy for families in need while improving the health and safety of their homes.

Key Needs Assessment Findings: The high cost of heating homes is exacerbating the housing affordability problem across Montana. While we know that nearly half of homes in the District VIII (RMDC, Inc.) (Lewis and Clark, Jefferson, and Broadwater Counties) service area were experiencing high energy burdens in 2010 when the last Census was completed. According to the State and Metropolitan Area Data Book for the 2010 U.S. Census Bureau, household energy expenditures within the state of Montana increased by 51.2% from 2000 to 2007. Weatherizing homes can go a long way toward softening the financial burden associated with high heating costs in a cold climate zone. Combined savings for energy and non-energy benefits show Weatherization returns at \$2.51 for every \$1 invested.

Low Income Energy Assistance Program (LIEAP): Emergency fuel or utility payments funded by LIEAP or other public or private funding sources.	531/674 or 78% of individuals seeking services will have reduced energy costs thereby allowing family income in each home to be used for other family necessities.	6.2B	The number of low-income individuals served by Community Action who sought emergency assistance and the number of those individuals for whom assistance was provided.	CDS	735 out of 856 (86%) families seeking services received energy assistance through LIEAP.
Low Income Energy Assistance Program (LIEAP): Senior, Disabled or Vulnerable obtained non-emergency LIEAP energy assistance.	1903/1922 or 99% of low-income individuals who are unable to work and seeking services will receive non-emergency LIHEAP energy assistance.	6.4G	Low-income people who are unable to work, especially seniors, adults with disabilities, and caregivers, for whom barriers to family stability are reduced or eliminated, as measured by one or more of the following: Obtained non-emergency LIHEAP energy assistance.	CDS	2,354 out of 2,547 (92%) people unable to work for various reasons were provided energy assistance through LIEAP.
Low Income Energy Assistance Program (LIEAP): Individuals able to work obtained non-emergency LIEAP energy assistance.	1702/1762 or 96% of low-income individuals seeking services will have reduced or eliminated barriers due to assistance through LIEAP.	1.2J	The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.	CDS	1,977 out of 2,221 (89%) of low-income individuals seeking services had barriers reduced due to assistance from LIEAP.
Low Income Energy Assistance Program (LIEAP) & WX: will partner with both public and private organizations in order to achieve family and community outcomes.	77 organizations and 85 partnerships will be formed with community partners.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	LIEAP Records	38 organizations with 38 partnerships were formed with community partners.
Low Income Energy Assistance Program (LIEAP): staff will participate in annual training.	4 Weatherization Staff will attend training	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	LIEAP Records	6 staff members received training.

Low Income Energy Assistance Program (LIEAP): staff acquired the following hours of training.	36 hours will be acquired in staff trainings.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	LIEAP Records	261 hours were provided in staff trainings.
Energy Share Program: RMDC, Inc. will help at least 163 households facing emergency situations with their energy costs.	163/295 or 55% of households that still face emergency situations with their energy costs after being helped by LIEAP should be helped by Energy Share	6.2	The number of low-income individuals served by Community Action who sought emergency assistance and the number of those individuals for whom assistance was provided.	CDS	219 out of 295 applications were approved and received Energy Share assistance.
Weatherization: Seniors, Disabled or Vulnerable individuals obtained non-emergency energy assistance.	59/1921 or 3% of low-income households who are unable to work and seeking assistance will have reduced or eliminated barriers.	6.4H	Low-income people who are unable to work, especially seniors, adults with disabilities, and caregivers, for whom barriers to family stability are reduced or eliminated.	CDS, weatherization files	69 out of 2,372 low-income households of those unable to work had reduced barriers due to Weatherization on their homes.
Weatherization: Individuals able to work obtained non-emergency WX energy assistance.	55/1732 or 3% of low-income households seeking assistance will have reduced or eliminated barriers through assistance from Community Action.	1.2K	The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.	CDS, weatherization files	75 out of 2,005 low-income households of those able to work had reduced barriers due to Weatherization on their homes.
Weatherization: Emergency car or home repair (i.e. structural, appliance or heating systems.)	149 out of 149 low-income individuals received emergency heating system repairs.	6.2D	The number of low-income individuals served by Community Action who sought emergency assistance and the number of those individuals for whom assistance was provided.	CDS, weatherization files	344 out of 344 low-income individuals received emergency heating system repairs.

FOOD & NUTRITION GOAL: RMDC's Food and Nutrition Programs aim to provide healthy, nutritious food to children and seniors in the Tri-County Area. Due to poverty, inability, health, and lack of socialization many of our clients are unable to access healthy, nutritious food to sustain their selves. By providing meals through Head Start, Preschool, Home Delivered Meals, and Congregate meals 5 days a week, and Commodity Supplemental Food every other month RMDC's Food and Nutrition Program helps ensure that clients are not food insecure.

Key Needs Assessment Findings: Key Needs Assessment Finding: As poverty takes hold of families, the condition can persist through generations. Montana currently ranks 16th for the highest poverty rate in the nation. According to the 2009-2013 American Community Survey through the U.S. Census Bureau, 15.4% of households in Montana are living in poverty.

MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Program will promote continued independence through the provision of home delivered meals to homebound seniors.	511 home-bound seniors and other adults with special needs seeking assistance will be provided home delivered meals during the course of the grant year.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	MASTS, Office Files	580 home-bound seniors and other adults with disabilities received home delivered meals.
MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Program will promote continued independence through the provision of home delivered meals to homebound seniors.	511 out of 511 home-bound seniors and other adults with special needs will receive emergency food by way of the Meals on Wheels Program.	6.2	The number of low-income individuals served by Community Action who sought emergency assistance and the number of those individuals for whom assistance was provided.	MASTS, Office Files	580 home-bound seniors and other adults with disabilities received home delivered meals (emergency because without the food, they would have to be institutionalized).
MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Program will promote continued independence through the provision of home delivered meals to homebound seniors.	58,000 meals will be provided to low-income individuals by way of Meals on Wheels.	6.5	The number of services provided to low-income individuals and/or families.	MASTS, Office Files	67,557 meals were delivered to low income individuals through the Meals on Wheels Program.
MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Program will promote continued independence through the provision of home delivered meals to homebound seniors with the assistance of community volunteers.	6 community volunteer will volunteer their time to Meals on Wheels.	2.3	The number of community members working with Community Action to improve conditions in the community.	Office Files	4 community members volunteered their time to deliver home delivered meals.
MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Program will promote continued independence through the provision of home delivered meals to homebound seniors with the assistance of community volunteers.	416 hours will be donated by community volunteers.	3.1	The number of volunteer hours donated to Community Action.	Office Files	480 hours were donated by the 4 community members.
MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Program will promote continued independence through the provision of home delivered meals to homebound seniors in part through the partnerships developed with the community.	43 Partnerships with 43 Organizations will be developed by the Meals on Wheels program through community partnerships.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Office Files	54 partnerships with 54 organizations were developed or enhanced with Meals on Wheels
MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Staff will be provided staff training opportunities.	9 Meals on Wheels Staff will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	8 staff members attended training.

