

# AUGUSTA SENIOR CENTER MENU AUGUST 2017

For Additional Information call 562-3623

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 <b>BINGO</b> HAM &amp; CHEESE SANDWICH GREEN SALAD FRESH TOMATO JELLO W/PEACHES</p>	<p>2 COBB SALAD WHEAT ROLLS GREEN BEANS SPICED APPLES COOKIES</p>	<p>3 CHEF'S CHOICE ENTRÉE GARDEN SALAD CAPRI VEGGIES GOLDEN PEARS</p>	<p>4 TUNA BUNWICH TOSSED SALAD W/TOMATOES BEAN MEDLEY POTATO CHIPS FRUIT COCKTAIL</p>
<p>7 SAUSAGE PATTY FRENCH TOAST W/ BLUEBERRY SAUCE FRESH TOMATO SWEET PEACHES ASSORTED JUICE</p>	<p>8 <b>BINGO</b> PASTA SALAD FRESH SPINACH FRENCH BREAD FRUIT CUP</p>	<p>9 CHICKEN STIR FRY BROWN RICE ORIENTAL VEGETABLES TOSSED SALAD FRESH ORANGES FORTUNE COOKIES</p>	<p>10 CHICKEN STRIPS TATER TOTS GARDEN SALAD PICKLED BEETS PINEAPPLE</p>	<p>11 <u>COUNTY COMMISSIONERS</u> INDIAN TACOS REFRIED BEANS LETTUCE &amp; TOMATOES FRUIT SALAD</p>
<p>14 <u>SENIOR MEETING</u> SPAGHETTI &amp; MEATBALLS TOSSED SALAD GARLIC BREAD DICED BEETS JUICY PEARS <u>VISION CLINIC</u></p>	<p>15 <b>BINGO</b> CHICKEN SALAD ON LETTUCE TOMATO WEDGES THREE BEAN SALAD ASSORTED CRACKERS GRAPE SALAD</p>	<p>16 BBQ MEATLOAF MASHED POTATOES COOKED CARROTS GREEN SALAD</p>	<p>17 CHEF'S CHOICE ENTRÉE GARDEN SALAD GREEN BEANS SWEET PEACHES</p>	<p>18 HOAGIE SANDWICH FRESH TOMATOES GARDEN SALAD DICED BEETS CHOCOLATE PUDDING</p>
<p>21 CHICKEN-N-RICE STEAMED SPINACH GARDEN SALAD TOMATO &amp; ONION SALAD</p>	<p>22 <b>BINGO</b> SERBIAN EGGS HASH BROWNS TOMATO SLICES BANANA BREAD FRESH ORANGES</p>	<p>23 <u>BIRTHDAY LUNCH</u> SALAD BAR (MEAT, BEANS, CHEESE, VEGGIES) WHEAT ROLLS PINEAPPLE WITH COTTAGE CHEESE</p>	<p>24 KALUA PORK MACARONI SALAD PEA SALAD TOSSED SALAD BROWNIES</p>	<p>25 HAMBURGERS LETTUCE, TOMATO &amp; PICKLES SUMMER SALAD POTATO SALAD</p>
<p>28 FRENCH DIP SANDWICH TATER TOTS CARROT RAISIN SALAD TOMATO SLICES CINNAMON APPLES</p>	<p>29 <b>BINGO</b> CHICKEN A LA KING ON TOAST DICED BEETS GARDEN SALAD STEAMED PEAS</p>	<p>30 MAC-N-CHEESE WITH TOMATOES &amp; BACON SALAD W/BEANS GARDEN PEAS JUICY PEACHES</p>	<p>31 CHEF'S CHOICE ENTRÉE CARROT COINS TOSSED SALAD PINEAPPLE</p>	

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN, Cassandra Drynan, RDN

**\*Meals served with 1% Milk, Orange Juice, Coffee, Wheat Bread and Margarine**