

WHITEHALL SENIOR CENTER MENU MAY 2017

FOR RESERVATIONS CALL 287-5336

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BEEF STEW W/BISCUIT PEAS & CARROTS 4 BEAN SALAD PINEAPPLE PUDDING	2 REUBEN CASSEROLE WALDORF SALAD GREEN BEANS APRICOTS	3 MEATLOAF MASHED POTATOES-N-GRAVY CAULIFLOWER SALAD PEACH COBBLER	4 CHICKEN ENCHILADAS SPANISH RICE REFRIED BEANS DICED BEETS JUICY PEARS	5 <u>RED HAT DAY- 11AM BRUNCH</u> SCRAMBLED EGGS HASH BROWNS, BACON CINNAMON ROLLS SALAD BAR
8 BAKED CHICKEN OVER RICE BROCCOLI SPEARS FOUR BEAN SALAD AMBROSIA	9 HAMBURGER STROGANOFF W/NOODLES STEAMED SPINACH BBQ BEAN SALAD PUMPKIN PIE	10 SALISBURY STEAKS MASHED POTATOES BOILED CABBAGE ORANGE FLUFF SALAD	11 SWEET & SOUR PORK OVER RICE GOLDEN CORN CUCUMBER SALAD BAKED APPLES	12 <u>MOTHER'S DAY DINNER</u> TURKEY ROAST BREAD STUFFING MASHED POTATOES GREEN BEAN CASSEROLE CRANBERRIES STRAWBERRY SHORTCAKE
15 SWEDISH MEATBALLS W/ RICE CAULIFLOWER & PEAS TOSSED SALAD CARROT RAISIN SALAD CHOCOLATE PUDDING	16 PORK CHOPS MASHED POTATOES BROCCOLI SALAD APPLESAUCE RICE CRISPY TREAT	17 BAKED HAM SCALLOPED POTATOES BAKED BEANS COOKED CARROTS SPICED APPLES	18 SPAGHETTI W/MEAT SAUCE GARDEN PEAS TOSSED SALAD GARLIC TOAST SWEET PEACHES	19 CLOSED FOR ALL STAFF DAY 
22 BBQ PORK ON A BUN BAKED BEANS SWEET POTATO FRIES CRISPY COLESLAW TAPIOCA PUDDING	23 LEMON PEPPER CHICKEN SCALLOPED POTATOES CALIFORNIA VEGGIES MANDARIN ORANGES	24 BURGER STEAKS SWEET YAMS GREEK SALAD PLUMP PEACHES	25 TURKEY ALA KING FRESH BAKED BISCUITS STEAMED SPINACH FRESH SALAD W/BEANS CINNAMON APPLESAUCE	26 <u>BIRTHDAY DINNER</u> PORK ROAST MASHED POTATOES GOLDEN CORN MIXED FRUIT CAKE & ICE CREAM
29 CLOSED 	30 TURKEY CORDON BLEU OVER NOODLES GREEN BEANS SWEET POTATO SALAD FRUIT COCKTAIL	31 MONTANA PASTIES COLESLAW WATERMELON SHERBET		

USDA PROHIBITS DISCRIMINATION IN THE ADMINISTRATION OF THIS PROGRAM. TO FILE A COMPLAINT, WRITE TO SECRETARY OF AGRICULTURE, WASHINGTON D.C.
 20250. THIS MENU HAS BEEN REVIEWED AND APPROVED BY A REGISTERED DIETITIAN, CASSANDRA DRYNAN, RDN CASSANDRA DRYNAN, R.D.N.
 MEALS ARE SERVED WITH LOW FAT MILK, COFFEE, JUICE, WHOLE GRAIN BREAD AND MARGARINE.