MEALS ON WHEELS: The Rocky Mountain Development Council Consolidated Kitchen Staff will be provided staff training opportunities.	171 training hours will be acquired by Meals on Wheels Staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	107 hours of training were acquired by the 8 staff members.
CONGREGATE MEALS: RMDC, Inc. will promote continued independence through the provision of nutritious meals in social congregate settings to seniors and other adults with special needs. 100 percent of the seniors accessing the congregate meal program will experience improved nutrition.	1346 seniors seeking assistance will maintain independent living due to increased nutrition.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	MASTS, Office Files	1,287 seniors were served 35,515 meals through the congregate meals program.
CONGREGATE MEALS: RMDC, Inc. will promote continued independence through the provision of nutritious meals in social congregate settings to seniors and other adults with special needs. 100 percent of the seniors accessing the congregate meal program will experience improved nutrition.	37,518 meals will be provided to low-income individuals by way of Congregate Meals.	6.5	The number of services provided to low-income individuals and/or families.	MASTS, Office Files	35,515 meals were served to 1,287 seniors through the congregate meals program.
CONGREGATE MEALS: RMDC, Inc. will promote continued independence through the provision of nutritious meals in social congregate settings to seniors and other adults with special needs. 100 percent of the seniors accessing the congregate meal program will experience improved nutrition.	1223 out of 1223 low-income individuals received services through the Congregate Meal Program.	6.2	The number of services provided to low-income individuals and/or families.	MASTS, Office Files	1,287 low-income seniors received services through the congregate meals program.
CONGREGATE MEALS: RMDC, Inc. will promote continued independence through the provision of nutritious meals in social congregate settings to seniors and other adults with special needs in part with assistance through community partnerships.	5 community members volunteered their time through the Congregate Meal Program.	2.3	The number of community members working with Community Action to improve conditions in the community.	Office Files	19 community members volunteered time for the congregate meals program.
CONGREGATE MEALS: RMDC, Inc. will promote continued independence through the provision of nutritious meals in social congregate settings to seniors and other adults with special needs in part with assistance through community partnerships.	504 hours were donated to Community Action by community members.	3.1	The number of volunteer hours donated to Community Action.	Office Files	2,028 hours were given by 19 community members.
CONGREGATE MEALS: Kitchen Staff will have the opportunity to attend staff training.	19 Congregate Meals Staff will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	12 staff members attended training
CONGREGATE MEALS: Kitchen Staff will have the opportunity to attend staff training.	171 training hours will be acquired by Congregate Meals Staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	133 hours of training were acquired by the 12 staff members.

CONGREGATE MEALS: RMDC, Inc. will promote continued independence through the provision of nutritious meals in social congregate settings to seniors and other adults with special needs in part with assistance through community partnerships.	35 partnerships will be developed with 35 organizations with the Congregate Meal Program.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Office Files	53 partnerships were developed or enhanced in the Congregate Meals Program.
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties.	1147 of low income seniors seeking assistance will maintain independent living by way of services provided by Community Action.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	Office Files	1,280 low-income senior households received commodities bi-monthly.
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties.	1147 out of 1147 low-income individuals seeking assistance will receive emergency food boxes.	6.2	The number of low-income individuals served by Community Action who sought emergency assistance and the number of those individuals for whom assistance was provided.	Office Files	1,280 low-income senior households received commodities bi-monthly helping to keep them in their homes
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties.	1122 out of 1122 low-income individuals seeking assistance will have reduced barriers due to the Commodity Program.	6.4	Low-income people who are unable to work, especially seniors, adults with disabilities, and caregivers, for whom barriers to family stability are reduced or eliminated.	Office Files	1,280 low-income senior households received commodities bi-monthly helping to keep them in their homes
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties in part through community volunteers.	5 community members volunteered their time through the Commodity Program.	2.3	The number of community members working with Community Action to improve conditions in the community.	Office Files	8 community members volunteered time to the Commodity Program.
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties in part with community volunteers.	248 volunteer hours were donated to the Senior Commodity Program by community members.	3.1	The number of volunteer hours donated to Community Action.	Office Files	2,287 hours were donated by community members.
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties in part through community partnerships.	19 partnerships will be developed with 19 organizations with the Commodity Program.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Office Files	24 partnerships with 24 organizations were developed or enhanced with the Commodities Program.
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program staff will have the opportunity to attend staff training.	2 Commodity Staff will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	5 Commodity staff members received training
SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program staff will have the opportunity to attend staff training.	18 hours will be acquired by Commodity Program Staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	5 staff members received 81 hours of training.

<p>SENIOR COMMODITY PROGRAM: The Rocky Mountain Development Council Senior Commodity Program serves low income seniors at 11 sites through-out Lewis & Clark, Broadwater, Jefferson, and Powell Counties.</p>	<p>8352 food boxes will be provided to low-income seniors seeking assistance.</p>	<p>6.5</p>	<p>The number of services provided to low-income individuals and/or families.</p>	<p>Office Files</p>	<p>7,680 food boxes were provided to low-income seniors through the Senior Commodity Program.</p>
<p>HEAD START MEALS: RMDC will provide nutritious meals as part of their comprehensive early childhood development program.</p>	<p>236 out of 236 families will have reduced barriers due to proper nutrition provided to their children through the Head Start Program.</p>	<p>6.4</p>	<p>Low-income people who are unable to work, especially seniors, adults with disabilities, and caregivers for whom barriers to family stability are reduced or eliminated.</p>	<p>Meal Reports</p>	<p>379 Head Start students received proper nutrition throughout the year.</p>
<p>HEAD START MEALS: RMDC will provide nutritious meals as part of their comprehensive early childhood development program.</p>	<p>55,771 meals will be served.</p>	<p>6.5</p>	<p>The number of services provided to low-income individuals and/or families.</p>	<p>Meal Reports</p>	<p>36,406 meals were served to Head Start students.</p>

HOMELESS PREVENTION AND ASSISTANCE GOAL: Ensure individuals and families that are homeless or at risk of homelessness have access to an array of resources and support in order to prevent homelessness or rehouse those that are homeless.

Key Needs Assessment Findings: In 2015, 354 individuals were counted as homeless by HUD standards on the annual Point in Time survey. In addition, 69 persons were counted as either extremely precariously housed or self-identified as homeless though not meeting the narrow HUD definition of homelessness. In 2015, 38% of "HUD homeless" persons identified on the Point in Time Survey slept outside on January 29, 2015. In 2016, the total increase in homelessness from 2015 on the Point in Time survey is estimated* to be 15%. In 2015, 53% of the respondents have been in the community more than one year as an estimated * by the Point in Time survey. Homelessness projects emerged on the 2010 Helena Area Housing Needs Assessment as the 3rd most needed housing project overall.

