








BOULDER SENIOR CENTER JUNE 2017

FOR RESERVATIONS CALL 225-3656 BY 9:30 A.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>PORK IN GRAVY WILD RICE SWEET CORN 4 BEAN SALAD APPLESAUCE</p>	<p>2</p> 
5	<p>6</p> <p>TURKEY ALA KING FRESH BAKED BISCUIT GARDEN PEAS BROCCOLI SALAD BAKED APPLES</p>	<p>7</p> <p>CHICKEN ENCHILADAS GOLDEN CORN TOSSED SALAD JUICY PEACHES</p>	<p>8</p> <p>CHICKEN NOODLE SOUP EGG SALAD SANDWICH BAKED BEANS VEGGIE RELISH GOLDEN PEARS</p>	9
12	<p>13</p> <p>BBQ CHICKEN BAKED BEANS GREEN SALAD MIXED FRUIT</p>	<p>14</p> <p>HOT DOG ON A BUN POTATO SALAD BROCCOLI SALAD FRESH FRUIT</p>	<p>15</p> <p>SLOPPY JOES ON A BUN OVEN POTATOES PICKLED BEETS FRESH FRUIT</p>	<p>16</p> 
<p>19</p> <p>Happy Fathers Day</p> 	<p>20</p> <p>ITALIAN LASAGNA GREEN BEANS TOSSED SALAD FRENCH BREAD PLUMP PEACHES</p> <p><u>HEARING AID CLINIC</u></p>	<p>21</p> <p>PORK ROAST MASHED POTATOES BROCCOLI SPEARS APPLESAUCE</p>	<p>22</p> <p>CHILI CON CARNE CORNBREAD DICED BEETS COLESLAW CANTALOUPE</p>	23
<p>26</p> 	<p>27</p> <p>TURKEY IN GRAVY BROWN RICE GARDEN PEAS TOSSED SALAD JUICY PEARS</p>	<p>28</p> <p>HAM & BEANS FRESH BAKED BISCUIT CARROT COINS COLESLAW SWEET PEACHES</p>	<p>29</p> <p>HAMBURGER HOT DISH GREEN BEANS TOSSED SALAD FRUIT</p>	<p>30</p> 

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250. This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, R.D.N. Cassandra Drynan, R.D.N.

Meals are served with Low Fat Milk, Coffee, Juice, Whole Grain Bread and Margarine.