




AUGUSTA SENIOR CENTER MENU JUNE 2017

For Additional Information call 562-3623

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CHEF'S CHOICE ENTRÉE TOSSED SALAD GREEN BEANS FRUIT CUP	2 MEATBALL SANDWICH DILL PICKLES LETTUCE & TOMATOES COLESLAW POTATO CHIPS FRESH ORANGES
5 HAM & EGG SCRAMBLE HASH BROWNS SLICED TOMATOES FRUIT SALAD CRANBERRY JUICE	6 GRILLED HOT DOG PEPPERS & ONIONS GREEN SALAD BAKED BEANS MELON	7 CHICKEN SALAD SLICED TOMATOES TOSSED SALAD BREAD STICK ORANGES	8 MONTANA PASTIES CAPRI VEGGIES GARDEN SALAD PICKLED BEETS	9 <u>County Commissioners</u> TACO BAR (MEAT, BEANS, CHEESE TOMATOES, PEPPERS, ONIONS) FRUIT & JELLO CUP
12 <u>Senior Meeting</u> CHICKEN & BROCCOLI FETTUCINE GREEN BEANS DICED BEETS PINEAPPLE VISION CLINIC	13 SWEET N' SOUR PORK BROWN RICE ORIENTAL VEGGIES TOSSED SALAD ORANGES	14 MINISTRONE FOCACCIA BREAD GARDEN SALAD w/ CHEESE APPLE SLICES	15 CHEF'S CHOICE CASSEROLE COOKED CARROTS TOSSED SALAD w/BEANS JUICY PEARS	16  STAFF TRAINING
19 <u>Father's Day Lunch</u> CHEESEBURGER LETTUCE & TOMATOES 3 BEAN SALAD WATERMELON CUPCAKE	20 KALUA PORK PEPPERS & ONIONS MACARONI SALAD TOMATO & BEAN SALAD ZESTY PINEAPPLE	21 <u>Birthday Dinner</u> CLUB CHICKEN CASSEROLE PARSLEY CARROTS GREEN SALAD WHEAT ROLLS BANANA PUDDING	22 BAKED SPAGHETTI PICKED BEETS GARDEN SALAD GARLIC BREAD FRUIT MEDLEY	23 FISH SANDWICH TATER TOTS COLESLAW SWEET PEACHES
26 PASTA SALAD FRESH SPINACH CHEESY BREAD FRUIT CUP	27 CHICKEN STRIPS TATER TOTS DICED BEETS GARDEN SALAD JELLO W/ORANGES	28 SALAD BAR (MEAT, CHEESE, BEANS, VEGGIES) GARLIC BREAD PISTACHIO SALAD	29 CHEF'S CHOICE CASSEROLE CAPRI VEGGIES TOSSED SALAD JUICY PEACHES	30 GRILLED CHEESE w/TOMATO & PEPPERONI TOMATO SOUP TOSSED SALAD GOLDEN PEARS

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, R.D.N., *Cassandra Drynan, R.D.N.*

~Meals served with 1% Milk, Orange Juice, Coffee, Whole Wheat Bread and Margarine~