<p>Rapid Rehousing and Homeless Prevention Services: To provide financial assistance to eligible individuals and families under the provisions of the United States Department of Housing and Urban Development's (HUD) Emergency Solutions Grant (ESG) according to policies, regulations, and guidelines of the State of Montana's Department of Public Health and Human Services. This assistance will be under two general categories of assistance: (1) Rapid Rehousing which is intended to assist homeless individuals and families move as quickly as possible into permanent housing and achieve stability in that housing and (2) Homeless Prevention which is intended to assist individuals and families who meet the criteria of under the "at risk of homelessness" to assist them to regain stability in their current permanent housing or move into other permanent housing and achieve stability there.</p>	<p>65 out of 65 of individuals will receive assistance through the ESG Program for Rapid Rehousing or Homeless Prevention assistance.</p>		<p>6.2 The number of low-income individuals served by Community Action who sought emergency assistance and the number of those individuals for whom assistance was provided.</p>	<p>HUD IDIS Report, Annual RMDC ESG Files.</p>	<p>47 individuals received assistance through the Emergency Solutions Grant. 111 applied, but only 47 were eligible.</p>
<p>Coalition Development Program: Community efforts to address homelessness are strengthened and supported through information, networking and collaboration.</p>	<p>47 members of the Helena Resource Advocates (HRA) receive information and collaborative opportunities that assist them in meeting the needs of individuals and families that are homeless.</p>		<p>2.3 The number of community members working with Community Action to improve conditions in the community.</p>	<p>Annual CSBG Report</p>	<p>27 community members per month on average (140 community members invited) attended HRA and received information and collaborative opportunities that assist them in meeting the needs of individuals and families that are homeless</p>
<p>Coalition Development Program: Community efforts to address homelessness are strengthened and supported through information, networking and collaboration.</p>	<p>12 agencies participating will carry out annual Point in Time Survey</p>		<p>2.3 The number of community members working with Community Action to improve conditions in the community.</p>	<p>CoC Point in Time Survey Results</p>	<p>33 organizations participated in the Point-In-Time survey and an additional 34 people volunteered to help out with separate pieces of the survey.</p>

HOUSING GOAL: Ensure families, senior citizens, disabled and other disadvantaged people have access to safe, affordable housing to allow them to live independently and with dignity. This is accomplished by competing for funding to rehabilitate and preserve existing affordable housing stock or to develop new affordable housing units configured in response to local needs.

Key Needs Assessment Findings:

Affordability: Nearly half of households (over 7,000) in the District VIII HRDC service area (Lewis and Clark, Broadwater, and Jefferson Counties pay more than 30% of their income for housing and, therefore, are experiencing a housing cost burden. This includes 31.36% (over 2,500) of renters. Of these renters, senior citizens attempting to live on fixed incomes are particularly cost burdened paying on average, 41% of their household income just to secure housing.

Availability: A 2009 / 2010 Helena Area Housing Needs Assessment confirmed a significant shortage of affordable housing for both prospective home owners and for those who rent. For homeowners, the issue is an affordability gap - the difference in what a household can afford to pay toward housing and what housing costs. For renters the shortage of affordable housing is illustrated by low vacancy rates and the high number of people on waiting lists to move into a Helena Public Housing apartment or access housing rental subsidies to assist them in making monthly rental payments. The number of people waiting to rent a one bedroom unit from the Housing Authority currently numbers 289 individuals and their average wait is 285 days. The waiting list for rental vouchers (HUD Section 8 subsidy) is currently 468 households in the region.

Demand: The challenges of securing affordable housing in the near future are only expected to get worse. Consider that census trends predict the population in RMDC's tri-county service area is expected to increase by 50% in the next 20 years. Concurrently the percentage of residents aged 65 and older is expected to increase by an average of 220% in the region in that same time frame. Given these trends and the very modest rate of development of affordable housing units (55 units a year in the last 5 years), the demand for units will become acute. To even come close to keeping pace with the expected demand, the area needs to add approximately 133 units per year and the region is well off that mark. Specific to seniors, a recent Market Study by the Gill Group calculated that the unmet need for affordable rental units for low income seniors was 242 units as of December, 2012. In addition, the demand for rent overburdened elderly households is 1,002 units. Rent overburdened households are those that pay more than 35% of their income for rent. Clearly our community faces some grave housing challenges.

<p>RMDC's Housing Development Program: will continue to aggressively pursue all available funding opportunities to develop additional affordable housing units and/or rehabilitate and preserve existing affordable housing stock. Those funding sources will typically include Low Income Housing Tax Credits, HOME Grants, CDBG Grants and Seattle Federal Home Loan Bank grants or loans. Although the need is greater than can be met by the list of opportunities below, the regulations pertaining to these funding sources effectively preclude RMDC from directly developing more than one project per year.</p>	<p>58 out of 58 families will be accommodated into appropriate, quality housing from the hundreds of homeless or near homeless families identified in the various needs assessments.</p>	<p>2.2 The quality of life and assets in low-income neighborhoods are improved by a Community Action initiative or advocacy.</p>	<p>Housing Development files and progress reports. Each project will be measured as complete with the issuance of a Certificate of Occupancy and or an Architect issued, Certificate of Substantial Completion.</p>	<p>In 2016 one family was accommodated into appropriate, quality housing.</p>
<p>Specific examples of housing development projects planned for the next biennium include the following 3 Projects – 58 Opportunities:</p> <p>(1) High School House – 1 opportunities (2) Townsend Housing Inc. (rehab) - 16 opportunities (3) Serendipity Apartments (rehab) - 44 opportunities</p>	<p>58 out of 58 housing projects will be increased or protected by Community Action.</p>	<p>2.1 Increase in, or safeguarding of, threatened opportunities and community resources or services for low-income people in the community as a result of Community Action projects/initiatives or advocacy with other public and private agencies.</p>	<p>Housing Development files and progress reports. Each project will be measured as complete with the issuance of a Certificate of Occupancy and or an Architect issued, Certificate of Substantial Completion.</p>	<p>One project was increased or protected by Community Action.</p>
<p>RMDC's Housing Management Program: this program will directly manage and maintain 10 separate facilities with 297 rental units of various sizes for low-income and or elderly populations.</p>	<p>297 out of 297 rental units will be safeguarded as a result of Community Action.</p>	<p>2.1 Increase in, or safeguarding of, threatened opportunities and community resources or services for low-income people in the community as a result of Community Action projects/initiatives or advocacy with other public and private agencies.</p>	<p>Corporation housing reports, HUD files.</p>	<p>297 rental units were safeguarded at 10 separate locations</p>

