


BOULDER SENIOR CENTER MAY 2017

FOR RESERVATIONS CALL 225-3656 BY 9:30 A.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-1- 	-2- POLISH DOGS OVEN POTATOES BAKED BEANS FRESH FRUIT	-3- TURKEY TETRAZZINI GREEN PEAS TOSSED SALAD JUICY PEARS	-4- SPAGHETTI CASSEROLE GREEN BEANS TOSSED SALAD FRENCH BREAD SWEET PEACHES	-5- 
-8-	-9- OVEN CHICKEN MASHED POTATOES PETITE PEAS CRANBERRY SALAD	-10- BAKED PORK CHOP RICE PILAF BROCCOLI SPEARS GREEN SALAD W/BEANS APPLESAUCE	-11- CHICKEN-N-VEGGIE NOODLE SOUP EGG SALAD SANDWICH VEGGIE RELISH FRUIT SALAD	-13-
-15- 	-16- MEXICAN TACOS REFRIED BEANS TOMATO, LETTUCE, CHEESE FRUIT SALAD	-17- TURKEY ALA KING FRESH BAKED BISCUIT GARDEN PEAS 4 BEAN SALAD FRESH FRUIT	-18- TOMATO SOUP GRILLED CHEESE SANDWICH VEGGIE RELISH GOLDEN PEARS	-19- 
-22-	-23- PORK IN GRAVY BROWN RICE STEAMED BROCCOLI SALAD W/BEANS CRANBERRIES	-24- MONTANA PASTY CARROT COINS COLESLAW CINNAMON APPLES	-25- MEATLOAF BAKED POTATO SWEET CORN FRESH ORANGES	-26-
-29- MEMORIAL DAY 	-30- BEEF VEGETABLE STEW FRESH BAKED BISCUIT CRISPY COLESLAW JUICY PEACHES	-31- FISH PATTY ON A BUN MACARONI & CHEESE GREEN BEANS TOSSED SALAD BAKED APPLES		

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian Cassandra Drynan, R. D. N. Cassandra Drynan, R.D.N.

Meals are served with Low Fat Milk, Coffee, Juice, Whole Grain Bread and Margarine.