

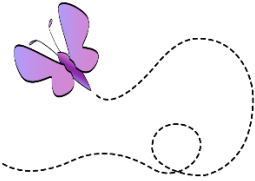






BOULDER SENIOR CENTER APRIL, 2017

FOR RESERVATIONS CALL 225-3656 BY 9:30 A.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
-3-	-4- CHILI DOG CASSEROLE GREEN PEAS COLESLAW BAKED APPLES	-5- OVEN CHICKEN MASHED POTATOES GREEN BEANS CRANBERRY SALAD	-6- TURKEY NOODLE CASSEROLE GOLDEN CORN TOSSED SALAD SWEET PEACHES	-7-
-10- 	-11- HUNGARIAN GOULASH GARDEN PEAS TOSSED SALAD W/BEANS JUICY PEARS	-12- SWEET & SOUR PORK RICE PILAF BROCCOLI SPEARS SWEET CORN MIXED FRUIT	-13- POTATO SOUP EGG SANDWICH VEGGIE RELISH PEACHES	-14- 
-17-	-18- MEATLOAF BAKED POTATO GREEN BEANS FRESH ORANGES *HEARING AIDE*	-19- BBQ CHICKEN RICE PILAF GOLDEN CORN BEAN SALAD BLUSHING PEARS	-20- POLISH DOG OVEN POTATOES CARROT COINS TOSSED SALAD	-21-
-24- 	-25- MEXICAN TACOS LETTUCE TOMATOES & CHEESE REFRIED BEANS SPICED APPLES	-26- ROAST PORK MASHED POTATOES GREEN PEAS TOSSED SALAD APPLESAUCE	-27- TATER TOT CASSEROLE GREEN BEANS GARDEN SALAD GOLDEN PEARS	-28- 

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture Washington, D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, CASSANDRA DRYNAN, RDN, Cassandra Drynan, RDN

Meals are served with Low Fat Milk, Coffee, Juice, Whole Grain Bread and Margarine.