RMDC's Housing Management Program: this program will directly manage and maintain 10 separate facilities with 297 rental units of various sizes for low-income and or elderly populations.	84 community volunteers donated their time either by serving as a board member or working on the high school build.	2.3	The number of community members working with Community Action to improve conditions in the community.	Corporation housing reports, HUD files.	11 community members donated time as board members and 22 students worked on the high school house.
RMDC's Housing Management Program: this program will directly manage and maintain 10 separate facilities with 297 rental units of various sizes for low-income and or elderly populations.	11580 hours will be donated to Community Action.	3.1	The number of volunteer hours donated to Community Action.	Corporation housing reports, HUD files.	4,644 hours were donated by community members and students.
RMDC's Housing Management Program: this program will directly manage and maintain 10 separate facilities with 297 rental units of various sizes for low-income and or elderly populations in part through community partnerships.	45 partnerships will be developed with community organization.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community	Corporation housing reports, HUD files.	55 partnerships were developed and/or enhanced with community organizations.
RMDC's Housing Management Program Staff will be provided an opportunity to attend staff training.	7 Housing Staff will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Corporation housing reports, HUD files.	8 Housing staff members attended trainings.
RMDC's Housing Management Program Staff will be provided an opportunity to attend staff training.	362 hours of training will be acquired by Housing Staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Corporation housing reports, HUD files.	332 hours of training were provided to Housing staff members.
Home Buyer Education & Housing Counseling: this program offers monthly education classes as well on one on one counseling services including budgeting, pre-purchase, credit and financial capabilities and coaching.	435/435 or 100% of low-income households received financial counseling.	1.3	The number and percentage of low-income households that achieve an increase in financial assets and/or financial skills as a result of Community Action assistance, and the aggregated amount of those assets and resources for all participants achieving the outcomes.	CounselorMax/Office Files	389 low income households received financial counseling.
Home Buyer Education & Housing Counseling: this program offers monthly education classes as well on one on one counseling services including budgeting, pre-purchase, credit and financial capabilities and coaching in part through community volunteers.	84 community volunteers donated their time by presenting at the monthly Home Buyer Education Class.	2.3	The number of community members working with Community Action to improve conditions in the community.	Office Files	77 community members donated time at Home Buyer Education classes.
Home Buyer Education & Housing Counseling: this program offers monthly education classes as well on one on one counseling services including budgeting, pre-purchase, credit and financial capabilities and coaching in part through community partnerships and community volunteers.	96 hours were donated by community volunteers.	3.1	The number of volunteer hours donated to Community Action.	Office Files	88 hours were donated by community volunteers at Home Buyer Education classes.

Home Buyer Education & Housing Counseling: this program offers monthly education classes as well on one on one counseling services including budgeting, pre-purchase, credit and financial capabilities and coaching.	156 low-income HBE participants purchased a home.	3.2	The number of low-income people mobilized as a direct result of Community Action initiative to engage in activities that support and promote their own well-being and that of their community	Office Files	24 low-income HBE participants purchased homes. The number is lower this year due to the low number of affordable homes on the market
Home Buyer Education & Housing Counseling: this program offers monthly education classes as well on one on one counseling services including budgeting, pre-purchase, credit and financial capabilities and coaching in part through community partnerships.	24 partnerships were formed with 24 community organizations.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Office Files	30 partnerships were formed/enhanced with 20 partner organizations.
Home Buyer Education & Housing Counseling Staff will be provided staff training.	1 HBE Staff attended training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Employee Files	1 HBE staff attended training.
Home Buyer Education & Housing Counseling Staff will be provided staff training.	76 hours were acquired at training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Employee Files	104 hours of training were acquired by 1 HBE staff member.

Goal Statement: SENIOR INFORMATION AND SERVICES – (A) SENIOR SOCIALIZATION

SENIOR INFORMATION AND SERVICES – SENIOR SOCIALIZATION GOAL: Senior Information and Services – SENIOR CENTERS: Ensure that senior citizens have welcoming access to a social center that offers activities, food, fellowship, and critical information and education. Seniors who participate in such senior center services enjoy demonstrably better health, mental health, and ability to live a more informed and independent a life than counterparts who do not use senior centers as social and nutrition centers or gateways to information.

Senior Information and Services – TRANSPORTATION: Ensure that seniors who are no longer driving at all or in bad weather (a high percentage given the demographics of senior center participation) have a safe, affordable, and manageable way to reach senior centers. The presence of a center in both larger towns and rural areas, minus needed transportation, serves significantly fewer people who need the service.

Key Needs Assessment Findings: Senior Information and Services – Senior Centers:

Demographics:

National studies document the following: the average age of senior center participants is 75; 70% of senior center participants are women; half of those live alone; 75% of senior center participants visit their senior center 1-3 times a week for visits that average 3.3 hours. Senior centers in District VIII (Broadwater, Jefferson, and Lewis & Clark counties) experience those same demographics. As documented in published census data, nationally, 14.1 % of the population is over 65. In Lewis & Clark County, 15.5% are over 65; in Jefferson 17.7%; and in Broadwater 19.8%. Montana's percent of population over 65 is expected to increase at a rate significantly faster than most of the nation, by 2030 reaching the fifth highest percentage in the nation.

Documented Center use:

On average, the Helena Senior Center experiences 1,122 visits each month for meals and activities. Over 800 of those visits are made by individuals who attend multiple times per week, often daily. Currently, in the Helena Senior Center's three primary rooms, it is now difficult to find available space for additional activities during traditional use times. Based on the percentage of people who pay the recommended meal price of \$4.00 for a noon day dinner, senior centers in these counties also serve a lower income demographic.

RMDC also assists in the operation of senior centers in the rural settings of East Helena, Augusta, Lincoln, Townsend, and Whitehall. Two centers operate two days per week; the remaining four are open each weekday. Demographics are slightly broader for these rural centers.

Documented Transportation Use: In calendar year 2013, in Helena, RMDC provided 4,780 one way trips to seniors – 1,334 brought people specifically to and from meals and 3,446 brought people to and from center activities.

RMDC will continue to provide 42 hours per week of traditional senior center activities (games, exercise, information, meals, education, and crafts) to include our Helena Senior Center as well as our rural affiliated senior centers for the demographic that remains most drawn to senior centers. RMDC will provide an average of 1 hour per week of education and informational programming - that serves as a "gate" for additional senior service information about transportation, in-home services, Medicare and legal assistance.

750 Seniors frequenting the Senior Center will be provided daily activities, exercise and education in addition to a meal.

6.1

The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.

Lobby sign in sheets and for classes that use those, individual class registers.

18,690 seniors signed in during 2016 representing over 1,500 seniors per month participating in various activities and having lunch.

In Helena, RMDC will provide will offer transportation service each weekday that the Senior Center is open to residents of Helena to the Senior Center and back home.	39,046 bus rides will be provide to low-income seniors.	6.5	The number of services provided to low-income individuals and/or families.	Bus driver maintained logs.	5,089 rides sere provided to low-income seniors to the Senior Center and back home as well as to volunteer assignments. This number is much lower than last year. Last year all rides were reported (counting all from Galavan in Gallatin County)
SPIRIT OF SERVICE: this program enlisted a tremendous volunteer workforce who reach out to local homeowners who need assistance completing home projects on one designated day per year.	62 out of 62 qualified homes are preserved.	2.2	The quality of life and assets in low-income neighborhoods are improved by a Community Action initiative or advocacy.	SOS Office Files	59 out of 62 homes were transformed or yards cleaned up during SOS - May 19, 2016.
SPIRIT OF SERVICE: this program enlisted a tremendous volunteer workforce who reach out to local homeowners who need assistance completing home projects on one designated day per year through community volunteers.	495 volunteers volunteered their time to the SOS Project.	2.3	The number of community members working with Community Action to improve conditions in the community.	SOS Office Files	497 volunteers gave their time to the SOS project.
SPIRIT OF SERVICE: this program enlisted a tremendous volunteer workforce who reach out to local homeowners who need assistance completing home projects on one designated day per year through community volunteers.	3960 hours were volunteered by the community to SOS.	3.1	The number of volunteer hours donated to Community Action.	SOS Office Files	The 497 volunteers gave 3,976 hours to the project.
SPIRIT OF SERVICE: this program enlisted a tremendous volunteer workforce who reach out to local homeowners who need assistance completing home projects on one designated day per year through community partnerships.	48 partnerships were formed with 48 community organizations.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	SOS Office Files	30 partnerships were formed or enhanced with 30 community organizations.

Goal Statement: SENIOR INFORMATION AND SERVICES – (B) AREA IV ON AGING

Area IV on Aging: The goal of Area IV Agency on Aging (AoA) is to be a “hub” of information for people 60+ and those under 60 who have a disability; and to advocate for and assist in actions that improve the quality of life for our clients.

AoA ensures that clients will receive: information, referrals and assistance to access services; health insurance counseling; advocacy for good care in long-term care facilities; case management; and financial support for many other services which include Congregate and Home-delivered Meals, Homemaker Services, Legal Services, Health Promotion, Adult Protective Services Referrals, Community Resource Information, Literature, Networking with community organizations and agencies to provide a continuum of service that will allow them to make choices to preserve their independence and dignity.

Key Needs Assessment Findings: AREA IV ON AGING: The six counties served by AoA show a significant percentage of their populations are individual that are 65 and over (see attached demographic profile) Typically these senior populations need assistance with a wide range of services, including informational services, in order to maintain their respective independence for as long as possible.

Demographics:

National studies document the following: the average age of senior center participants is 75; 70% of senior center participants are women; half of those live alone; 75% of senior center participants visit their senior center 1-3 times a week for visits that average 3.3 hours. Senior centers in District VIII (Broadwater, Jefferson, and Lewis & Clark counties) experience those same demographics. As documented in published census data, nationally, 14.1% of the population is over 65. In Lewis & Clark County, 15.5% are over 65; in Jefferson 17.7%; and in Broadwater 19.8%. Montana’s percent of population over 65 is expected to increase at a rate significantly faster than most of the nation, by 2030 reaching the fifth highest percentage in the nation.

Documented Center use:

On average, the Helena Senior Center experiences 1,122 visits each month for meals and activities. Over 900 of those visits are made by individuals who attend multiple times per week, often daily. Currently, in the Helena Senior Center’s three primary rooms, it is now difficult to find available space for additional activities during traditional use times. Based on the percentage of people who pay the recommended meal price of \$4.00 for a noon day dinner, senior centers in these counties also serve a lower income demographic.

RMDC also assists in the operation of senior centers in the rural settings of East Helena, Augusta, Lincoln, Townsend, and Whitehall. Two centers operate two days per week; the remaining four are open each weekday. Demographics are slightly broader for these rural centers.

Documented Transportation Use: In calendar year 2013, in Helena, RMDC provided 4,780 one way trips to seniors – 1,134 brought people specifically to and from meals and 3,446 brought people to and from center activities.

<p>Area IV Agency on Aging will provide a variety of outreach, educational, in-home care, socialization, transportation and other services to vulnerable seniors aged 60+ geared to helping ensure continued independence. Within the six-county area served, Area IV Agency on Aging will provide 329,035 units of service during the year.</p>	<p>Through the services that will be delivered by AREA IV as outlined below, 100 percent of those served will have improved chances of maintaining their independence.</p>	<p>6.1</p>	<p>The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.</p>	<p>MAST, and agency records</p>	<p>100% of those seniors who sought assistance were served and thereby have improved changes of maintaining their independence.</p>
<p>(1) Homemaker, Personal Care, Skilled Nursing Services</p>	<p>118 seniors in the 6-county area will receive services through homemaker care, personal care or skilled nursing services and as a result will enjoy continued independence.</p>	<p>6.1</p>	<p>The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.</p>	<p>MAST, and agency records</p>	<p>179 seniors in the 6-county area received services through homemaker care, personal care, or skilled nursing services.</p>
<p>(2) Home Delivered Meals</p>	<p>533 seniors in a 3-county area, seeking assistance, will receive home-delivered meals and as a result will enjoy continued independence because of this program.</p>	<p>6.1</p>	<p>The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.</p>	<p>MAST, and agency records</p>	<p>458 seniors in a 3-county area received home delivered meals.</p>

(3) Congregate Meals	2920/2920 or 100% of seniors seeking services will have access to improved nutrition through participation in congregate meals.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	MAST, and agency records	2,098 seniors received proper nutrition at a daily dinner club in the 3-county area.
(4) Senior Transportation Services	829 seniors seeking services will have increased opportunities to remain independent through access to transportation services.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	MAST, and agency records	603 seniors received access to transportation.
(5) Outreach & Community Education Services	2500 seniors seeking services will receive information and assistance provided to seniors through Area IV staff.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	MAST, and agency records	782 seniors received information and assistance through Area IV staff. This number is low due to staff turnover.
(6) Telephone Reassurance Services	20 seniors will participate in the telephone reassurance program.	6.1	The number of vulnerable individuals receiving services from community action that maintain an independent living situation as a result of those services:	MAST, and agency records	12 seniors participated in the telephone reassurance program.
(7) Information & Assistance/ State Health Insurance Program (SHIP)	7280 individuals seeking services will receive Information & Assistance and State Health Insurance Program services	6.1	The number of vulnerable individuals receiving services from community action that maintain an independent living situation as a result of those services:	MAST, and agency records	1,975 individuals received information and assistance about state health insurance program services.
(8) Nursing Home Ombudsman Services	1020 individuals residing in area assisted living, nursing home and critical access hospitals seeking services will be routinely monitored.	6.1	The number of vulnerable individuals receiving services from community action that maintain an independent living situation as a result of those services:	MAST, and agency records	1,492 individuals in assisted living, nursing homes, and critical access hospitals were monitored.
Area IV Agency on Aging will provide a variety of outreach, educational, in-home care, socialization, transportation and other services to vulnerable seniors aged 60+ geared to helping ensure continued independence. Within the six-county area served, Area IV Agency on Aging will provide 329,035 units of service during the year in part through community partnerships.	60 partnerships were formed with 32 community organizations.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Office Files	38 partnerships were formed or enhanced with 75 organizations.
Area IV Agency on Aging staff will be provide staff training opportunities.	23 Area IV Staff and or board members will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	11 staff members received training.

Area IV Agency on Aging staff will be provide staff training opportunities.	455 training hours will be acquired by Area IV Staff or board members.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	548 hours of training were acquired by the 11 staff members.
Area IV Agency on Aging will provide a variety of outreach, educational, in-home care, socialization, transportation and other services to vulnerable seniors aged 60+ geared to helping ensure continued independence. Within the six-county area served, Area IV Agency on Aging will provide 329,035 units of service during the year.	617 out of 617 individuals seeking transportation will have reduced barriers.	6.4	Low-income people who are unable to work, especially seniors, adults with disabilities, and caregivers, for whom barriers to family stability are reduced or eliminated.	MAST, and agency records	603 low-income individuals had barriers were reduced through transportation.
Area IV Agency on Aging will provide a variety of outreach, educational, in-home care, socialization, transportation and other services to vulnerable seniors aged 60+ geared to helping ensure continued independence. Within the six-county area served, Area IV Agency on Aging will provide 329,035 units of service during the year.	2759 out of 2759 low-income individuals seeking services through Meals on Wheels or Congregate Meals will have reduced barriers due to increased nutrition.	6.4	Low-income people who are unable to work, especially seniors, adults with disabilities, and caregivers, for whom barriers to family stability are reduced or eliminated.	MAST, and agency records	2,556 low-income people who are unable to work received meals either through Meals on Wheels or Congregate Meal Programs.
Area IV Agency on Aging will provide a variety of outreach, educational, in-home care, socialization, transportation and other services to vulnerable seniors aged 60+ geared to helping ensure continued independence. Within the six-county area served, Area IV Agency on Aging will provide 329,035 units of service during the year.	2759 low-income individuals seeking services received services through programs provided by Area IV.	6.5	The number of services provided to low-income individuals and/or families.	MAST, and agency records	2,556 low-income people received services through programs provided by Area IV.
Area IV Agency on Aging will provide a variety of outreach, educational, in-home care, socialization, transportation and other services to vulnerable seniors aged 60+ geared to helping ensure continued independence. Within the six-county area served, Area IV Agency on Aging will provide 329,035 units of service during the year.	617 individuals seeking transportation services received them through programs offered by Area IV.	6.5	The number of services provided to low-income individuals and/or families.	MAST, and agency records	603 people received transportation services offered through Area IV.

Goal Statement: SENIOR INFORMATION AND SERVICES – (C) SENIOR VOLUNTEER PROGRAMS AND SERVICES

SENIOR INFORMATION AND SERVICES - SENIOR VOLUNTEER PROGRAMS AND SERVICES GOAL: Senior Information and Services: Ensure that senior citizens have welcoming access to a social center that offers activities, food, fellowship, and critical information and education. Seniors who participate in such senior center services enjoy demonstrably better health, mental health, and ability to live a more informed and independent a life than counterparts who do not use senior centers as social and nutrition centers or gateways to information.

Senior Information and Services – TRANSPORTATION: Ensure that seniors who are no longer driving at all or in bad weather (a high percentage given the demographics of senior center participation) have a safe, affordable, and manageable way to reach senior centers. The presence of a center in both larger towns and rural areas, minus needed transportation, serves significantly fewer people who need the service.

Key Needs Assessment Findings: AREA IV on AGING:

Demographics:

National studies document the following: the average age of senior center participants is 75; 70% of senior center participants are women; half of those live alone; 75% of senior center participants visit their senior center 1-3 times a week for visits that average 3.3 hours. Senior centers in District VIII (Broadwater, Jefferson, and Lewis & Clark counties) experience those same demographics. As documented in published census data, nationally, 14.1% of the population is over 65. In Lewis & Clark County, 15.5% are over 65; in Jefferson 17.7%; and in Broadwater 19.8%. Montana's percent of population over 65 is expected to increase at a rate significantly faster than most of the nation, by 2030 reaching the fifth highest percentage in the nation.

Documented Center use:

On average, the Helena Senior Center experiences 1,122 visits each month for meals and activities. Over 900 of those visits are made by individuals who attend multiple times per week, often daily. Currently, in the Helena Senior Center's three primary rooms, it is now difficult to find available space for additional activities during traditional use times. Based on the percentage of people who pay the recommended meal price of \$4.00 for a noon day dinner, senior centers in these counties also serve a lower income demographic.

RMDC also assists in the operation of senior centers in the rural settings of East Helena, Augusta, Lincoln, Townsend, and Whitehall. Two centers operate two days per week; the remaining four are open each weekday. Demographics are slightly broader for these rural centers.

Documented Transportation Use: In calendar year 2013, in Helena, RMDC provided 4,780 one way trips to seniors – 1,134 brought people specifically to and from meals and 3,446 brought people to and from center activities.

RSVP PROGRAM: RSVP will form partnerships with at least 25 agencies in order to facilitate at least 325 Retired and Senior Volunteer Program (RSVP) volunteers to provide volunteer hours through those same agencies.	325 Senior Volunteers will work with Community Action.	2.3	The number of community members working with Community Action to improve conditions in the community.	CDS,MAST, and agency records	150 Senior Volunteers worked with Community Action.
RSVP PROGRAM: RSVP will form partnerships with at least 25 agencies in order to facilitate at least 325 Retired and Senior Volunteer Program (RSVP) volunteers to provide volunteer hours through those same agencies.	41,000 volunteer hours will be provided by RSVP volunteers.	3.1	The number of volunteer hours donated to Community Action.	CDS, MAST and agency records.	20,000 hours were provided by RSVP volunteers.
RSVP PROGRAM: RSVP will form partnerships with at least 25 agencies in order to facilitate at least 325 Retired and Senior Volunteer Program (RSVP) volunteers to provide volunteer hours through those same agencies.	36/325 or 11% of RSVP Volunteers had reduced barriers due to transportation offered by Community Action.	1.2	The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.	Bus driver maintained logs.	40 or 27% of RSVP volunteers had reduced barriers due to transportation offered by Community Action.
RSVP PROGRAM: RSVP will form partnerships with at least 25 agencies in order to facilitate at least 325 Retired and Senior Volunteer Program (RSVP) volunteers to provide volunteer hours through those same agencies.	50 partnerships with 50 community organizations were formed.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Office Files	18 partnerships with 18 community organizations were formed or enhanced.

<p>FOSTER GRANDPARENT PROGRAM: 73 low-income senior volunteers will participate in the Foster Grandparent Program during the grant year. Partially as a result, they will maintain independence through the grant year. Low-income seniors will have access to the prosocial and volunteer activities intended to forestall debilitating isolation which can result in premature institutionalization.</p>	<p>73 out of 73 or 100% of low-income volunteers will maintain continued independence throughout the grant year as measured by continued program participation.</p>	<p>1.1</p>	<p>The number and percentage of low-income participants who get a job or become self-employed, as a result of Community Action assistance.</p>	<p>Payroll records documenting on-going levels of program participation.</p>	<p>89 low-income volunteers maintained continued independence measured by continued program participation.</p>
<p>FOSTER GRANDPARENT PROGRAM: 73 low-income senior volunteers will participate in the Foster Grandparent Program during the grant year. Partially as a result, they will maintain independence through the grant year. Low-income seniors will have access to the prosocial and volunteer activities intended to forestall debilitating isolation which can result in premature institutionalization.</p>	<p>73 out of 73 Foster Grandparents will have reduced barriers through transportation services.</p>	<p>1.2</p>	<p>The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.</p>	<p>Bus driver maintained logs.</p>	<p>89 low-income volunteers had reduced barriers through transportation services.</p>
<p>FOSTER GRANDPARENT PROGRAM: 73 low-income senior volunteers will participate in the Foster Grandparent Program during the grant year. Partially as a result, they will maintain independence through the grant year. Low-income seniors will have access to the prosocial and volunteer activities intended to forestall debilitating isolation which can result in premature institutionalization.</p>	<p>1 community members will volunteer time to improve conditions in the community.</p>	<p>2.3</p>	<p>The number of community members working with Community Action to improve conditions in the community.</p>	<p>Work site list.</p>	<p>No volunteers were in this category during this year.</p>
<p>At least 73 Foster Grandparent volunteers will each serve 15-40 hours per week tutoring and mentoring at-risk children and youth. The Foster Grandparent Program currently operates in the following counties; Lewis & Clark, Jefferson, Broadwater, Gallatin, Park, Deer Lodge, Beaverhead and Silver Bow.</p>	<p>73 Foster Grandparent who are low-income will volunteer time to improve conditions in the community.</p>	<p>3.2</p>	<p>The number of low-income people mobilized as a direct result of Community Action initiative to engage in activities that support and promote their own well-being and that of their community.</p>	<p>Time sheets.</p>	<p>89 low income Foster Grandparents volunteered time to improve conditions in the community.</p>
<p>At least 73 Foster Grandparent volunteers will each serve 15-40 hours per week tutoring and mentoring at-risk children and youth. The Foster Grandparent Program currently operates in the following counties; Lewis & Clark, Jefferson, Broadwater, Gallatin, Park, Deer Lodge, Beaverhead and Silver Bow.</p>	<p>75,920 volunteer hours will be provide by the Foster Grandparent Volunteers.</p>	<p>3.1</p>	<p>The number of volunteer hours donated to Community Action.</p>	<p>Time sheets.</p>	<p>69,286 volunteer hours were provided by Foster Grandparents.</p>
<p>The Foster Grandparent Program will form partnerships with schools, preschools and other agencies that will serve as worksites for volunteers. The Foster Grandparent Program will form partnerships preferably with child-serving entities in support of providing tutoring and mentoring services for at-risk children and youth.</p>	<p>32 partnerships with be formed with 32 community organizations.</p>	<p>4.1</p>	<p>The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.</p>	<p>Work site list.</p>	<p>24 partnerships with 24 organizations were developed or enhanced with the Foster Grandparent Program.</p>

FOSTER GRANDPARENT PROGRAM Staff will be provided an opportunity for staff training.	1 Foster Grandparent Staff will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	2 Foster Grandparent staff members attended training.
FOSTER GRANDPARENT PROGRAM: 73 low-income senior volunteers will participate in the Foster Grandparent Program during the grant year. Partially as a result, they will maintain independence through the grant year. Low-income seniors will have access to the prosocial and volunteer activities intended to forestall debilitating isolation which can result in premature institutionalization.	20 training hours will be acquired by Foster Grandparent Staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	48 hours of training were acquired by the two staff members.
FOSTER GRANDPARENT PROGRAM: 73 low-income senior volunteers will participate in the Foster Grandparent Program during the grant year. Partially as a result, they will maintain independence through the grant year. Low-income seniors will have access to the prosocial and volunteer activities intended to forestall debilitating isolation which can result in premature institutionalization.	73 low-income individuals participating in the Foster Grandparent Program will receive a stipend improving their ability to maintain an independent living situation.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.		89 low-income seniors participated in the Foster Grandparent Program and received stipends that helped them maintain an independent living situation.
SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell.	80 out of 80 or 100% of Seniors Companions are employed through the SCP offered by Community Action.	1.1	The number and percentage of low-income participants who get a job or become self-employed, as a result of Community Action assistance.	Time sheets.	83 Senior Companions were employed through SCP offered by Community Action.
SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell.	2/76 or .02% of Senior Companions received reliable transportation either provided by RMDC or through referrals to other service providers.	1.2	The number of low-income participants for whom barriers to initial or continuous employment are reduced or eliminated through assistance from Community Action.	Bus driver maintained logs.	2 seniors were provided transportation.
SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell in part by way of community volunteers.	1 community member volunteered their time to Community Action.	2.3	The number of community members working with Community Action to improve conditions in the community.	Office Files	No volunteers were in this category during this year.

SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell in part by way of volunteers.	20 hours were donated by community members.	3.1	The number of volunteer hours donated to Community Action.	Office Files	83 volunteers provided 83,646 volunteer hours for SCP offered by Community Action.
SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell in part by way of volunteers.	282 seniors or adults at risk will retain independence during the year.	6.1	The number of vulnerable individuals receiving services from community action that maintain an independent living situation as a result of those services:	Client care plan. Monthly meetings with supervisor and Senior Companion participation in status of clients. Monthly client activity forms.	390 seniors or adults at risk retained their independence by participating in SCP.
The Senior Companion Program will form partnerships with community resources in support of providing services to the frail, elderly, and other adults with special needs.	33 partnerships will be formed with 33 community organization.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	CDS,MAST, and agency records	16 partnerships with 16 organizations were developed or enhanced with the Senior Companion Program.
SENIOR COMPANION PROGRAM Staff will be provided staff training opportunities.	1 Senior Companion Staff will attend training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	1 SCP staff member attended training.
SENIOR COMPANION PROGRAM Staff will be provided staff training opportunities.	30 hours will be acquired during staff training.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office Files	48 hours of training were acquired by the one staff member.
SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell.	76 Senior Companions received a stipend for participating in the SCP increasing their ability to maintain an independent living situation.	6.1	The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.	CDS, MAST and agency records.	83 Senior Companions received stipends increasing their ability to maintain an independent living situation.

<p>SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell.</p>	<p>3 Senior Companion Program Participants receiving a stipend are over the age of 55 and disabled.</p>	<p>6.1</p>	<p>The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.</p>	<p>CDS, MAST and agency records.</p>	<p>All SCP participants are over the age of 55.</p>
<p>SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell.</p>	<p>552 vulnerable individuals, eligible for assistance, will be assisted in maintaining an independent living situation by way of services provided by the Senior Companion Program.</p>	<p>6.1</p>	<p>The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.</p>	<p>CDS, MAST and agency records.</p>	<p>390 vulnerable individuals were assisted in maintaining an independent living situation due to SCP services as part of Community Action.</p>
<p>SENIOR COMPANION PROGRAM: At least 80 Senior Companion volunteers will each donate 15-40 hours per week providing companionship, transportation, light housekeeping and other services to frail elderly and other adults with special needs. The Senior Companion Program currently operates in 11 Montana counties including Lewis & Clark, Silver Bow, Gallatin, Jefferson, Broadwater, Park, Anaconda, Beaverhead, Madison, Deer Lodge and Powell.</p>	<p>247 of those receiving services through the Senior Companion Program who are over the age of 55 and disabled.</p>	<p>6.1</p>	<p>The number of vulnerable individuals receiving services from Community Action who maintain an independent living situation as a result of those services.</p>	<p>CDS, MAST and agency records.</p>	<p>All SCP participants are over the age of 55.</p>
<p>SENIOR MEDICARE PATROL</p>	<p>568 seniors were provided with information and/or referrals to Medicare.</p>	<p>6.5</p>	<p>The number of services provided to low-income individuals and/or families.</p>	<p>Office Files</p>	<p>This program is no longer provided by the SCP.</p>

Goal Statement: Community Collaboration Coordinator.					
Community Collaboration Coordinator: To promote Rocky Mountain Development Council, Inc.'s community services in conjunction with other local nonprofit organizations, businesses and media outlets throughout south-central Montana to optimize the reach of our programs.					
Key Needs Assessment Findings: By coordinating with other nonprofit organizations, businesses and media outlets in Lewis & Clark, Broadwater and Jefferson counties, the Community Collaboration Coordinator is increasing awareness in the communities we serve. By creating an online presence for Rocky Mountain Development Council, Inc., the CCC enables partner organizations to easily refer new clients to us for service and vice versa. This strengthens our local nonprofit network and reduces the likelihood that eligible clients will fall through the cracks.					
RMDC Community Collaboration Coordinator will promote RMDC programs and outcomes with the help from the partnerships developed in the communities we serve.	98 partnership were developed with 98 community organizations.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes.	Annual Community Partnerships List	26 partnerships were developed or enhanced with community organizations.
RMDC will provide opportunities for professional development training to enhance professional and leadership skills.	1 CCC staff will be provided professional development training opportunities.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office files	1 staff member received training.
RMDC will provide opportunities for professional development training to enhance professional and leadership skills.	40 training hours were acquired by CCC staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes.	Office files	43 hours of staff training were acquired for this position.
EDUCATION GOAL: Early Childhood Education Goal: Ensure low-income children ages three to five get the readiness skills necessary to achieve and advance in school. To partner with the parents of these children and help them help their children to achieve their goals.					
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Rocky Mountain Preschool will provide an early childhood development program for 76 children and their families in Lewis and Clark, Jefferson, and Broadwater Counties. School-readiness activities, nutritious meals, social interaction and parent involvement.	76 out of 76 or 100% of children will be served nutritious meals.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals	Rocky Mountain Preschool CACFP Meal Summary Reports	70 children received ongoing nutritious meals.
Rocky Mountain Preschool will provide an early childhood development program for 76 children and their families in Lewis and Clark, Jefferson, and Broadwater Counties. School-readiness activities, nutritious meals, social interaction and parent involvement.	27,600 meals will be provided.	6.5	The number of services provided to low-income individuals and/or families.	Meal count.	4,536 meals were provided to students receiving Best Beginning Scholarships which determines their low-income eligibility.

Rocky Mountain Preschool will provide an early childhood development program for 76 children and their families in Lewis and Clark, Jefferson, and Broadwater Counties by providing school-readiness activities.	76 out of 76 or 100% of children will develop school readiness skills	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals	Child Assessments	20 children received school readiness skills and are eligible for kindergarten
Rocky Mountain Preschool will provide an early childhood development program for 76 children and their families in Lewis and Clark, Jefferson and Broadwater Counties by providing school-readiness activities.	76 out of 76 or 100% of children will be provided early childhood development.	6.3	The number and percentage of all infants, children, youth, parents, and other adults participating in developmental or enrichment programs who achieve program goals	Child Assessments	70 children were provided early childhood development.
Rocky Mountain Preschool will provide opportunities for professional development training to enhance professional and leadership skills.	9 Preschool staff will be provided professional development opportunities in the area of child development.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes	Rocky Mountain Preschool Professional Development Records (Practitioner Registry)	8 preschool staff members attended training
Rocky Mountain Preschool will provide opportunities for professional development training to enhance professional and leadership skills.	205 training hours will be provided to Rocky Mountain Preschool staff.	5.1	The number of human capital resources available to Community Action that increase agency capacity to achieve family and community outcomes	Rocky Mountain Preschool Professional Development Records (Practitioner Registry)	300 hours of training were acquired by staff.
Rocky Mountain Preschool will promote and achieve its Program's outcomes with the help of its communities.	10 partnerships will be formed with 10 community organizations.	4.1	The number of organizations, both public and private, that Community Action actively works with to expand resources and opportunities in order to achieve family and community outcomes	Annual Community Partnerships List	10 partnerships were formed or enhanced with 14 organizations.
Rocky Mountain Preschool will encourage and promote volunteerism to enhance the program.	1 volunteer will assist Rocky Mountain Preschool during field trips.	2.3	The number of community members working with Community Action to improve conditions in the community.	Rocky Mountain Preschool Professional Development Records (Practitioner Registry)	3 community members volunteered their time to RMPC.
Rocky Mountain Preschool will encourage and promote volunteerism to enhance the program.	20 volunteer hours will be provided.	3.1	The number of volunteer hours donated to Community Action.	Rocky Mountain Preschool Professional Development Records (Practitioner Registry)	20 volunteer hours were provided.